

21 ESSENTIAL LESSONS
VOLUME 1

Compiled from the Teachings of the
“Bridge to Freedom”

by

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DEDICATION

This series of instructional lessons is dedicated to the Great White Brotherhood, a group of Ascended Beings, who for centuries have guarded and guided mankind. It is also dedicated to their committed chelas and sincere seekers of truth everywhere.

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FOREWORD

It is the purpose of the Ascended Master Teaching Foundation to bring to the attention of students, the original teaching of the Great White Brotherhood, as given through two special dispensations.

We are grateful to be able to present this publication to the public. The entire text is based on dictations by the beloved Ascended Masters given in the 1950's through Geraldine Innocente, the authorized messenger of the Great White Brotherhood.

A simple, practical way of life is presented to the reader explaining how he may cooperate with God and his many helpers. This will enable the student to outpicture and manifest the kingdom of heaven, while still living on the Earth-plane. These instructions are timeless, they apply to mankind's situation of yesterday, today and tomorrow. The Masters called this material, "the New Age Bible, written for generations yet to come."

These lessons are intended to give beginning and more advanced students, alike, an overview of the most important points of this teaching. They were written in such a way to enable individuals and group leaders to learn and teach this knowledge in an orderly step by step basis. This saves hours of preparation, otherwise necessary to research a given subject.

According to the wishes of the Great Ones, we shall not talk in long, complicated sentences, but we shall talk straight from the heart, using a simple, organized approach. The Masters said this teaching should be presented in a way, even a little child could understand.

In closing, we would like to quote the beloved Lord Maitreya, the teacher of Jesus.

“Beloved chelas, ever seeking illumination upon your spiritual pathway, I invoke the descent today of the Flame of Illumination from the heart of every divine Being in heaven to pour through NOW. Thus you shall sit at the table of the Gods and partake of the very substance of our light which in turn, shall be assimilated by your alert consciousness, expanded through your four lower vehicles (emotional, mental, etheric and physical), and then be projected upon the paths of others who walk yet in the shadows.

“With knowledge comes responsibility! The use of the Sacred Truths of the Great White Brotherhood determines the amount of added illumination which shall be given to you. WALK in the Light! EXPAND the Light! PROJECT the Light! BE THE LIGHT OF GOD IN ACTION ON EARTH HERE AND NOW!”

The Ascended Master Teaching Foundation.

Lesson 1

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ANSWERING THE BASIC QUESTIONS OF LIFE

Is there an individual upon Earth today who has not at some time in his life asked the questions, "Where did I come from?", "Why am I here?" and "Where am I going?"

Is it possible to find out where you came from, to know your reason for being, and to know what your ultimate goal is?

During the following lessons we shall discuss the answers to these questions.

Dear student, for what purpose are you living? What is your goal in life? If you have doubts about the answers to these questions, would it not seem wise to TRY TO FIND OUT and stop wasting time? Can you love God and your fellow-man enough to help in this worthy cause—to bring permanent peace and freedom to this lovely planet Earth? Then read with an open mind, and ponder the message in your heart. TEST that which you are about to learn. QUESTION the message. Is it internally consistent? Does it make sense? Is it logical? PRACTICE the teaching, apply it in your daily life. UNDERSTAND the moment of opportunity opened before to show how you may grow spiritually and you may assist at this time of cosmic import.

The BRIDGE TO FREEDOM and the successor activity, the ASCENDED MASTER TEACHING FOUNDATION have come forth to acquaint you with the divine plan for the Earth and mankind. This plan contains both the vision and a practical plan of freedom for all of God's creation. A cosmic moment of opportunity has now opened up before you, to show you how you may grow in spiritual understanding and how you may assist to bring the divine plan into fruition.

GOD HAS MANY HELPERS

There is only ONE God and God is ALL-IN-ALL. He is in every part of life. Every living thing lives, moves, breathes and has its being within the body, intelligence and love of God at all times. In order to integrate all functions of his kingdom, God employs many messengers.

When you look at the infinite number of stars in the sky, the infinite variety of fruits, grains, flowers, trees and vegetables—all part of God's creation—you must realize that God, like a great business executive, must have many helpers. The head executive of a great industry does not perform every single service of his vast organization, down to the sweeping of the floors. He has many trained and trusted individuals in charge of each department under him who report to him on their particular service, these in turn having others under them, who do likewise, and so, ad infinitum, according to the size of the organization.

AND SO DOES THE GREAT GODHEAD HAVE MANY MESSENGERS OF VARYING GRADES in charge of each one of the different department of life, who report to their superiors—"as above, so below." Every individual who ever lived on the Earth and who graduated in the victory of their ascension as Jesus did, became an Ascended Master and is a true messenger of God—there are thousands of them! There is a great God Being in charge of every department of life. Some work with individual mankind, others with groups, nations, the elemental kingdom and nature; others work with the angelic host, but EACH IS A SPECIALIST in his or her particular field of service.

MOSES, BUDDHA AND JESUS STILL LIVE

In the Buddhist religion, they talk about what the great Gautama Buddha did 2500 years ago; in the Jewish religion, they talk about what Moses did centuries ago; the Moham-medans talk of what happened centuries ago, and even in the Christian religion, the churches talk about what Jesus did 2000 years ago. Now all these great men were MESSENGERS OF GOD—that is, they were MEN, BRINGING A MESSAGE from God to man, and were acknowledged as such. What has become of these great men, and many others like them? Did they cease to exist when they passed from the Earth after having fulfilled their mission? NOT AT ALL! They are STILL THE MESSENGERS OF GOD on a higher plane, still trying to assist mankind if mankind will accept their services; most of them serving unknown and unhonored—except for the very few who know of them. They achieved their ascension, even as Jesus did, one by one, and joined the ranks of others of God's messengers who love and serve mankind. They will continue this selfless service until each individual has done the same thing and the Earth expresses PEACE ON EARTH AND GOOD WILL TO ALL OF LIFE!

THE GREAT WHITE BROTHERHOOD

Mankind en masse has forgotten the great cosmic laws that govern the Earth and her humanity, and that there is a divine blueprint for each one which, when fulfilled, brings love, peace and happiness into their worlds, and they have forgotten that there is a great Spiritual Hierarchy who has guarded and endeavored to guide them for eons of time to prevent their completely destroying themselves and the

Earth. This great Hierarchy, known as the Great White Brotherhood, is composed of Ascended Beings, many of whom lived on this Earth in physical bodies, even as you and I, and who, by the understanding and application of the laws governing life, were enabled to "graduate" into a higher sphere of service. They have foresworn serving in those spheres of beauty and perfection, and have remained "prisoners of love" in order to assist the struggling mankind of Earth—when invited to do so—for, by Cosmic Law, they are not permitted to intrude upon the FREE WILL of even the least of men. Jesus, Mary, Buddha, and Moses belong to this Great White Brotherhood.

The Ascended Masters are REAL AND TANGIBLE BEINGS, ready to assist mankind, PROVIDED THEY ARE ASKED TO DO SO. The Masters ask to be recognized as a potential force for the common good of mankind, but they do not demand obedience and do not ask to be worshipped. The Ascended Masters are the Directing Intelligence of the Godhead. They are God's helpers. It is that simple.

The Great White Brotherhood is not an outer organization. Only by living and expressing the perfection of the heavenly realms on the physical plane, THROUGH SELF-CORRECTION OF HUMAN WEAKNESSES AND SERVICE GIVEN WITHOUT ANY THOUGHT OF FINANCIAL GAIN OR PERSONAL ACCLAIM CAN AN INDIVIDUAL DRAW HIMSELF INTO ASSOCIATION WITH THE BROTHERHOOD. The Ascended Host directs the attention of the chela, but it is up to the student to make the right choices. No individual ever has made the ascension without the assistance of an Ascended Master.

THE BASIS OF WORLD RELIGIONS

A world religion is given out to mankind to explain a specific part of Cosmic Law. It is pre-designed by an Ascended Being, called a World Teacher, and the new teaching is taught at a specific time, at a particular location, in order to manifest a portion of the divine plan for the Earth.

Since the divine plan for the Earth contains a common foundation, namely the love of God for his creations (man, angels and elementals), and since all world religions were established by a World Teacher who is a member of the Great White Brotherhood, it follows that all world religions have a common fount and are similar in nature. In fact, some researchers have found that the principles contained in the "Ten Commandments" of the Bible are common to all world religions.

There is another common ingredient in every world religion, namely, every student is urged to find God right in his own heart, and not afar off in the skies. STUDENTS NEED TO FIND GOD ALIVE WITHIN THEMSELVES. THEN, ONCE HAVING FOUND THEIR SOURCE, THE STUDENTS SHOULD STRIVE TO ALLOW GOD'S DIVINE PLAN TO BE FULFILLED THROUGH THEM.

THE SPIRITUAL MEANING OF A BRIDGE

"A bridge," says Webster, "makes a way over anything that hinders"—for those who choose to use it. No man would choose to breast a cold current if he has the choice to walk in safety over a kind and thoughtfully-constructed span.

Today sincere men and women are seeking a spiritual way over the world appearances of war, famine, disease, poverty, ignorance and limitation, into a world of peace, health, opulence, enlightenment and freedom; a way by which not only they, but ALL men might enjoy the permanent Golden Age (the "Promised Land" spoken of in prophecy since Biblical days). They are seeking a way by which they, and all men, might contact the will of God and intelligently cooperate with it, to expand the borders of his kingdom. This is the task of the "Bridge Builders" of today.

WHAT THE MASTERS ARE DOING RIGHT NOW

You cannot live in the past or even in the future. You can only actually live in the NOW, and one main difference between the BRIDGE TO FREEDOM ACTIVITY and all other religions and lines of truth is that THE BRIDGE tells you what the Ascended Masters are doing RIGHT NOW, so that you may cooperate with and assist them if you choose. It is not what they did in the past, but what they are doing NOW that mankind needs to know in order to offer its energies and cooperate for the protection and blessing of the Earth.

Through the BRIDGE TO FREEDOM, these Great Beings have given to you the explanation of creation, and have answered questions which all have asked at some time: "WHERE DID I COME FROM?" "WHY AM I HERE?" "WHERE AM I GOING?" The Ascended Masters KNOW the answers to these questions, since they once lived here. By understanding and applying the principles which helped them to gain THEIR ascension, you may gain your freedom, likewise. The Mas-

ters of Wisdom know that self-conscious effort must be made by each one of mankind to attain that freedom which they now enjoy, and they are telling you how to do it, for it is destined that the Earth once again shall become Freedom's Holy Star made manifest!

Therefore, truly "Seek and ye shall find. Ask, and it shall be revealed to you. Knock, and the door to your freedom will be opened!" Enter in, dear students, and BE AT PEACE!

SOME FREQUENTLY ASKED QUESTIONS

WHAT IS THE DIVINE PLAN FOR EACH INDIVIDUAL?

You, and every one of mankind, came forth from the heart of God, and truly 'YE ARE GODS" in embryo! You have chosen to take embodiment on the Earth for the purpose of learning mastery over all energy and substance, which means your own thoughts, feelings, words and actions. When this is accomplished, and you have purified and harmonized all the life loaned to you by God, and charged yourself with enough divine love, you will become a candidate for the ascension. Then, at the close of your embodiment, you can become an Ascended Master, even as Jesus did—forever free from imperfection. This is called GOING HOME to the HEART OF GOD from whence you came!

IF GOD'S WILL IS PERFECTION FOR EACH ONE, WHY IS THERE SO MUCH SUFFERING?

God has endowed each child of his heart with the gift of free will, with the privilege of being a creator, even as he is, himself. Each one is free to experiment with his life energy and think, feel, say and do as he chooses. When these activities express something constructive (which is the "sowing"), the individual REAPS constructive things. When God's Law of Love and Harmony is broken and the individual expresses discord, either carelessly or with intent to harm, that imperfection will pass through his own world, and he REAPS distress of some kind.

CAN ANY RELIGIOUS MOVEMENT OR ORGANIZATION TRULY CLAIM IT IS THE "ONLY ONE" THAT CAN SAVE MANKIND?

Most certainly not! The Earth has existed for eons of time, and millions have lived on the planet. Neither a good parent nor a good person, let alone a GOOD GOD, would give LIFE to millions only to let them be destroyed and "save" only a few.

A different aspect of the same truth is brought forth about every two thousand years. Christianity has been predominant for the past 2000 years. The Buddhists of the Orient and the Mohammedans of Asia Minor have also brought forth certain aspects of truth. We are now at the opening of a NEW 2000-year cycle, where FREEDOM will come forth for every part of life.

**WHY DO WE NEED THE ASCENDED MASTERS? WHY
CAN WE NOT GO DIRECTLY TO GOD?**

No one has ever gained their mastery over all outer conditions without the assistance of the Ascended Host of Light. The calls that people make to God are actually taken up and answered by these Ascended Masters, who are the messengers of God. The vibrations of the higher spheres are so fine and delicate that very few are able to receive them clearly enough to act upon the promptings received. If the Ascended Masters do have, in physical embodiment, a trained and proven contact, who is able to clearly receive their instructions and if they have the benefit of a special dispensation granted by the Karmic Board, this makes it possible to transmit new information during the duration of that special grant.

**CAN PEOPLE BE “SAVED” BY
VICARIOUS ATONEMENT?**

It is NOT POSSIBLE for ANYONE to “save” another! The idea of a personal “Savior,” and that Jesus will “save” those who believe in him, is NOT TRUTH! Jesus will give every possible assistance to those who love him and ask for it, but neither he nor anyone else can “SAVE” you, any more than someone else can get well for you when you are sick! No one is born for you, no one lives for you, no one dies for you, and NO ONE CAN SAVE YOU. Each must do that for himself!

WHY DO YOU BELIEVE IN REINCARNATION (RE-EMBODIMENT)?

The arguments for re-embodiment are many. To start off, does it not make sense, that an individual who committed a wrong (by thoughts, feelings, or actions) against God's Law of Harmony, should be responsible for such action, rather than have somebody else carry that burden for him? Also, is it not logical, that a loving God will give man another chance to right the wrong committed of a previous embodiment? In addition, how can the actions of a prodigy be explained, a person who at the age of 10 composes entire symphonies, without previous training? Does this action not point out that this skill was obtained as part of a previous embodiment?

Most of the Earth's population believes in re-embodiment; the Christian religion of today is one of the few who do not. Several researchers believe the doctrine of re-embodiment was removed from the Bible as part of the Council of Nicea and the Council of Constantinople.

IS THIS ACTIVITY CONNECTED WITH SPIRITUALISM?

No, definitely it is not. While spiritualism has rendered a great service by PROVING that THERE IS LIFE AFTER SO-CALLED DEATH, the individuals usually contacted by the "medium" reach only the so-called "dead" who really have no more wisdom about how to live life than when they were on Earth. Also, it is very harmful to call people back after they have passed on, because this delays their progress. The TRUE CONTACT for the Ascended Masters is able to RAISE

THE CONSCIOUSNESS TO MEET THAT OF THE ASCENDED BEINGS. When you contact the Ascended Masters, since they have overcome the world and are now the fullness of God's love and wisdom, their instruction is TRUTH, and when followed, will set mankind FREE! The TRUE CONTACT is always in control of the mind and body, and the Ascended Masters NEVER WORK IN THE DARK, but ALWAYS IN BLAZING LIGHT. They never exalt any human personality, and accomplish all through the power of divine love, and they are absolutely SELFLESS!

IS---(NAME OF PERSON)---A GOOD CHANNEL?

This is, by far, the most frequently asked question. The most seasoned chelas have difficulty (despite their claims) in mastering the subject of discrimination. This subject is so largely misunderstood and so important, that a major part of a future lesson is devoted to it. It is suggested that the sincere seeker of truth consult the many references of the Masters on discrimination (there are about 90 of them in the Index to the Bridge to Freedom publications). Here are some major points distinguishing authorized channels of the Great White Brotherhood, from those who are not:

- 1) On the average of once every 100 years, a cosmic stockpile of energy is given to the Brotherhood. This stockpile is awarded to a particular Master as part of a special dispensation. This dispensation is used to give out new information on Cosmic Law, the current activity of the Brotherhood, their retreats, and other information that the individual can use either to make the ascension in this embodiment, or to consciously cooperate with the Brotherhood.

- 2) After initial contact, the new channel is trained for many years before he/she is allowed to give dictations to the public.
- 3) There is never any glorification of the outer self (such as newly-assumed titles). Any semblance of ego or arrogance immediately shuts the door.
- 4) There is never any condition of trance or losing consciousness, nor losing control of mind or body.
- 5) A special cherubim is appointed to ensure that there is a continuous, clear line of communication between the Ascended Realms and the physical octave.
- 6) The true contact knows that all information so obtained remains the property of the Great White Brotherhood. As such, it must be shared freely with everyone, and at a reasonable price. There can be no restrictions whatsoever in the distribution of literature.
- 7) The messenger is aware that the Master who obtained the dispensation originally, is responsible for replenishing the cosmic stockpile. He went out on a limb, so to speak, hoping that the students would return the energy thus spent, through decrees, visualizations, songs, the distribution of the literature or translating such material for the greatest benefit of all.
- 8) The true contact practices the rules of spiritual courtesy. He acknowledges and gives credit to other messengers of the Brotherhood.

Channels who do not match in all respects this criteria, fall in a different category. They may make a constructive contribution, BUT THEY ARE CHANNELING ONLY PARTIAL TRUTH;

they are unable to give a clear and truly reliable message.

Many individuals both see and hear on the inner levels of consciousness, and also receive many promptings which prove advantageous for the GOVERNING OF THEIR OWN LIVES, but these individuals have not been chosen by the Masters to be an instrument who is QUALIFIED to bring forth a WORLD-WIDE INSTRUCTION for an ERA OF TIME!

WHAT IS THE MEANING OF THE WORD “BRIDGE” AS USED HERE?

It means a BRIDGE OF LIGHT-ENERGY from Heaven to Earth, which is being built by the great Ascended Host of Light from the prayers, petitions, and decrees of the students who are consciously serving with them at this time. Everyone who believes in the Ascended Masters and CALLS TO THEM, strengthens this BRIDGE. There are students in America and throughout the world who meet in groups and issue POSITIVE PRAYERS (or decrees)—combining their energies in calling to their God Presence and the Ascended Host of Light to remove the CAUSES behind all distress and bring about the illumination, purification, healing and perfection of all life.

WHAT IS “THE BRIDGE TO FREEDOM”?

It is the instrument through which the instruction was given forth by the Ascended Masters on how each one can purify and harmonize his four bodies (the physical, etheric, mental, and emotional vehicles), so that each one may

“sow” only that which brings perfection into his world. This teaching shows how to “liberate” the CHRIST WITHIN and thus fulfill his reason for being, by achieving the goal of all life—the ascension. In addition, the teaching explains how the students can cooperate with the Great Ones to further the progress of all life on the planet and the planet itself.

WHY AND WHEN DID THE “BRIDGE TO FREEDOM” TEACHINGS COME FORTH?

The first issues of the BRIDGE TO FREEDOM Magazine came forth in April of 1952. Its purpose was to acquaint mankind with the various Ascended Masters, their homes and foci of light, and the truth that will be the code of conduct for the next two thousand years. The retreats, homes and foci were once physical structures on the Earth, where the God-powers of light and love were drawn and radiated forth to bless and assist mankind. When the physical structures were destroyed in ages past, the etheric replicas remained and have continued to pour forth their blessings.

WHO ARE THE SPONSORS FOR THIS ACTIVITY?

The Ascended Masters and Cosmic Beings (of whom the Ascended Jesus Christ is but one member) are known as the Great White Brotherhood, and specifically the Ascended Master El Morya, the Lord Maha Chohan (who represents the Holy Spirit mentioned in all religious teachings), and the Ascended Master Saint Germain, who is in charge of the Earth for the next 2000 years and is bringing the ERA OF FREEDOM to ALL life—and ALL the Ascended Host of Light are assisting in this gigantic task.

WHO ARE THE ASCENDED MASTERS SAINT GERMAIN AND EL MORYA?

We entered the present 2000-year cycle of time, which is to be the ERA OF FREEDOM, in May of 1954. As the Ascended Master Jesus, as Chohan of the Sixth Ray, was in charge of what had been known as the Christian Dispensation over the past 2000 years, the Ascended Master Saint Germain, as Chohan of the Seventh Ray, will be the director of the Earth's activities for the next 2000 years. He represents FREEDOM for every part of life (human, animal, and elemental) and there will be tremendous changes in the way of thinking, feeling, and in SPIRITUAL UNDERSTANDING. Saint Germain brings the INNER TRUTH which Jesus knew and used, but which formerly was taught only in the retreats of the Ascended Masters. Now it is available for ALL to accept, apply, and prove in practical everyday living, and is to be LIVED NOW—every moment of the twenty-four hours of each day, and NOT after so-called death!

The great Ascended Master known as El Morya has long served mankind. He brought forth the BRIDGE TO FREEDOM ACTIVITY to ASSIST Saint Germain in the gigantic task of SETTING ALL LIFE FREE from that which has bound them for so long. ALL the Ascended Host are working together in love and harmony to bring this about.

WHAT IS THE PURPOSE OF THE ASCENDED MASTER TEACHING FOUNDATION? (AMTF)

After the ascension of Geraldine Innocente in June 1961, the great majority of the original dictations of the Bridge to Freedom Activity were no longer published.

The Ascended Master Teaching Foundation was founded in 1980 in order to re-establish and carry out the original goals and purposes of the Bridge to Freedom, as envisioned by Beloved El Morya, Saint Germain and Ms. Innocente. In carrying out this mission, the original dictations have been re-published and individuals are given the opportunity to manifest the original vision of the Great White Brotherhood for the Bridge to Freedom, by serving the Cause of the Masters of Wisdom as AMTF-Sanctuary Directors and Group Leaders. Therefore, by its exclusive purpose and verifiable past performance over 30 years, the AMTF is the successor to the Bridge to Freedom.

Lesson 2
MESSENGERS OF THE GREAT WHITE
BROTHERHOOD

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MESSENGERS BEFORE 1930

Ascended Masters are still at work today. Assistance by the Masters of Wisdom comes through many avenues, and no one particular individual or organization can claim the exclusive radiation of the Great Ones. Some organizations, however, teach higher concepts of truth, and some explain God's Law—Cosmic Law—more fully.

The original Bible text corresponded more closely to the teachings of the Great White Brotherhood than it does now. The Bible, unfortunately, was embellished upon by many translators and at subsequent conclaves, by representatives of the Christian Church. There always has been, throughout the ages, the present time included, the human tendency to change truths and impress upon them a personal imprint.

For centuries, churches have had the opportunity to free mankind, but with little result. The Ascended Master Jesus, when speaking through the messenger, Guy W. Ballard, said in 1939, "Observe how little good my example of the ascension did. Just 300 years afterward, the great Truth was so obscure, that mankind has understood scarcely anything of the achievement of the example which I left. Instead of concentration on the ascension, there is concentration on the crucifixion. There is always that vicious force in the world which wants to destroy the Light."

It is, therefore, not surprising that the Masters of Wisdom choose to work outside the framework of established churches to explain new aspects of the Law. Rather simple and humble, truth-loving people were chosen as messengers. Social standing, title and scholarly intellect mean little to the Great Ones. The display of any type of arrogance or

glorification of the human ego closes the door to the Ascended Masters.

Early in the 19th Century, Lord Maitreya (Jesus' teacher) called the attention of the Chohans (Lords of the Rays) of the Earth to the necessity of bringing the knowledge of the actual existence of the Masters to the outer consciousness of the people. He explained that here-to-fore the Masters had concentrated their attention upon the East, and it was time to shift such attention to the occidental world.

The universal presence of the Holy Ones had long been accepted in the East. However, the nature of the Eastern Holy Man, being absolutely devoted and limited to adoration and worship, did not allow for the use of the vital energies required to translate vision into tangible action and results.

After a good deal of effort and persuasion by the Masters, Mrs. Blavatsky offered her assistance. The Theosophical Society was founded in 1875.

In addition to Helena Blavatsky, there were other individuals, who in the 19th and 20th centuries, gave certain new phases of the teachings of the Great White Brotherhood to mankind. The Masters mentioned Joseph Smith, Mary Baker Eddy, Alice Bailey, Baird Spaulding, Guy W. Ballard, and Geraldine Innocente.

Mrs. Eddy was the author of *Science and Health with Key to the Scriptures*, and other books. She stressed spiritual healing, in the way Jesus healed the sick, and called her discovery of the healing method, "Christian Science.")

Alice Bailey and Baird Spaulding (through his books *Life and Teaching of the Masters of the Far East*) carried to the

Western mind a greater realization of the activities of the Ascended Masters. In 1919, the Ascended Master Djwal Kul obtained a dispensation enabling him to communicate with Alice Bailey. She was a "natural" automatic writer, but did not seek, at first, the opportunity to be a medium. It took great persuasion before she finally consented. Djwal Kul and Alice Bailey had had a close association during some previous time period. This was helpful in obtaining the dispensation.

THE FIRST "NEW AGE" DISPENSATION

The Dawn of a New Era

The first "New Age" dispensation was primarily the effort of the Ascended Master Saint Germain. He sought out those who had assisted him in his previous efforts with the Sahara Civilization 70,000 years ago, and saw enough reason to carry the light to America and the people of the Earth. The Ascended Lady Master Nada assisted the efforts of Saint Germain.

This new dispensation shows an entirely new approach. Saint Germain did not use as a foundation any established religious teaching, using it as a base and adding to it. He made no attempt to revive Theosophy, only sparingly did they refer to the Vedic literature of India or to the Bible. Starting totally anew, Saint Germain and other Ascended Masters explained Cosmic Law in clear terms. THE METHOD OF INSTRUCTION WAS BASED ON LOGIC AND COMMON SENSE. In addition, the Masters added their radiation, which helped the instruction gain acceptance through the feeling

nature of the students. Saint Germain gave out this new message in America, which at this particular time period is to be the leader of the human race, and he presented to the world a new style of Ascended Master teaching.

There were changes in the substance of the teaching, as well. For the first time, the Ascended Masters could give out information on the following four subjects:

- 1) The knowledge of each one's source, the individualized God-Presence, the I AM Presence.
- 2) The protective Pillar or Tube of Light.
- 3) The Violet Transmuting Flame
- 4) The goal of all embodiments on Earth—the ascension.

These cardinal points were understood by Jesus. He applied them and he left the example to all mankind; he attained the ascension. Before this time, this knowledge was only permitted to be given in retreats, to individuals of considerable advancement.

What enabled Mr. Ballard to receive messages from the Masters in clear and simple terms, giving mankind, for the first time since the days of Atlantis, the knowledge of the I AM Presence and the Violet Flame? It was the need of the hour and the fact that a certain stockpile of cosmic energy was available. Typically this stockpile of energy is available for use once within a century.

Under the dispensation given to Saint Germain, the teachings were given clearly and simply. The Occult Law had governed all religious teachings prior to this event. Under the Occult Law, certain truths could not be given simply and directly, but had to be veiled in parables, myths, legends,

plays, or phrased in such a way that only an initiate, and not the masses, would understand. When Plato, an initiate in the mysteries of the Occult Law, wrote about Atlantis, he did it in the form of a dialogue.

Therefore, beginning in 1930, Ascended Master teaching did assume a new approach, unique from any previous method of instruction, and this effort by Saint Germain has been labeled by the Masters the "Beginning of a New Age."

When Saint Germain first conceived the idea of putting forth this work, he explained to the Master called The Great Divine Director, that he had individuals in embodiment who he felt were strong enough to carry his message. The Great Divine Director asked him if he were certain of this. Saint Germain replied, "I shall try it out, and we shall see!"

The messenger, Guy W. Ballard, first met Saint Germain in August of 1930 on Mount Shasta. After the experiences on Mt. Shasta, Mr. Ballard returned to his home in Chicago, where further explanations were given him by Saint Germain, as part of many discourses. These instructions were given via the Light Ray and the Sound Ray; some were delivered by Saint Germain in his Ascended Master Body.

Following this period of preparation, Mr. Ballard gave the first classes in 1935 and talked to large audiences all over the United States. Mrs. Ballard talked over the radio. Together they reached hundreds of thousands of people.

Often, Mr. Ballard did not know what he was going to talk about. All he knew was that Saint Germain requested that he rent a certain auditorium in a certain city, on a certain date. After this was done, and the audience was assem-

bled, Mr. Ballard stepped to the platform. There appeared before him two-inch-high letters of "golden living light." Those messages he read to the audience. Some people in the front row also saw those letters of light.

William Cassiere, also known as "Brother Bill," a messenger appointed by Saint Germain to work with the Ballards, and who later became a member of the Ascended Master Teaching Foundation, told us he saw the letters of living light several inches high, both from the front row of the auditorium and in the back row, with his eyes open or his eyes closed.

One student who accompanied Mr. Ballard on many of his trips throughout the United States stated that Mr. Ballard was clairvoyant and clairaudient. She said that usually he had no problem reading "the letters of living light," but when he was disturbed, it was like reading through tears.

In the activity of the 1930's, the Masters for the first time placed emphasis upon the art of invocation. They explained that the students could best support their efforts if they would employ the power of the spoken word, which is called decreeing. The student body responded to this request, and this helped greatly to bring about the manifestation of the plan of the Great Ones.

The calls of the students made it possible for the Ascended Masters to create a line of protection along the eastern and western seaboard of North America. As part of this effort, the cities of New York and San Francisco were saved from destruction.

Another accomplishment of this activity was the removal

of thousands of discarnates (earthbound souls) from the Earth's vicinity, leading them to higher realms. One-third of the destructive accumulation of mankind was dissolved and removed from the Earth forever.

Twenty thousand healings were attributed to Mr. Ballard. Many people were healed while attending the lectures. William Cassiere witnessed many of these healings. He told us that at the end of the public lectures, some left their crutches because they were no longer needed. Is there any greater proof needed for the validity of the message and the quality of the messenger? Jesus said, "By their fruits shall ye know them."

In April of 1936, Mr. Ballard had qualified for his ascension. He decided to continue with this instruction to help Saint Germain bring in the Golden Age. Mr. Ballard made his ascension on the last day of 1939. He lectured to the very end.

THE SECOND "NEW AGE" DISPENSATION

In the book *Ascended Master Light* one Ascended Being admonished the students (p.127 and 128):

"Oh, I tell you, dear people, no thing in the world is so important as getting those books to as many of humanity as possible..." "So I say to you, beloved ones, if you wish to serve, if you wish to help to gain this freedom, do whatever you can to help spread these books and magazines..."

However, after the ascension of Mr. Ballard in 1939, this book and others were made no longer available to the gen-

eral public. (Some of them were made available again to the general public in the 1980's. The books were never translated.)

Why is the Great White Brotherhood so concerned in getting this message out to all of mankind? The Law of Conservation of Energy applies just as much to the Ascended Masters as it does to mankind. The tons of energy released by the Great Ones need to be returned by mankind. How can this energy be returned if new students do not have access to the original dictations?

El Morya stated, "If the students are not given an opportunity to learn the Law, and are denied by language restrictions and by limitations of distribution of the tremendous accumulated store of wisdom that lies unprinted, how can they be counted upon to contribute their light?"

"It was the purpose of reaching these millions that this endeavor (The Bridge to Freedom Dispensation) was started, not as a new activity but as a complement to the former, a supplement, not a competitor."

It was primarily for this reason that the Masters had to look elsewhere to carry forward their message. Starting in 1944, Geraldine Innocente, the Twin Ray of the ascended Master El Morya, received dictations. She gave these dictations to a small group of students. However, it was not until 1952, when El Morya received a 20-year dispensation to give new aspects of Ascended Master teaching, that Geraldine became an authorized messenger of the Great White Brotherhood and the dictations were published.

As an express condition for being granted the dispensa-

tion, El Morya had to agree to replenish the cosmic stockpile of energy himself if there was an inadequate response from the students. Again, here we see the Law of the Conservation of Energy in action.

Geraldine had been embodied several times as an oracle at Delphi. The Masters were able to use Geraldine as a channel by accelerating the vibrations of her mental and emotional bodies, and by using the brain consciousness and the vocal cords for reception.

Since the dictations of the first New Age Dispensation were not available to other students, the teaching of the Laws of Life needed again to be explained by the Great Ones and published as part of the new Bridge to Freedom material. Many new subjects were added, that were not explained before (colors of the seven rays, activity of the Archangels and Elohim, Ascended Master Retreats, pictures and key-notes of the Ascended Masters, the early history of mankind before the fall of man, previous embodiments of Ascended Masters and the Transmission Flame Service). It is for this reason that the Ascended Master Teaching Foundation uses as its teaching material, almost exclusively, the original Bridge to Freedom publications.

Frank C. Pita of Havana, Cuba and Mrs. Francis Ekey volunteered to become the manager and associate editor of the monthly journal called "*The Bridge*." Its first publication occurred in April, 1952. Geraldine's mother, also the twin ray of an Ascended Master, helped. She wrote articles in this journal under the pen name, "T.D. Marches." El Morya became the editor of the *The Bridge* using the name, "Thomas Printz." According to El Morya, he chose the name "Thomas"

from his former embodiment as Thomas Moore, an Irish poet. So "Thomas is printing," became "Thomas Printz." Also published was, *Thomas Printz' Private Bulletin*, available to subscribers of *The Bridge*. This weekly publication contained priceless wisdom presented by the Maha Chohan, representative of the Holy Spirit to mankind and the Earth.

Once El Morya had received his final dispensation, all members of the Great White Brotherhood joined in his effort.

In this new teaching it was explained that the Spiritual Hierarchy meets twelve times a year at a different retreat each month, and has done so for eons of time. As part of this gathering, a certain amount of radiation is given to the people of the Earth. Mankind, not knowing of these events, does not respond and offer energy in return. Consequently, the Masters are prohibited by Cosmic Law to give out his radiation beyond a certain point. There was a great need to acquaint students with the knowledge as to which retreat would be open during a particular 30-day cycle, and to have the students consciously send the God-quality radiated by the retreat throughout the world as part of a Transmission Flame Service.

During the time of Geraldine, the wishes of the Masters were followed, and some of this work was translated. Several books were translated into Spanish and German. New groups came into being. This created new, permanent forcefields, magnetic centers which drew angels closer to the Earth and which gave the Masters greater freedom in bringing forth specific instruction and radiation. The Masters said that the task of the "Bridge to Freedom" will never be complete until the very last lifestream has crossed this bridge of light on the way to his ascension.

THE TEACHINGS OF THE NEW AGE

The instructions of the Ascended Masters are a harmonious blend of Eastern and Western teachings. They combine the Oriental adoration and worship of God with Occidental initiative and accomplishment. They explain Cosmic Law, the Law of Life, in a simple, easy-to-understand manner. No longer is it necessary to teach God in an abstract way. Such statements as "God is Good" and "God is Love" are basically correct, but the inquiring mind is looking for more depth in order to gain the full significance of these statements.

Ascended Master teaching stands on its own, and is neither Christian, Moslem, Jewish, or Hindu. It may be called the root, the fountain of truth, from which all known religions had their source.

We are talking about scientific, demonstrable principles. Sincere seekers of truth now have the opportunity to study and apply this wonderful teaching, so the student may walk the path of light, in which alone permanent happiness may be found.

If a student looks at the many fields covered, and the type of detail given, one realizes that the original presentation as given through Ms. Innocente, is unique and applies to today's conditions and it applies to the future.

Every word which the Ascended Masters speak is a cup of their pure God-energy, light, substance, power, and qualities. All are powerfully charged to help the student accomplish the victory of the ascension.

Commenting on the dictations of the Bridge to Freedom, the Masters emphasized that the material given was many times more than that required to gain the ascension. Hence, the requirement of the hour is not a new "channel," but to study and practice what has been given, and to disseminate the works of the Ascended Masters. The Maha Chohan, in an article published in the Bridge "Journal," stated in October 1959, "Each of the planets of our sun must be quickened to enter and sustain itself in the orbit of the graduating planet. We are, therefore, of necessity FORCED to reach mankind quickly, ALL of them, and I shall expect every assistance in the cosmic push of the hour."

The Great Ones called Geraldine Innocente a "temporary contact." They knew that this contact would last for a limited number of years. Therefore, they utilized her ability as a channel as much as possible. In the span of nine years, about 8,000 pages of dictations were published.

Regarding the Bridge to Freedom Activity, the Masters wrote:

"Genesis and all of the succeeding Biblical Law is being written again. It is being written now, not by unascended beings, but by God-free Beings. IT IS A BIBLE MADE UP OF THE ENERGIES OF THE ARCHANGELS, THE COSMIC BEINGS AND THE ASCENDED MASTERS THAT WILL STAND FOR THE REST OF THE CIVILIZATIONS BEING BROUGHT FORTH ON THIS PLANET EARTH." (Archangel Uriel, May 16, 1954)

"You may be given too much of the Law for your outer minds to digest at one time. However, we feel that for the sake of those following after you, an entire evolution of people who would perhaps benefit by the instruction that you

may never even need to use, we had better take advantage of the TEMPORARY contact between the Ascended Masters' Realm and the human, and get as much of this Law as possible to you—BECAUSE WE ARE WRITING A WHOLE BIBLE THAT WILL LIVE AND BE READ BY MILLIONS OF PEOPLE LONG AFTER YOU HAVE COME HOME." (Maha Chohan, May 20,1956)

THE HISTORY OF THE AMTF

The messengers of the first two New Age Dispensations fully understood the plan of the Masters and carried it out to the fullest possible extent, never asking for financial compensation in return for their efforts. Both messengers endeavored to give the dictations of the Great Ones their largest possible distribution. They did not restrict these dictations to members only and favored translation into other languages.

According to one Master, when a spiritual leader leaves this plane of existence, very often the successors of the leader, unaware of the plan of the Great White Brotherhood and the divine laws that govern it, not having the vision of the leader, partially lose sight of the overall goal.

After Miss Innocente's transition from this plane in 1961, about 90% of the original dictations were no longer published. Among the works no longer published were the books, "*The First Ray*," "*The Seven Elohim Speak*," and all of the dictations of "*The Bridge*," and "*The Bulletin*," given through Miss Innocente. The book, "*The First Ray*," (new title ("The Initations of the First Ray")) talks in detail about

the quality of discrimination which is so necessary for spiritual progress. Without acquiring the knowledge of how to discriminate, the student knowingly or unknowingly finds himself groping in the dark, without direction, not knowing which channel to believe. Or the student is forced to rely on his feelings in his heart, NOT REALIZING THEY CANNOT BE ENTIRELY RELIED UPON, because hundreds of embodiments ago we consciously severed our connection to the inner voice in the heart; the voice of our God-source.

By the year 1979, only a handful of students had a complete set of the original dictations of Geraldine in their possession. There was a great danger that these valuable works would be permanently lost to humanity.

This led to the establishment of the Ascended Master Teaching Foundation, as a non-profit organization, in 1980. The AMTF was founded for one purpose alone—namely, to make these teachings available to all mankind, and to present them in the same way the Masters originally gave them, without additional channellings. Therefore, students of the AMTF consider themselves among the guardians of El Morya's Dispensation of 1952. The AMTF has no plan of its own. **Its exclusive goal is to implement the plan of the Great White Brotherhood as presented during the "Bridge to Freedom Dispensation."**

The Great Ones were very specific regarding the use of their instructions. For instance, the Ascended Master Saint Germain said in the book, *The Seventh Ray*, (new title "The Initiations of the Seventh Ray": "This publication and any other preceding from the same source are the property of the Great White Brotherhood. They are offered freely to ALL

people, everywhere, at a price within their means.”

The book, *The Seventh Ray*, was translated into German in 1954. Here is part of the Foreword: “It should be self-evident that the principles of a new teaching, which is to be the cornerstone for a New Age, cannot be given to English-speaking people only, and be withheld from the rest of the world.”

The Law of Balance, one aspect of which is known as the Law of Conservation of energy, requires that every effort from the Ascended Master level needs to be balanced by a corresponding effort of individuals dwelling on the physical realm. In other words, how can the Great White Brotherhood ask the Hierarchy of the Earth and the Solar System for grants of an additional stockpile of energy if there has been no balance for the tons of energy already spent during the original effort? How can a new dispensation, involving a new authorized messenger, be granted if the original effort is not balanced by making the original literature available (where legally possible), and through group activity? It is this service that the AMTF has come to render.

The lamp of truth signifies the relentless search for this God-quality, a vow and pledge taken by all members of the Brotherhood of Truth. This symbol was adopted by the Brotherhood in 412 B.C. The AMTF uses this emblem to signify its belief that a relentless quest for truth should be one of the cornerstones for all religious teachings.

Lesson 3
CREATION

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THE PURPOSE OF CREATION

“In the beginning, God created the heaven and the Earth.” Genesis 1:1

“And God said, let there be light, and there was light. Genesis 1:3

“And God said, let us make man in our image, after our likeness.” Genesis 1:26

“So God created man in his own image, in the image of God created he him, male and female created he them.” Genesis 1:27

“And God saw everything that he had made, and behold it was very good.” Genesis 1:31

It is the nature of God to allow his children the opportunity of becoming co-creators with him.

The purpose of creation as well as the sustenance of any system of worlds, is to allow each lifestream called forth from the Universal Heart of God to unfold a spiritual nature and become master of energy and vibration through the conscious control and use of his own creative faculties (thought and feeling). In order to become such a Master Presence, the three-fold nature of the God-parents has to be nurtured and developed within every man. Each one must become a God-director of his life plan—(the Father), an externalized son of right-use-ness (the Son), and a dispenser of the Holy Comfort and Spirit of Life to the world (The Holy Spirit). To assist in this development, seven cosmic rays have been created and are sent earthward in rhythmic pulsations, to give the same nourishment to man's spiritual nature as the seasons of the year provide for the kingdom of nature. These cosmic currents are as orderly in their outpouring upon the Earth as is the beneficent radiation of the spring, summer and autumn seasons.

God, the owner and giver of ALL LIFE, so far as our galaxy is concerned, is called The Great Central Sun. It is the sun behind our physical sun, and is the source of ALL LIFE and ALL THINGS in the entire galaxy.

The activities of the Great Central Sun are governed by Alpha and Omega, the Supreme Beings of our galaxy.

The galaxy to which we belong is composed of several planetary systems. Each planetary system consists of one sun and several planets. Our planetary system is directed by the divine beings, Helios and Vesta.

THE CREATION OF OUR EARTH

“As above, so below,” is a well-known expression. Every physical manifestation is preceded by some action at higher, inner levels. After Helios and Vesta decided to become God Father and Mother of our solar system, they had to prove, through the directing of light rays, that they could radiate enough concentrated energy to first create a solar system, then to maintain its planets in a certain orbital position, and to sustain life thereon. Helios and Vesta passed the initiation. Thus, Alpha and Omega vested them with the authority for such a system.

The first fiat issued by Helios and Vesta was, “Let there be light.” Through thought and feeling, Helios and Vesta determined the size of the planets, their location, and the number of lifestreams that would abide on each one. This could be compared to our designing a home and the interiors that go with it.

When the light pattern was completed, Helios and Vesta placed the blueprint into the hands of the Cosmic Silent Watcher, who is responsible for holding the pattern of our planetary system.

The Cosmic Silent Watcher absorbed the pattern of design, and accepted the responsibility of holding the immaculate concept for each planet until the time when Helios and Vesta would designate the externalization of each. The blueprint contained the oceans, seas, rivers, lakes, lands, trees, shrubs, and other vegetation, the mountains and atmosphere for each planet.

When the time for the creation of the Earth was at hand, the Cosmic Silent Watcher turned the blueprint over to the Planetary Silent Watcher. The name of the Earth's Silent Watcher is Immaculata, a feminine being.

Now Helios and Vesta drew forth the seven Elohim, the builders of the universe. They answered the call of Helios and Vesta and from the Planetary Silent Watcher, studied intently the plan held within her consciousness, which it was their joy, service, and opportunity to bring into form. Their first activity in this direction was the projection of the mighty light rays from their combined consciousness which formed the matrix of the new planet. When this was done, they, in turn, summoned the directors of the forces of the elements and the lesser builders of form, the angel devas and the elemental spirits. These beings magnetized the electronic light-substance, filling in and fashioning the planet according to the instructions given them by the Elohim. As builders return to the blueprint of the architect, so did the Elohim return again and again to the study of the light pattern held

in the consciousness of the Planetary Silent Watcher.

Mankind has no concept of the fidelity, consecration and sacrifice of a being who chooses to hold the divine pattern and plan as a Silent Watcher for a planet for millions of years beyond the time originally scheduled for its perfection. This great being is a prisoner of love. This great, blessed Silent Watcher for our Earth has held the pattern as designed in the heart of Helios and Vesta and the pattern for EVERY LIFESTREAM destined to manifest God-perfection.

THE NATURE KINGDOM

The Elohim invoked the directors of the forces of nature, the majestic Virgo (Earth), the mighty Neptune (water), and the beloved Aries (air), who joyfully answered the summons, grateful for the opportunity of contributing the gifts of their respective elements (earth, water, air), for the comfort and well-being of the newly-born Earth and its future inhabitants. Helios and Vesta, themselves, provided the element of fire.

After this came the invocation to the Spirit of Spring, the beloved Amaryllis, to come and set up the rhythm of the spring in blossom, flower and beauty of nature. This beautiful being came in answer to the call, bringing with her legions of angelic and elemental helpers. Their combined energies clothed the sweet Earth in such beauty and gladness, that she looked like a beautiful dryad, wearing a wreath of flowers upon her head, waiting to welcome the spirits who were to make her their home.

Nine hundred consecutive rhythms of springtime came and went to make the Earth more and more beautiful—the lakes, the great rivers, the giant waterfalls, the crystal seas, the mountains pointing their fingers toward God, and the Immortal Threefold Flame of God, that great eternal sun of even pressure, pulsating from within Earth's center

The elementals wove the smallest and daintiest of flowers, the great devas unfolded the leaves on the trees, the mighty spirits of the air actively worked in their own element, all nature working together harmoniously to the rhythmic music of creation!

With its alabaster-like surface, the Earth sparkled like a jewel. It was a beautiful thing to behold.

And so one cosmic day, the work of creation was completed, and the seven Elohim signified to Helios and Vesta that the planet Earth was ready for habitation!

THE CREATION OF MAN

Three distinct types of intelligent life were to be given opportunity to unfold their God-nature on our planet. These forms of life were angels, mankind, and elementals, each contributing in some manner to the well-being and progress of the other. Their combined life-force was ordained to weave the spiritual bridge to tie the Earth with the heart of God.

The purpose of embodiment is to master energy on a lower vibratory plane. Thus, in the denser substance of the

Earth-plane, mankind learns how to wield the powers of thought, feeling, spoken word, action, and to consciously create as the Father does.

Creation is more difficult on a lower vibratory plane than on a higher one. Hence, individuals who have had this additional experience and have gained mastery have the opportunity to progress farther than those electing to have no embodiment.

After the seven Elohim and the lesser builders of form (the devas and elementals) created and beautified the planet, Helios and Vesta drew from the Central Sun billions of spirit sparks. A spirit spark may be defined as primal intelligence, and needing the love of a Solar Lord, in this case Helios and Vesta, for further expression.

While these spirit sparks rested for some time in their vicinity, the God-parents projected light rays from their hearts. These rays converged and formed individual Threefold Flames of God-consciousness. Utilizing these flames as magnets for drawing universal light-substance, Helios and Vesta then created individually-designed garments for the spirit sparks.

This action results in a White Fire Being. It is conscious of its identity, and through the words, "I AM," finds itself a living, breathing intelligence, vested with life, opportunity, and free will.

Now the White Fire Being must decide whether or not to voluntarily project the dual aspect (masculine and feminine), of its divine nature. Those choosing to go on out further, project forth two rays, called "Twin Rays." At the end of

each projected ray is a Threefold Flame, around which is drawn light substance, forming the individual I AM Presence. The I AM Presences have a Causal Body, white in color. (Causal Bodies are discussed under “Seven Bodies”). The I AM Presences are now prepared for embodiment by entering a schoolroom. This preparation is called the “Journey through the Seven Spheres.”

JOURNEY THROUGH THE SEVEN SPHERES

The individual I AM Presences, each at its own pace, then begin the journey through the seven inner spheres, which are seven concentric bands of color around our Sun. Here, contact is made with highly-developed intelligences which express the particular qualities of each sphere. These God-intelligences are desirous of doing the Father's will, expanding his kingdom and consciousness.

Starting with the First Sphere, the individual lifestreams (I AM Presences) have the opportunity of absorbing the qualities of each sphere, abiding in each as long as they wish, adding the color of the sphere to their Causal Bodies as they progress. Typically, an individual is attracted to the properties of one particular sphere, preferring to stay there longer, while absorbing its qualities. This preference for one particular sphere often results in the pursuit later, when embodied, of a line of work that closely identifies with the properties prevailing in this sphere.

When an individual stays longer in one sphere and thus absorbs its qualities more than any other one, then this par-

ticular sphere becomes his predominant “sphere of development.” Sometimes, in today's usage by other groups the term “ray” is substituted for “sphere.” Therefore, “sphere of development” now becomes “ray of development,” or simply “he/she is on the (Second) Ray.”

While the God-virtues or qualities of a sphere and a ray are identical, spheres and rays act at different time intervals. A ray is part of a cycle. A cycle lasts 14,000 years, and is made up of seven rays, each of which is predominant for a period of 2,000 years. Therefore, all of use experienced many times the beneficial influence of a ray, BUT ONLY ONCE WENT THROUGH THE SEVEN SPHERES.

The experiences gained while dwelling in a particular sphere may be likened to going to school before embodiment on a planet.

As in other experiences of life, free will is involved, and some individuals elect to stay in one of Seven Spheres. Only one of every twelve White Fire Beings progresses to embodiment. The others elect to stay somewhere along the path, preferring to work there at inner levels.

The following is a summary of the colors and qualities of each sphere. Also shown are corresponding occupations that an individual may have while embodied at a later time, expressing the qualities of that ray.

Sphere Color Quality/Service on Planet

- 1: Blue. To do the will of God, illumined faith, capacity to lead people and manifest large amounts of energy. Initiative. All God-ideas born here. Rulers, leaders and executives.
2. Sunshine yellow. Perception, illumination, inspiration. Ideas are perceived and molded into thought patterns and workable form. Teachers, Educators.
3. Pink. Love, compassion, tolerance. Ideas are clothed with life-essence through the feeling nature, enabling future externalization in the world of form. Love is shown as the cohesive force, holding together a manifested form. Peacemakers, Arbitrators.
4. White. Purity. Artistic development. Poets, artists, musicians, painters, architects.
5. Emerald Green. Scientific development. Healing, concentration, consecration, truth. Scientists, engineers, inventors, healers, doctors, nurses.
6. Ruby with golden radiance. Voluntary impersonal service outside the community. Missionaries. Religious leaders.
7. Violet. Ceremonial service. Culture, refinement, diplomacy. Diplomats, gentlemen, ministers, religious leaders.

OUR SEVEN BODIES

Introduction

In order to embody and function on the physical plane and go through the experience world, every individual must have seven bodies. Each body is created out of the substance of the realm in which it is to function.

Of these seven bodies three are higher bodies, which are divine and already perfect. The remaining four, known as the “lower bodies,” contain energy which must be redeemed and transmuted into perfection by the individual who has imposed imperfection on them through many ages of living.

The three higher bodies function in the octave of the Ascended Masters; the four lower bodies operate in the lower vibratory astral or psychic plane, which contains mankind's misqualified energy. All seven bodies contribute in some manner to the consciousness of the individual.

The three higher bodies hold a consciousness of perfection, but the four lower bodies are constantly adding to the sum total of the consciousness of the lifestream through their reports of good and evil. These lower bodies, by reason of their limited unfoldment, accept the appearance world at its face value, and add to the conglomerate mass of human thinking, which forms the average consciousness of mankind as a whole.

The three higher bodies are the I AM Presence, the Causal Body, and the Christ Self (also called “Holy Christ Self” or “Higher Mental Body”). The four lower bodies consist of the etheric body, the mental body, the emotional

body, and the physical body.

What enables the seven bodies to function? It is a steady stream of life-giving energy (electrons), originating from the Central Sun, flowing through the physical sun, the White Fire Body, the I AM Presence, the Christ Self, to the four lower bodies. The moment an electron is invoked by an individualized Threefold Flame, this electron is stamped with its own certain pattern such as a Maltese cross or lotus flower. For every electron so invoked, man must give an accounting. The electronic light in the universe created all forms. This primal substance forms the aura of God.

Electrons are drawn into form through the designing faculty of mind, and the speed at which they revolve within the mind.

The pattern is determined by the feeling which pours through them, thus setting the pattern for the vibratory rate. Thought, therefore, is the cup, the design, or outline into which the primal substance of life is poured, and feeling is the vibratory pulsation sent through the electronic light, which brings forth the manifestation.

Many electrons, swinging around a central core, form one atom. Between each electron there is a distance. As the electrons swing within their atom, they are either expanding their light, or they are closed in by the discord and substance of the astral and psychic realm, which is forced like pie-shaped wedges between these points of light through thought and feeling. Now, when your thoughts, your feeling, and your etheric memories dwell upon imperfection, you slow down the vibratory action of your electrons, and then the substance of the psychic and astral realm closes in

around them, lowering the entire vibration of your four lower bodies. In this way, you become an easy prey to depression, poverty, ill-health, to any number of the various negative aspects which mankind at large mirror and outpicture today.

The relative position of the four lower bodies is as follows:

1) Interpenetrating and extending 4 inches to 6 inches around the physical body, is the etheric body, shaped like an ovoid.

2) Interpenetrating and extending around the etheric body is the mental body, also shaped like an ovoid.

3) Interpenetrating and extending around the mental body is the emotional body, the largest of the four lower bodies, also shaped like an ovoid. The emotional body extends 3 feet from the physical body, and in some persons, more than that.

The I AM Presence

The I AM Presence is the individualized focus of God, connected to the heart of the physical body through the silver cord. It is the “real you,” the being through which you will function after you have achieved your ascension. It is the God within you and knows only perfection, and is ever pouring it forth, expanding it. It is your permanent self, which never dies.

Now, since there is no impure substance at all within the light rays of the Electronic Body, every group of electrons forming the spiritual atoms emit the music of our keynote, the fragrance and perfume of our being, and the beauty of

our reason for being.

This individualized focus has the potential power of the God-parents. The I AM Presence can think and create from primal life what it desires, through the use of free will.

In the February, 1962 "Bridge to Freedom Journal, El Morya states, "Your great Presence of Life, the individualized focus of God, is a mighty Being of Fire that dwells with us in the realms of such exquisite perfection as would stagger the human intellect." This Presence has worked with the Ascended Masters consciously for centuries of time, and it knows the particular powers of each Master to assist. And when, in its great wisdom, it sees that you have made sufficient endeavor in your desire for the light, have been steadfast to serve the Light, and have, to the best of your ability, desired to master your thoughts and feelings, then and only then does your Presence come to those Masters who can best assist you towards your upward progress.

When you acknowledge the Presence of God acting through you in whatever you are doing, you are expanding the LIGHT OF THE WORLD! When you allow the intellect and human self to accept the credit for whatever is accomplished, (even silently to yourself), you are denying the Presence of God as the ONLY POWER THAT CAN ACT, and are adding to the shadows.

When you first came to the planet Earth, the glorious Presence of God filled the entire form which you then wore. That God Presence, enfolded in the Threefold Flame, was visible to the physical sight of all men. Through the rhythm of that flame, you were able to draw from universal light substance any form you desired, and by the magnetic power

of the coalescing action of the flame, you could design and precipitate food, clothing, shelter, temples, or whatever you desired or required. Through the power of your feelings, which energized these thoughtforms, these manifestations took place instantly.

What has happened to that magnificent Presence? When the ATTENTION no longer rested on that God-Presence, but began to focus on the human creation that man was generating, the flame within the heart began to DECREASE in size and influence, and that which the life sustained through ATTENTION (shadows) began to grow larger. These shadows and mass karma began to increase, until finally only a spark of the great God-Presence remained in the heart. Truly, then, it was called the UNFED FLAME, but now it is called the IMMORTAL THREEFOLD FLAME. As that flame in the heart is now FED by your ATTENTION and LOVE, which is your life, it will begin to increase, until it fills the body once again with its perfection.

The man who cuts wood, acknowledging the presence of God's energy flowing through his arm, as the power by which he works, expands the God-Presence within him, lighting his aura and lighting the world. The singer who acknowledges God as singing through her, expands the light of the world! the woman moving about the daily household tasks, acknowledging that it is the presence of God which enables her to do it, is also filling her aura with light and expanding the light of the world! The presence of God, WHEN INVOKED AND ACKNOWLEDGED, always fills the individual with light!

If you would be consciously believe that "I LIVE, MOVE,

AND HAVE MY BEING IN THE VERY PRESENCE OF GOD—I cannot lift a finger, except by the use of the life of that Presence—I cannot speak a word, but for that Presence,” consecrating your mind and feelings to remembering the actual presence of God , then shall you truly be a LIGHT BEARER to the world!

The Causal Body

All of the constructively qualified energy gathered during all of your embodiments, is contained in the great reservoir of good and perfection, shown as seven concentric circles of color around the I AM Presence. This is known as the Causal Body, and within this body are stored the “treasures in Heaven which can neither be stolen, rust, nor decay.”

The Causal Body contains the “accumulated good”—the opposite of karma—which is the energy qualified in a harmonious manner.

The Causal Body of each individual is built through eons of time, starting with the time we passed through the Seven Spheres. Even when out of embodiment, dwelling at inner spheres, we are adding to the good of this Causal Body. Thus you can see all Causal Bodies are not alike. The band of the color of the sphere in which you spent the longest amount of time will be the largest around the Causal Body. It determines the ray to which you, as an individual, belong. We can often discover the ray to which we belong by asking ourselves what our favorite color is. An individual may be on two rays, one of them being dominant. Really advanced students may be on several rays.

The God-qualities or virtues and colors are identical for a particular sphere, ray or circular band of the Causal Body. For example, the God-qualities and color of the First Sphere (to do the will of God, illumined faith, capacity to lead people, to manifest large amounts of energy, and initiative), are identical to the qualities of the First Ray and to the First Band (relative to the center) of the Causal Body.

The I AM Presence of each lifestream uses this battery of spiritually-charged momentum of energy to contribute to creation at cosmic levels. Now to what use should we put this Causal Body when we are here on Earth? WE ARE TO USE THE MOMENTUMS IN THE CAUSAL BODY TO SERVE MANKIND ALONG SOME SPECIFIC LINE. THE ONLY REASON WE EMBODY, IS TO SERVE GOD, AND BY SERVING MANKIND, WE SERVE GOD.

Now, how does this work, this using of the Causal Body, here on Earth? When we become aware of the I AM Presence and make application for the use of momentums of our own Causal Body, that one's Presence is happy, indeed. Then there is set into motion the process of purifying the four lower bodies. For, unless we purify the four lower bodies (the etheric body, the mental body, the emotional body, and the physical body), the Causal Body's momentum of perfection cannot be released around and through the outer self.

In our daily life, let us use the momentums of our Causal Body. Let us charge those powers from our Causal Bodies into our Tubes of Light. *Charge* those momentums of our Causal Bodies into conditions and lifestreams that need assistance. Do we send healing when we hear the sirens of an ambulance? When we see a crippled man, do we send him

light, instead of pity? WE CAN BE USING OUR GOD-POWERS EVERY DAY.

In the silence of your room, turn your attention to the Holy Christ Self within your heart, and invoke it to magnetize or externalize the gifts of your Causal Body through your outer self NOW. It is truly the requirement of *this world hour*.

There is an additional service the Causal Body performs. WHEN AT LEAST 51% OF THE ENERGY OF THE INDIVIDUAL IS QUALIFIED WITH PERFECTION, THAT ENERGY ANCHORED WITHIN THE CAUSAL BODY ACTS AS A MAGNET, ASSISTING THE LIFESTREAM TO ASCEND. Thus, the Causal Body becomes the cause of the ascension, from whence comes its name.

The Christ Self

When the individual decided to use the experiences of the Seven Spheres and apply for embodiment, the Holy Christ Self came into being. This Christ Self is the *provision* WHICH THE I AM PRESENCE HAS MADE TO GIVE US ASSISTANCE IN THE HUMAN WORLD. It is a replica (in form) of the I AM Presence, but vibrates at a lower rate. Operating at a lower vibration, it is aware of imperfection such as disease, but does not take it on and accept it. The Christ Self is aware of what we are doing and whatever our needs are, and it takes those needs to the I AM Presence. Therefore, the Christ Self functions as a step-down transformer. It may also be considered the mediator between the individual's God-self and his outer consciousness.

The Christ Self is the discriminative, directing intelligence through which the Presence works. It guides the personality, the outer self. It is “the still, small voice within,” also called the guardian angel, sometimes giving promptings to do certain things. The number of promptings is usually three. If we do not follow these promptings, they will be discontinued after the third time.

The Christ Self abides in a position between the I AM Presence and the physical body. The Holy Christ Flame is anchored within the heart of every man, woman, and child in this evolution, focused within the Threefold Flame in the heart. It regulates the amount of energy flowing through the silver cord. As the student learns to love this Holy Christ Flame in the heart, it expands, and takes complete possession of the four lower bodies, making every individual a *Christ* in action, just as the Ascended Master Jesus manifested this Christ in action centuries ago.

The Mental Body

The mental body was formed out of the substance of the air. It was designed to be the chalice for the receptivity of divine ideas. It has the power to mold these ideas into workable form. The mind is contained in the mental body. The mind, also called consciousness, is to be the servant of the individualized flame, not its master.

The mental body was created to be the instrument to hold the pattern, or vision of perfection, to build the form of what you desire to manifest, holding it until the feelings energize it for physical manifestation. Mankind has used this

process in reverse, by holding in the mind pictures of imperfection generated through seeing, hearing, and talking, propelled into manifestation by energizing these imperfect pictures through the feelings.

If the space between the electrons of the mental body becomes filled with the effluvia caused by depression, discouragement, resentment and rebellion, the mental body becomes sluggish. This process may be compared to the action of a pencil sharpener. If the container gets so clogged with filings, the rotating motion of the sharpener is impaired. In a similar manner, the mental body begins to vibrate slower and slower until it is so sluggish that it is no longer receptive to finer thoughts and inspirations. You know, it often happens that when you try to comfort people in distress, they do not seem to hear your words of consolation or encouragement. The mental body is so “bogged down,” the vibratory action so negative, that it is absolutely unresponsive to any inspiration, even to that from the Christ Self.

Do we desire to change these conditions in our own experience? It is easily done! Light is the answer to all! We may change the vibratory action of the mental body by calling for the Violet Fire! See the atoms that compose it, purified from within, out—the electrons within them spinning more and more rapidly.

Watch what you invite to be the guests of your mental body for the next twenty-four-hour period! Change your habits of thought, feeling and spoken word!

The Emotional Body

The emotional body, the largest of the four lower bodies, contains our feeling world. Its correct service is to nourish divine ideas with the positive feeling of accomplishment, to radiate the nature of God and every virtue of happiness, purity, mercy, forgiveness, and peace. The mental body was designed to create form, the feeling body was created to nourish that form with qualified life. Having total control of feelings is a desirable goal.

While the Causal Body is the repository for all the constructively-qualified energy, the emotional body contains the opposite, namely, all imperfect and unkind feelings are registered within this body.

It is necessary that all of this energy be transmuted into perfection, replacing all human qualities with the God-qualities of divine love, peace, harmony, happiness, and all other constructive attributes. The transmuting Violet Flame will help do this.

When the emotional body was created, it was made up of electrons drawn from the emotional realm, the realm of feeling, the realm of the angels and the Archangels.

Your emotional body is made up of millions of tiny electrons in *constant* movement. These form the atoms. Now, if that motion of the electrons is in accord with the rhythm of your God-flame, and is in accord with the constructive radiation of some Master, that's fine. Then, your emotional body deflects all destructive feelings projected at you, as well as all the discordant energy which you *contact*. You are then THE MASTER CONTROL of all energy, wherever you are.

The Etheric Body

In the etheric body are contained the memories of all past deeds, thoughts and feelings during former embodiments—both good and evil. The accumulation of these records is called the soul. The etheric body, therefore, is the envelope of the soul. When an individual is not in embodiment, he lives in his etheric body, and has the consciousness of the soul.

The discordant experiences have caused *wounds* or tears in the etheric body. These nature heals and patches over, but the *scars* remain, and under certain circumstances or during similar experiences, when undue pressure is placed on that scar by these similar experiences, it acts like an incision. It gives way, bursts open, and manifests as disease, distress or disharmony. Deep feeling definitely makes a record on the etheric body.

The etheric body is the one most closely connected to the physical, and it is the one in which you travel at night, when you sleep. So, the more purified that etheric body is, and the more sensitive it is to divinity, the easier it is when that etheric body slips back into and around the physical body, to remember the divine truths and happy experiences that take place at the inner levels—to know the joy of being in the presence of the Divine Beings and bringing that association back into the world of form.

As we know, it is the endeavor of beloved Saint Germain and beings of the Violet Flame, to remove the cause, the record, and the memory of all those etheric experiences which are imperfect.

Mother Mary said in January, 1958, “What mankind does to one another in creating these deep wounds in the etheric body is much more unfortunate than the distortions woven around the physical body. Why? Because the physical body one day disintegrates. The etheric body moves with man from his first embodiment until it is absorbed at the time of *transmutation* at the instant of ascension.”

When you live, over and over again, the distressing things of the past, you energize them to again act in your world. This is why, in recounting the history of mankind, the Masters never told of the destructive records of wars and injuries to physical bodies.

Remember, the very substance that makes up the ETHERIC FORM has been used over and over and over again in successive embodiments, and this requires purification in order to raise its vibratory action and for it to emit light. You will see the great necessity for the dynamic use of the Violet Fire in connection with the work being done by the builders of form for each soul. When this is understood and conscientiously applied, we shall again have the “bodies enduring” that are non-recordant to disease, disintegration and finally death itself!

The Physical Body

The physical body provides the anchorage to the Earth. It is the vehicle through which man functions and expands the borders of God's kingdom into a lower vibratory plane. The physical body, therefore, is the temple of the living God.

Originally, this body was not as dense as it is now. It vi-

brated at a much higher level and it consisted of what we would today call etheric substance. Mankind, as it existed during the first Golden Age, would appear to us today as etheric, misty, shadowy beings, but of identical form as mankind today, if we could see these beings at all.

The process of creating a physical body out of the elements of earth required the use of centripetal force, anchored within the Immortal Threefold Flame of God, drawing the purified elements of Earth's atmosphere into a beautiful physical body, made in the image and likeness of each one's own individualized I AM Presence. Since God has endowed you with free will, you CHOOSE whether you desire to place constructive or destructive qualities in your life. All the life (or energy) you have qualified with an imperfection in thought, feeling, spoken word or deed, becomes a pressure of human creation (which the Bible calls "sin") and this stands in the aura around the physical form until transmuted by the Sacred Fire.

Looking at a picture of the chart of the I AM Presence, the VIOLET FIRE that is seen blazing up, through and around the physical body, represents the divine tool which the Ascended Master Saint Germain has brought to mankind. Through the use of the violet fire, each one may painlessly TRANSMUTE his mistakes of the past back into perfection once again.

Your physical body is interpenetrated by your etheric body. These are enfolded by your mental body and your emotional body. All of these are made up of atoms. Those atoms are composed of a series of electrons in constant motion, spinning around its tiny centripetal heart. Now, the

quality of the atoms of every one of your bodies is constantly subject to change—to purification and etherealization, or to become more gross and more heavy. That is why individuals are sometimes very beautiful when they are young (around eighteen years of age). Their faces then are clear and unlined, their bodies are alive and buoyant, but after they have passed through the discordant experiences of some twenty or thirty years, you find that the vital flesh atoms have been lowered in vibration. This makes the flesh form less beautiful than it was before the discord was registered upon it.

The silver cord enters the physical body at the top of the head (the soft spot of a newborn baby), and provides the connection to the Christ Self and the I AM Presence. It is the life-giving, life-maintaining fount of energy. If left without this fountain of life-force, the physical body could not operate, and so-called death would ensue.

The brain is the physical organ through which the mind functions. It registers impressions from the outer world. The brain is the vehicle of the mind.

The nervous system functions like a network of fine wires which are message-bearers of thought and feeling impulses to all parts of the body. Through the spinal cord of every person, two activities work constantly, the descending arc of electrical energy, which anchors the body on the surface of the Earth, and the powerful ascending current which enables one to stand erect and move about, rather than to crawl on the ground. When the activity of life is more powerfully charged into the ascending arc, we come to the point where the gravity pull of Earth no longer holds the lifestream, and ascension is possible.

Conclusion

The fact that you have seven bodies should be no stranger than the fact that your automobile has more than one part, for you are a very complicated piece of machinery, and the physical body, itself, is a marvelous piece of engineering.

As in your car you have a carburetor, fuel pump, spark plugs, electric system, cooling system, etc., which must all work together for your car to run smoothly and efficiently, so is it necessary for all your bodies to be in alignment and mesh together perfectly for the perfect functioning of your world. Just as an expert mechanic can tell you what to do to make your car run better, so do the beloved Ascended Masters guide and direct us in the more efficient operation of our several bodies.

With every thought, feeling, word and act, you are creating either your karma of distress, or a crown of light, for you are thinking and feeling SOMETHING every moment, waking and sleeping. How are you using each one of your bodies? What are you creating? The Violet Transmuting Flame is the merciful DIVINE TOOL which can and WILL CHANGE EVERYTHING in your world when it is used enough! But IT MUST BE CALLED INTO ACTION! It will not come forth by itself! Until all distress and limitation of every kind are removed from you and your world, do not let up for one instant in your dynamic, enthusiastic application of this activity of the Sacred Fire , through which you will one day be able to achieve the victory of your ascension into the Light!

Lesson 4
COSMIC LAW

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INTRODUCTION

Everyone seeking embodiment on a planet, and mastery over energy on a lower vibratory level, is subject to certain Cosmic Laws. These laws apply to everyone when in embodiment, or when in the state of existence called “in-between embodiments” (when not in embodiment). They apply to Ascended Masters as well, regardless of whether the particular Ascended Master gained the embodiment on the Earth, or if he is a guardian spirit, having had his origin from another planet.

Having said this, it follows that in order to reach the ascension, which is the goal of all life, we must make ourselves familiar with these divine laws and, above all, we must *apply* them in our daily lives. The Cosmic Laws we will be discussing in this lesson are called the Law of Harmony, the Law of Karma, the Law of Re-embodiment, the Law of Forgiveness and the Law of Conservation of Energy. Other aspects of Cosmic Law, such as the knowledge and mastery of the seven rays, all necessary to make the ascension, will be discussed in future lessons.

THE LAW OF HARMONY

THE LAW OF HARMONY IS ONE OF THE FUNDAMENTAL LAWS OF LIFE, UPON WHICH ALL ELSE RESTS. GOD, THE GIVER OF ALL LIFE-ENERGY, REQUIRES THAT EVERY ELECTRON OF SUCH LIFE-ENERGY LOANED TO MAN WILL BE QUALIFIED IN A HARMONIOUS MANNER. In earlier times, when all such life-energy was qualified in the amount of 100%, the indi-

vidual was eligible for the ascension. Today, mankind needs to harmoniously qualify 51% of all energy loaned to him during his many embodiments. This includes the energy given to him, both during embodiments and while “dwelling on the other side,” when not in embodiment.

Many individuals think that for energy to be harmonious, it must all be spent in devotion, prayer, ceremonial service and solemn invocations, directly concerned with spiritual aspiration. The truth is, that ALL constructive and harmonious energy is a natural expression of the God life, whether it be the loving service of friend to friend, or the constructive creation of a bench, a chair, or a garment.

A woman may be scrubbing a floor on her hands and knees, immersed in suds and water, yet her energy may be very harmonious and peaceful in that activity, and there will rise to her Causal Body every electron released in such an act. A priest may stand on an altar, in a state of rebellion, resentment or hate—and not one electron will add an ounce of energy toward his freedom!

Saint Francis of Assisi and so many Holy Ones dedicated their lives to humble service; walking the roads, serving the poor, feeding the hungry, and ministering to the ill. Saint Francis was a comforting presence, blessing life everywhere.

While harmony is the God-quality of the Third Ray (this will be discussed in more detail in the lessons of the seven rays), it is the underlying principle through which every facet of all seven rays seeks expression in the human theater. For example, an individual seeking to express God's will (First Ray) must do so employing the Law of Harmony. An individual seeking and teaching the wisdom and understanding of

the cosmic law must do likewise. THEREFORE, HOLDING TO THE LAW OF HARMONY, KEEPING AN AURA OF UNDISTURBED AND SUSTAINED PEACE, EXPRESSING SELF-CONTROL AND NOT ANGER, IS A PRE-REQUISITE ON THE PATH TO THE ASCENSION.

The ascension is not accomplished in a moment, but over the course of many lives through the bringing of the thoughts, feelings, memories, gestures, spoken words, and every activity of the outer self, into a state of sustained harmony. Then, at any moment, should the great Masters of Light desire to use you as a “conductor” of their light and through you to give some blessing to the life around you, their light will find no opposition or resistance from any impurity in your world.

After all, such “impurity” is only a lack of harmoniously-qualified energy in your four lower bodies. When the complete purification of those bodies finally has taken place, and sustained harmony is your natural way of life, then will the glories of your Causal Body flow freely through your silver cord into your outer consciousness and use; then will the Immortal Threefold Flame expand within you, filling your aura with perfume and radiance; then will you individually become those channels of love and light, prosperity, healing, peace, comfort, truth and faith, and every God-virtue which this world desires and requires so much in its present state.

The “Kingdom of Heaven” to which Jesus referred when he said that that kingdom was within you, might well be called the “Kingdom of Harmony,” for it expresses the God-quality of undisturbed, sustained peace. It allows the Immortal Threefold Flame of Love, Wisdom and Power to be

the God-authority to act for and through you. In just such a manner was the beloved Jesus enabled to instantly still the waves of the sea. As you daily practice this surrender of the outer personality to the flame within, you will find that the kingdom which is within you, will then be externalized through and around you.

Without sustained harmony in the thoughts and feelings, the pure life energy from God is unable to bring to you its blessings. *Harmony*, like mercy, love and compassion, is *not* a negative quality but a powerful and positive force belonging to the strong, and cultivated through century after century of self-discipline.

When we are in a crisis and our momentums of sustained peace are insufficient to hold a balance, we may call on an Ascended Being (such as beloved Jesus, Mary or Kuthumi), to draw the harmony of the Ascended Master Realm into our aura. Holding the attention long enough on a picture of the particular Master, and asking for the fully-gathered momentum of love, peace and harmony of the Master (which is the “nature” of a Master) will help bring these God-qualities into our experience.

Harmony, an action of divine love, requires the continuous pouring forth of kindly feelings of good will to each other. To be in a continuous state of harmony, we need to look to the God-Presence I AM and the Ascended Host of Light for guidance, protection, happiness and PEACE! Let each of us say and FEEL: “God grant us PEACE, and LET IT BEGIN WITH ME!”

A Prayer For Harmony, By Beloved Mother Mary

I come to give to you my feeling of the kingdom of harmony! Will you accept it?

Oh, Thou beloved Holy Christ Self of each and every one, I charge you in the name of my beloved son, the Ascended Jesus Christ, to command the emotional bodies, the mental bodies, the etheric and physical bodies this day, with the vibratory action of the Ascended Masters' uninterrupted harmony! Relieve and release the pressure of all outer tension. Give conviction to our presence and reality. Help them to realize the moment our names are spoken and their attention is placed on one of us, that very moment we respond!

Oh, beloved Infinite God "I AM," who has given me life, I thank you for the privilege of acting in this physical appearance world, speaking to the hearts and minds of the faithful, using them as radiating centers by which my gifts may flow to all mankind."

THE LAW OF KARMA

The Origin of Karma

At the very beginning of creation, every individual, just before his embodiment, was given the following comforting words by the Goddess of Liberty, “You are at liberty, beloved ones, to take pure and primal life-substance into the earth-plane. You are at liberty, beloved, to utilize life as you will, in the physical appearance world. You are at liberty, beloved, to call on any and all of us, as you may choose, to assist you when the momentums of energies of your own world seem not sufficient to handle conditions and to radiate the light to fulfill your divine plan.”

During the time period called, “the Garden of Eden,” there was no discord; life in all of its expressions manifested only in a perfect way. Man worked only to perfect himself on the physical plane, to bring the perfection of the heavenly realm into a lower vibratory level. Since there was no disharmony, there was no karma, and since there was no karma, there was no need for a Karmic Board.

It was only after the event called, “the fall of man” that things changed drastically, and man accumulated karma at a rapid pace. What did the Great Ones say about the Law that governs karma? Let us quote: “The glorious pure energy of God, each electron of which contains the fullness of the divine plan, continues to flow for the individual's use under the conscious direction of the I AM Presence, and for every electron LOANED to the individual, shall he render an accounting. Energy is man's to command. Energy becomes power through use, whether through the wielding of a sledge hammer, or in using the God-power almighty to build a momentum of victory, in commanding the electronic light to manifest a decree.

The Law of Cause and Effect

When the Law of Harmony is broken, this results in karma. The term “karma” is always used in a negative sense. It shows the recoil of using energy in a discordant manner. If we use energy in a constructive manner, we use the term “accumulated good.”

The Law of Karma is one of God's universal laws. It is sometimes referred to as the Law of the Circle, the Law of Retribution, or “what you sow, you reap.” What you place upon your thoughts, feelings, words, and deeds, goes through your own being and world first, and then out to the person, place, condition or thing to which it is directed, but since you are “home” to that life and energy, after it has reached its destination, it begins its return journey to you—gathering more of that particular quality or vibration with which it was originally charged. Therefore, you receive back into your world that which you sent forth, amplified, whether it was constructive or destructive.

With every thought, feeling, word and act, waking or sleeping, you are creating either your karma of distress or a crown of light.

The Law of Karma was not intended as a threat of punishment of evil-doers, but as an expression of the mathematical precision of life, that one must sow the seed of perfection in concise mathematical accuracy, that the reaping will be in exact proportion to the sowing.

It is not generally understood by mankind that as self-conscious expressions of life, each one is held responsible by Cosmic Law for every particle of this precious energy drawn

from the heart of the Godhead.

Every individual has created a certain amount of what is loosely referred to as destructive karma, in his earth life since the fall of man. This karma acts on many places, determined by which body is the chief offender in the case. For instance, the PHYSICAL BODY PERFORMING ACTS OF VIOLENCE, (acts of physical assault) releases a tremendous amount of misqualified energy that sooner or later attaches itself to the PHYSICAL BODY. Likewise, acts of discord on the *mental plane*, such as crimes of mental cruelty, result in the mental element being charged with the vibratory action and stamp of the individuals. At some future time these pressures return to the MENTAL BODY.

Individuals that perform acts of EMOTIONAL CRUELTY charge the substance of the emotional plane with certain vibratory actions which will record in the EMOTIONAL BODY of the individual.

When a discordant vibration is emitted from an individual, the distance it covers before returning depends on the INTENSITY in which it is projected, both on its outward and on its homeward journey. It obeys the Law of the Circle, and while it is absent from the aura of the individual who is responsible for its projection, it attracts to itself vibrations corresponding to its own rate so that by the time it completes the circle and returns home, it is accompanied by a good number of the same quality of thought and feeling vibrations with which it started.

The Karma Of Omission

Now there is the karma of commission and omission. Karma of commission means the use of energy in a discordant way, whereas the karma of omission means to omit something that we really should be doing. For example, if a Master has given a certain dictation that is recorded in some book and a lecturer puts this information in his own words but misinterprets the Master's dictation by insufficient study and preparation, then this is an example of the karma of omission. When the "Bridge to Freedom" Dispensation was given to beloved El Morya, the following warning was given to El Morya, "If the students do not return the energy of the dictations through study and application, you are creating karma (*of omission*) for them, and you, yourself, will have to make up that karma through application or by doing some constructive project." It was only after agreeing to this provision that the dispensation was granted by the Karmic Board. This is also the reason that the Laws of Life are given out very sparingly in the East by a Guru.

Here are other examples of karma of omission, as given by the Great Ones, "Those of you who do not now have financial freedom, one day had much wealth to contribute to God's plan, and you withheld it or used it freely for personal pleasures. Others who have limitations of mind and body had at one time perfect health and opportunity to serve God, but used those minds and bodies for baser ends."

THE LAW OF RE-EMBODIMENT

In order to familiarize ourselves with the cycle of re-embodiments, it is well to divide this subject into the following major components:

- 1) The change of garments (the death of the physical body)
- 2) Judgment and training for re-embodiment
- 3) Request for re-embodiment
- 4) New embodiment

These will now be considered in consecutive order.

The Change Of Garments

There is no death. There never was! All is life, and its eternal expression and manifestation. So-called death is just a withdrawing of the life-giving silver cord of the I AM Presence. This leaves the physical body inactive. Although the organs are still there as before, the eyes do not see, the ears do not hear, and the intelligence has withdrawn. The real self (I AM Presence) is but released of this habitat and free to enter higher realms—realms of beauty, harmony, peace. The individual just passes from this physical realm of expression into greater freedom.

So-called death is but an opportunity for rest and re-attunement of the faculties of the personal consciousness. This is to free one from the turmoil and discords of Earth, long enough to receive an inflow of light and strength, which will enable the outer activity of the mind to take up the work of physical experience again.

The individualized identity is eternal. When the outer form has become too discordant, the life releases itself. De-crepitude and death are caused mostly by misuse and waste of sex energy and lack of emotional control.

There is only one thing that ever causes what the world calls death, and that is the lack of enough liquid light within the nerve channels. This cohesive power holds together the atoms that make up the flesh-body. Liquid light is owned by, and comes only from, the Mighty I AM Presence. The outer garment is the receptacle into which this Presence pours its light for a constructive purpose and use only. When that purpose is continually interfered with, the light is withdrawn, and the flesh-body, which should be the temple of the Most High Living God, disintegrates.

The experience called death is a constant reminder of mankind's disobedience to the original God-plan, the divine way of life.

The physical body is but a garment, and the individual has just changed garments as one changes coats at the change of seasons. Being in a finer body after transition, he is much more alive than before.

At the moment when the soul is about to leave the physical body, the Great Being, the Maha Chohan, who represents the Holy Spirit to the Earth, prepares to accept the final breath. It is he who breathes the first breath into the body when the individual is born. As he accepts the final breath, the silver cord is severed, and an angel or an Ascended Master awaits the individual, functioning now in the etheric body ("soul"), and escorts it to a beautiful realm for "rest," which is the orthodox heaven of mankind's general belief.

The physical body should not be buried, but cremated. Through the purifying process of cremation, some discord in the emotional body is transmuted, which allows the individual to go to higher realms of light. Prior to cremation, the body should be held, without embalming, on ice or in cold storage for 72 hours. Whenever legally possible, an autopsy should be avoided.

In ages past, the body was placed in the Sacred Fire, and it was instantly transmuted. The substance, having fulfilled its mission, was returned back to the universal, and that was done in accordance with the great Law of Etherealization.

Invocation For The Departed

Beloved I AM Presence, Archangel Michael, Ascended Masters Jesus, Saint Germain, El Morya, and the Angelic Host, we call on the Violet Flame and the Law of Forgiveness to seize and transmute all wrong thoughtforms, human concepts, opinions, blame, and disembodied entities in and around---(Name)---. We call in the name, love, wisdom and power of the mighty I AM Presence—Creator of all there is—to take him/her to a Temple of Light at inner levels, where in this greater freedom he/she is taught the real meaning of the Law.

We enfold---(Name)---in our love, and may he/she ever be enfolded in the love and blessings of the Great Ones to fulfill the divine plan until he/she is wholly free.

Judgment And Training For Re-Embodiment

After physical embodiment, the departed individual functions in the etheric body, sometimes called “the soul.” Normally he is in a confused state of mind, and during a period of rest and adjustment, he is given opportunity to meet and communicate with friends and members of the family, also dwelling “on the other side.”

Thereafter, “the soul” is called before the Karmic Board. Here the experiences of the last embodiment are shown to the individual. He is made aware of missed opportunities and he feels remorse for the discordant use of energy. This experience is sometimes incorrectly called, “purgatory” or “hell.”

Now the individual is sent to certain realms of vibration, where he can best prepare for another earth life. He is grouped together with hundreds, or even thousands, of others on the same level of development, to receive certain training. The more he is developed in consciousness, the more attention is given to the individual. He is given as much of the Laws of Life that he is able to understand and apply. Through use of the Violet Fire, he is asked to transmute some past karma.

Request For Embodiment

After the lifestream has completed this period of training and redemption, he is again asked to come before the Karmic Board. The overall amount of karma is examined, and a certain amount of it is allotted to the following embodiment. A large amount of karma is held in abeyance to be trans-

muted at a future time. Otherwise, the returning currents would be too much to handle. So we may say “the average individual is held in a state of protection where ignorance is bliss.”

Those who are summoned before the Karmic Board, line up in groups of three. From those, one is chosen for embodiment, two are not. This procedure is repeated and additional lifestreams are chosen to achieve a balance so that all of the Seven Rays find equal expression. (Each individual expresses primarily the attributes of one of Seven Rays.)

Now, what about a chela who is close to the ascension? Generally speaking, the same steps apply, however, there are some exceptions. Such a chela is eager to re-embody, so does not stay long with his relatives. He also receives more attention from the Karmic Board. This chela starts immediately at inner levels to expiate as much karma as possible. He uses the Violet Fire extensively to transmute the karma which is located in the astral realm (also called psychic realm, consisting of the etheric, emotional and mental realm). The lesson of this, that the more we are able to transmute of our karma while in embodiment, the easier we have it on “the other side.” Let us use the opportunity at hand!

When a chela of an Ascended Master applies for embodiment, he sometimes applies to transmute an extra ordinate amount of karma. Later, when in embodiment, he does not remember this request. Facing difficult problems, he sometimes blames the Karmic Board for his troubles and occasionally, he wishes he were one of those who was denied embodiment. Therefore let us not stand in judgment of any-

one. We cannot compare an individual who has a happy, serene, harmonious life with a chela who has a difficult and rocky road, full of ups and downs, since we do not know how much karma is transmuted during a particular embodiment.

When in embodiment, for the most part, the chela must rely on his own self-effort to redeem his karma. There will be assistance from a Master. However, the Master will not allow himself to be used as a leaning post. The student may be “on the path,” but this is insufficient reason to take away his karma.

New Embodiment

Re-embodiment is a TRUTH, and the only logical explanation for the many apparent injustices which can be seen around us. When you observe fine, constructive people going through very difficult situations, while others who do not appear to be living in such a constructive manner seem to be enjoying all the good things of life, you may be sure that there is no mistake, but that each one is meeting up with the effects of previous causes set up somewhere in the past, of which they have no memory. The way they react to the present set of circumstances will determine what they will experience in the future. If they are able to BALANCE this debt by desiring within themselves to render a SERVICE to the other individual, and thus dissolve any of the hard feelings, they are thus cutting themselves free from the debt. But if they are unable to do that, life will bring them together again in closer and closer association until that is accomplished.

Most people are brought together for the sole purpose of balancing these forgotten “debts” of the past. Where there is an attraction of love and harmony between individuals, it is certain that they have worked in harmonious association before, and thus are able to expand that much-needed quality into the world. Whenever there is a feeling of resistance or of “being on guard” when you meet an individual, these feelings could be remembering past associations of a discordant and unpleasant nature.

God is a God of Love—a GOOD GOD—and therefore he would never send forth his children with half of them enjoying love, beauty, joy, supply, and everything that is good, while the other half is stricken with disease and condemned to the sordid things of life. Even good human parents do not discriminate between their children in such a manner, and it is a certainty that God, who is ALL LOVE, would not differentiate and condemn part of his creation to a life of misery.

As an example, let us say that there are two children born under seemingly equal circumstances. One becomes an outstanding citizen in his community, the other turns to a life of crime. Each had equal opportunity, but one chose to follow the God-promptings which he had received lifetime after lifetime, thus living up to the best that had been built into his character. The other chose to ignore the God-direction from within his own heart and turn to a life diametrically opposed to God. Much energy has been qualified by these individuals in that lifetime, much good and much bad. Now, in a later life, these two individuals embody under the circumstances WHICH THEY HAVE CREATED—possibly one in a cultured family of great affluence, the other in the so-called slums. The outer mind would ask why, but the Law of Life

makes no mistakes. It is based on justice for everyone, according to causes he has set up in his world. Man must learn that only GOOD comes from God. ALL DISTRESS is of man's own creation, for it is NOT GOD'S WILL for ANY of his children to suffer, but when they do, it is the result of their own misuse of the life energy that is LOANED to them by God.

This accumulation of distress in each one's world has gone on for millions of years, and without some means of mitigating those destructive causes which have been set up, the reaping can be excruciating, indeed. Fortunate are all who find and USE the DIVINE TOOL which has now been provided for them. (See the discussion on the Violet Flame and the Law of Forgiveness in the lesson, "Daily Application.") The Violet Transmuting Flame is a merciful DIVINE TOOL, which CAN and WILL CHANGE EVERYTHING IN YOUR WORLD when it is used enough! But IT MUST BE CALLED INTO ACTION! It will not come forth by itself! Until all distress and limitation of every kind are removed from you and your world, do not let up for one instant in your dynamic, enthusiastic application of this activity of the Sacred Fire, which will eventually set you free!

The Karmic Board

The Karmic Board meets every year at the end of June and at the end of December, and has so for a long period of time. At that time, petitions that may benefit the spiritual development of the human race, are courteously heard. Petitions may be submitted by Ascended Masters and by students. Students wishing to submit petitions should write them down in ink (this makes an etheric record) during the

period of June 16 to June 20, and December 16 to December 20, and project them in consciousness to the Keeper of the Scrolls at the Teton Retreat.

Here they are placed on a gigantic bulletin board. Later, they are discussed and perhaps intermingled with other petitions by Masters and students. They will be acted on by July 4 and January 4 by the Karmic Board. Which petitions are given preference? THOSE THAT ARE BACKED BY THE LARGEST AMOUNT OF ENERGY. (The student must be prepared to offer additional energy of application, such as decreeing, during the time-period ahead. Additional details on the subject of “petitions” may be found in the Bridge to Freedom Journals). Cosmic Law may not be superseded, except in exceptional circumstances, and even then there must be a good reason.

The Karmic Board itself is subject to the Law. It does not have the prerogative to allow only chelas to embody. The masses must also come in for spiritual development and mastery. So we may say that the members of the Karmic Board are not beings waiting to mete out punishment. Their service to God is to find ways and means by which each soul can be given the greatest opportunity for spiritual progress, to balance his debt to life, to control energy and to complete the goal of all life—the ascension. The tremendous fear and dread which the orthodox world has induced in mankind concerning the day of judgment is unfortunate, indeed, and without warrant. It is primarily built on the fact that very few individuals live up to their promises to the Light, and therefore are their own judgment. The Karmic Board is a merciful body of helpful intelligences, not a scourge to punish the bewildered lifestream.

The members of the Karmic Board are: Portia (Goddess of Justice, Spokesperson for the Board), the Goddess of Liberty, Nada (Goddess of Love), Pallas Athena (Goddess of Truth), Elohim Vista, Kwan Yin (Goddess of Mercy), and the Great Divine Director (Manu of the Seventh Root Race).

To sum up, man must learn who he is, must recognize that he is a creator, and as such, he must become master of all that he creates. As a creator, he must consciously control his thoughts, feelings, words and actions on a daily basis. Cosmic Law is a stern teacher, and the Law does not apply itself. All creation is a self-conscious effort, and if the individual upon whom this great gift of life has been bestowed, refuses to take the responsibility to do his duty, his experiences will prod him with misery until he does. The spiritual progress of each individual is strictly determined by self-merit.

THE LAW OF CONSERVATION OF ENERGY

According to the Law of Conservation of Energy, all primal substance (divine energy) must be used wisely. Therefore students should control their speech. Idle chatter and gossip is a waste of God's energy. There is a German proverb that speaks to this. It goes like this, "Bedenke wohl, bevor du sprichst, ob's nötig, wahr und nützlich ist," ("Before you speak, evaluate if what you are about to say is really needed, useful and truthful").

Another example of this Law applies to dispensations. Dispensations are a special grant by the Karmic Board of a stockpile of divine energy granted to a particular Master, enabling the Master to give additional teachings of the Great White Brotherhood through a specially-trained messenger. These stockpiles of energy are given on the average only once a century. If the energy of such a dispensation is not balanced through impersonal service (decreeing, visualization, songs) then the Masters have to withdraw their support and radiation. Likewise, the dictations of the Great Ones need to be distributed on a basis as large as possible, so that God's precious energy may be returned through daily application by the student body.

Knowing the law, the next step for the student on the path is to APPLY the message in his daily life. Studying and knowing the Law is a necessary first step. This must be followed by PRACTICAL APPLICATION AND SERVICE TO MANKIND AND THE BROTHERHOOD.

VICTORY – BELOVED FRIEND

1. To Victory, beloved friend,
Our gratitude and love we send
For answering our Saint Germain,
Bringing Earth God's victory in
Freedom's name!

Chorus:

Oh Victory, our Victory!
Thy golden flame is mastery!
Love's full forgiveness we would be,
For love alone is victory!

2. From realms unknown to us below
Thy precious gifts and blessings flow.
Transmuting shadows in the light,
Thus our Earth you're raising unto
Heaven's height!

3. From Venus, star of love and light,
Come heaven's help by Victory's might.
Now raising Earth on golden flame,
Forgiving all in freedom's name!

4. And one day, when my course is run,
One day, when all has been said and done,
That day, please God, I shall ascend,
And spend eternity with him —my friend!

Final Chorus

Oh Victory, my Victory!
At last my Presence has called for me!
Love's divine plan fulfilled to see,
Ascending—I AM victory!

Melody: He Leadeth Me—Hymn

Lesson 5

DAILY APPLICATION

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THE NEED FOR DAILY APPLICATION

The beloved Ascended Master Jesus, in recalling his mission 2000 years ago, said to the students,

“My ministry was one of action. Every day before leaving my home, great numbers of people would gather to receive relief from all manner of discomfort and disease of mind and body. Very few came to learn the technique which enabled me to alleviate their distress. I NEVER, NEVER went forth to serve UNTIL I HAD FIRST ANCHORED MY CONSCIOUSNESS in the feeling and presence of God. Only when I had contemplated God and firmly established my unshakable faith, that indestructible fortress of God's power and omni-presence, would I endeavor to convey that consciousness of God's goodness through words and works to my fellowman.”

Now, if a being with the spiritual development of Jesus had to do application on a daily basis, should this not apply to us, also?

Daily application shields us from the various negative influences that surround us. We live in the psychic realm, a realm filled with the negative thoughtforms of the ages. These negative forces attempt to influence our spiritual development. Therefore, daily application, namely, attunement to our I AM Presence and the Ascended Host, decreeing, applying the tools of grace (the Violet Flame and the Law of Forgiveness), contemplating (becoming still and filling our hearts with joy and gratitude for God's blessings), is the secret for opening the door to the fulfillment of our divine plan.

Daily application results in additional blessings. As we

decree for perfection for ourselves and for all mankind, and purify our four lower bodies with the Violet Fire and take control of thoughts and feelings, such purification makes us conductors, which enables the Heavenly Host to pour their radiation to the Earth through us. That radiation then pours out through the atmosphere and touches and helps purify every person's four lower bodies.

Some people ask, "Why do we need to give energy through decrees and visualizations to the Ascended Masters, when they are more powerful than we are and can do anything without our help?" In answering this question, it should be pointed out that, according to Cosmic Law, mankind has full authority over the sphere of consciousness (the lower realm) in which it abides. Therefore, the Ascended Masters cannot enter our sphere of activity and become active there without our invitation.

THE SCIENCE OF INVOCATION

Correct Usage of Decrees

The Bible says, "Thou shalt decree a thing, and it shall be established unto thee." Invoking the powers of God has been practiced on Earth ever since the time when the "holy innocents" (first inhabitants of the Earth) first accepted the hospitality of the planet. After the so-called "Fall of Man," much of this power of invocation was misused by those who called themselves priests, and much of the destructive activities called forth are still with us today. Now, through God-invocation, the students may undo much of the terrific chaos created by the wrong use of the power of decreeing. There-

fore, the learning of the Science of Invocation is essential to redeem personal, and planetary karma in this hour of world crisis!

Invocation of the God-powers is a true science. It must be learned carefully and methodically. The decrees have been consciously presented to man's intellect in order that he might use them as a balance for the misuse of the spoken word and for imperfect thought patterns created by himself and others. In order to shatter these thoughtforms, it is necessary to use energy vibrating at the same rate—but constructively qualified. In other words, a thought pattern created by wrong speech, must be broken by a vibratory action of CORRECT SPEECH .

The basis of any decree pattern is REPETITION. This is based on the fact that we have misused in many prior embodiments, so much energy through the spoken word, and CHARGED AND CHARGED that into the mental, emotional and etheric bodies. Hence, we have solidified qualities of a negative and destructive nature within them. Now, to requalify the energy in these bodies and the physical body, we have to release the type of energy which will blaze into them and SHATTER those patterns which we have set up through the use of the spoken word .

Let us see what is the inner action that takes place during our decreeing. Jesus tells us that when a group of students gathers together for a meeting, a great Master Presence or deva stands within the atmosphere. As the decrees, fiats, and songs go forth in a fairly rapid but balanced tempo, the rate of vibration of the atoms making up your physical and inner bodies increases, and there is thrown off much

misqualified substance, which is instantly transmuted by the Great One in charge of the meeting.

When a fiat or decree is made in the name of God “I AM,” that decree lives ETERNALLY. This is because it is ensouled by some God-free intelligence, angel deva, cherubim, seraphim, or elemental, and those beings use that decree and keep it in living, pulsating form for the benefaction of the race. When a group or individuals with sincere intent and God-desire to help mankind gather together and give forth any type of constructive call, visualization or decree, to such a group there are always sent specific angels and devas who are so happy in that release of energy, that they keep it sustained and constantly active, long after the individuals have forgotten that they made the calls.

Are we invading somebody's privacy by decreeing, and are we taking away his free will? No, because it is our divine right to see perfection in any situation. If the person is ill, ask the Ascended Host and your I AM Presence to help you to see the perfectly healthy person. This is called holding to the Immaculate Concept of man—to see him as God made him, in His image and likeness.

Beloved Saint Germain said, “The activity of decreeing for ourselves and for mankind, and all life in general, is a tremendous privilege of God's merciful love. It enables God's promises to be fulfilled, for it is in accordance with his own great Law. Gratitude for such an opportunity will give greater blessings in each one's daily life, and life, itself, will bless and thank those who love it enough to decree it free!”

THE USE OF THE WORD “I AM”

The word “I AM” is the CREATIVE WORD OF THE UNIVERSE, used by all God-Beings EVERYWHERE for that purpose—not just on Earth! When a call is made using the word “I AM,” this is a signal to intelligent life to create. LIFE, WHICH IS INTELLIGENT, WILL OBEY YOU. The call compels the answer! It always has!

Every creation that lives in your world, constructively or otherwise, is the result of the obedience of life to your command, somewhere upon life's way. Turn to the constructive, positive, conscious use of the powers of the creative words, “I AM” and PROVE TO YOURSELF that intelligent life will manifest ACCORDING TO YOUR DECREE. There is no greater teacher than one's own experiences!

“I AM” is God's very own, most sacred and holy name—so said Moses long ago. Jesus learned the power of the creative word “I AM” and used it, enjoying the buoyant, uplifting feeling of the constructive use of any statement preceded by the words “I AM.” For example, he used the statement, “I AM the resurrection and the life.”

When you have said for centuries, “I am helpless, I am sick, I am distressed,” you have built into this etheric garment, into that which the world calls the sub-conscious, certain deep grooves of energy. It is a consciousness which has accepted that which you have decreed for yourself for millions of years. You have done the same thing with your emotional body and your mental body through the misuse of life.

Now is the opportunity for the chelas of the Great White

Brotherhood to teach mankind that when using the creative words “I AM,” they should always be followed by a positive and constructive statement.

As there is no limit to the powers of the God-protection that can be called forth, and no limit to the transmuting power of the Cosmic Christ Love, YOU HAVE EVERYTHING AT HAND by which to draw forth, protect and sustain your God-endeavors.

When you become really advanced in your spiritual growth and development, you become the master of any situation. Then in one word you can say to the flood, “STOP!” You can say to the great earthquakes, “CEASE!” You can say to volcanic eruptions, “BE STILL,” and it will be done!

RELATIONSHIP TO THE I AM PRESENCE

Now, as we renew our acquaintance with our I AM Presence and the Ascended Host—an association we may not have had for many ages—we should remember that it will take many years before this channel of communication is cleansed of the creation of centuries of discord. This may be compared to trying to establish a link with a distant radio-station. There is a lot of static, a lot of interference.

Be aware that the voices of our four lower bodies, whose conglomerate voice is what we call our consciousness, may wish to tell us how great we are. For example, the moment Mr. Ballard explained the I AM Presence to the students in the 1930's, some students told the other ones,

“Oh, I am listening to my I AM Presence and my I AM Presence told me you should do this and you should do that!” Remember this, dear students, typically the I AM Presence and the Ascended Host talk only to you. Whatever the message, whatever the prompting, it is meant for YOU and YOU alone. Only in the rarest of circumstances does the Ascended Host employ another person to address something that you should do! We have to tell all voices influencing our consciousness, that from NOW ON, THE I AM PRESENCE, AND NOBODY ELSE, IS THE MASTER CONTROL!

Through daily invocation with our I AM Presence we recultivate our association. We are renewing the type of association we may not have had for over one million years. Let us determine to be the outpost of our glorious I AM Presence now!

THE ART OF GIVING DECREES THAT WORK

The efficacy of a decree is determined both by the amount of FEELING and CONVICTION that is released by the chela through it and the CLARITY OF THE PICTURE held in the mental body, which actually forms the pattern around which the physical energies of the worded fiat coalesce. Without positive feeling and conviction, the decree cannot manifest. There can be no doubt in the feelings about the results of a decree.

How should a decree be given? Typically, a decree given mentally (silently) is not as effective as a decree that is spoken. However, a decree, given silently, that is CHARGED with

a POSITIVE CONFIDENCE and FEELING of the God-power Almighty, is more powerful than a loud shout where there is no confirmation in the feelings. The VOLUME of sound released is not as important as the QUALITY of the sound. It should be remembered, however, that while decrees may be given silently or aloud, they should never be whispered.

Some individuals can, by nature, be extremely positive in the use of a low, masterful tone. Others cannot convey feeling except by the exertion of a measure of physical force, which gives assurance to the lifestream of accomplishment. Here, freedom is the order of the day.

What brings to the decree its power? It is the ability of the student to VISUALIZE THE DECREE. THIS FORMS MORE THAN 80% OF THE POWER IN THE DECREE. This means you cannot give the decrees so fast that you cannot visualize them! The *interest* of the student must be behind the decree, and his energies must be *positive* and *controlled*, if he is to have results of a positive nature. So then, to materialize a decree we need FEELING, CONVICTION AND VISUALIZATION!

We may ask why it is necessary to repeat some decrees or parts of decrees three times? Over the centuries, we have built up solidified negative etheric patterns, through negative statements. ONE AFFIRMATION alone from your lips is not going to shatter and transmute these patterns! You must use repetitive decrees with a positive radiation, which act like a battering ram, opening the gate for the perfect patterns of the future!

When a decree is repeated three times, it reaches first the physical consciousness, then the Christ Self, and last, the

I AM Presence. Then they are all in one accord—agreed upon the bringing forth of the same manifestation. Also, repeating a decree three times by the student builds up his confidence and conviction for the manifestation of the decree.

Decreeing should preferably be done, three times a day and at a very minimum, two times daily, namely, early in the morning and at night. This is more important than decreeing once a week for a longer period. Why? Because then the Law of Rhythmic Application, doing things again and again at the same time interval, comes into effect. It is the nature of high vibrations to rise, and in order to use them in the lower realms in which we abide, these vibrations need to be drawn down as often as possible. Hence, we need to decree several times within a 24-hour cycle.

It is best to continue with the decrees given in a decree book. Here we tie in with hundreds of others doing the same decrees. This builds a tremendous momentum for the success of the decree. Once starting certain decrees, it is most efficacious to repeat the same decrees on a daily basis for the same reason. Repeating the same decrees each day strengthens the resulting thoughtform. On rare occasions, however, we may find it necessary to make up a new decree to meet a world or a personal situation. Let us be not afraid to do this—regardless what others may say! You have the power and authority to use all of your God-given creative abilities at any time, but be always ready to admit where you got them from!

Short, clear, rhythmic decrees are a must, rather than long statements. We must be able to clearly visualize what

we say. It is not possible to visualize if the statements are too long or the decrees are given too rapidly. Some decrees end with a short, snappy ending, such as “Do it today! Do it to stay!” seals the decree in the feelings of the students, as well as in the conditions which need to be transmuted.

Give good, short-phrased, rhythmic decrees, add your feeling, conviction and visualization, and let the momentum build!

STRUCTURING DECREE PATTERNS

Each decree consists of several essential elements, which should be given in a certain order. Let us now discuss the structure and sequence of the major components of a decree. This will be followed by a suggested outline for giving the daily decrees.

Step 1: Become still and CONTEMPLATE YOUR I AM PRESENCE. Pour love and gratitude toward it. Your I AM Presence is your individual God-Self, which has sustained you throughout the ages, and it is sustaining you NOW. Your connection with your I AM Presence is through the silver cord, which is anchored in your heart. Remember, one day you will ascend to this glorious I AM Presence and you will become ONE with it. Ask your I AM Presence to become the active presence during this day, guiding your very steps. Then, feel yourself filled with light. Realize that all of God's perfection is waiting for you to draw it forth.

Step 2: GIVE THE MASTERS THE AUTHORITY TO ENTER YOUR WORLD. Unascended mankind has reign over this plane of existence. The Ascended Host is allowed to enter

this realm only upon the invitation by mankind. We give the authority to the beloved Ascended Master Saint Germain, the director of the current 2000-year cycle, to beloved El Morya, who gained the “Bridge to Freedom Dispensation” and the Maha Chohan.

Step 3: Give a PREAMBLE (opening) to your spoken decrees. Call on your I AM Presence and the Ascended Host. It is of advantage to call on those Ascended Masters who are specialists in one particular field. For example, when calling forth the Violet Flame, call on beloved Ascended Master Saint Germain, Archangel Zadkiel and Amethyst, his twin-flame.

CALL FOR PROTECTION for yourself, your loved ones and all sincere, committed seekers of truth. Around your I AM Presence, see a protective pillar of light. See this white pillar 9 feet in diameter around you. It will protect you from the imperfect thoughtforms floating in the atmosphere of Earth.

There are living, pulsating discordantly-qualified vibrations (entities) around us. The Masters pointed out that we are only aware of a small fraction of the conditions and things that surround us and influence us. This discordantly-qualified energy moves like a whirlpool of energy, emanating destructively-qualified radiation. These are the “causes and cores” of centuries of misqualified energy by mankind.

In order to be protected from such negative influences, we can call either on Archangel Michael's Sword of Blue Flame, or we can call on beloved Astrea to lock her Cosmic Circle and Sword of Blue Flame around such a “cause and core” and to eliminate it. If you do this, what will happen? Through beloved Astrea's great assistance, the motion of the

whirling center within that “cause” is stopped and the radiation of the destructively qualified energy ceases to be.

Therefore, never, under any circumstances, start your day without calling the Protective Pillar of Light into action.

Step 4: Call on THE LAW OF FORGIVENESS: One can readily see that during the hundreds of embodiments we have had in the past, we have misqualified a lot of energy. The very fact we are here on Earth today shows that we have misqualified over 50% of the energy ever allotted to us. Through divine grace there is a tool available to us that we can call on to lessen the karmic debt caused by our wrongdoings. This tool is called the Law of Forgiveness and it should always be stated before issuing the Violet Flame Decree.

Saying, “I AM the Law of Forgiveness for myself and all mankind, for all misqualified energy,” (see full decree in next section) several times a day, will eventually bring a lightness to your being and world which you never thought possible. Remember, you may have harmed not only people in the past, but also birds, animals, and other forms of life. You may have misused the beings of the elements of earth, water, air and fire—all of which have intelligence and are endeavoring to evolve into ever-greater perfection.

When the decree is accompanied with the actual FEELING OF FORGIVENESS for your own mistakes and those of all mankind, this will result in tremendous assistance, not only to mankind, but to yourself.

Now, knowing about this Law of Divine Grace, should we not, in turn, forgive those who trespass against us? Mother Mary was asked one time, “How can we progress spiritually

by leaps and bounds?” Her answer was, “By forgiving all those who have wronged you.”

Step 5: USE THE VIOLET FLAME. Almighty God, in his great mercy and compassion, has given us, for our use, a mighty, powerful ERASER of misqualified, imperfect energy. This is the Violet Transmuting Flame.

Until a short time ago, the knowledge of the Sacred Fire was known and taught only in the retreats of the Ascended Masters throughout the world, but because of the short duration of time in which certain things must be accomplished, it has been brought into the outer world, where ANYONE can know of it, use it, and experience the freedom which it brings.

Under the action of the old Occult Law, the redemption of misqualified energies—whether registered on the physical, mental or emotional body—was through suffering and disease. The Occult Law was set aside in 1930 by the Cosmic Being Victory, and this energy can be redeemed and set free through the use of the Violet Flame. This is God's Law of Grace in action.

The Violet Flame is a current of energy which has been qualified to seize imperfect energy and transmute it, so that it may be charged with PERFECTION once again. It is an activity of love, mercy and compassion, which can dissolve the CAUSES set up by mankind, whose effects would be most distressing. Unless mankind can come into this understanding and consciously USE this Violet Fire, they will have to meet up with these causes, that bring such suffering into the world.

When you call daily to your own God-Presence I AM, and to the Ascended Master Saint Germain to BLAZE this Violet Transmuting Flame through you, it will then begin the removal of the miscreations in your emotional, mental, etheric and physical bodies, and you will experience a lightness and buoyancy in your feelings, a clearness in your mind, and a change in your physical body. Some students SEE this Violet Fire as they call it into action in their worlds; others FEEL it, but whether you do either or not, it is doing its perfect work, once it is called forth. It may seem to be invisible, but all the great powers which we use in our daily lives are also invisible. You do not actually SEE your life-giving silver cord, or electricity, or love, or hate, but you DO see their effects, and regardless of whether or not you are able to see these things, or feel them, they are very real to us all.

Everyone has had more than one hundred embodiments, and all of us have accumulated a great deal of karma. Since, as students of the light, we know of the Violet Flame, the Cosmic Law expects us to use that flame. Karma is returning to the students at a much faster pace; some of it is returning AT LEAST ONCE A DAY. Therefore, USE THAT FLAME OF MERCY at least twice, or better, three times a day.

It is best to use that Violet Flame twice or three times a day for a short period of time, than to use it a half-hour one day and then not use it the second day.

The accumulation of distress in each one's world has gone on for millions of years, and without some means of mitigating those destructive causes which have been set up, the reaping can be excruciating, indeed. Fortunate are all who find and USE the DIVINE TOOL, which has now been provided for them. The Violet Transmuting Flame is the merciful, DIVINE TOOL which CAN and WILL CHANGE EVERY-

THING in your world when it is used enough! But IT MUST BE CALLED INTO ACTION! It will not come forth by itself! The use of the Violet Transmuting Flame and calling upon the Law of Forgiveness are the most efficacious ways of preventing discord from acting in your world. When enough of mankind make use of these activities, they can prevent distressing things from happening all over the Earth.

At the end of each year, there is established over the Royal Teton Retreat a lake of Violet Fire called "The Violet Fire Cauldron." This "Violet Fire Cauldron" serves to redeem karma from unintentional action committed during the past year. The lake itself is 1000 feet in diameter. On the last days of each year, everyone is dipped into the "Violet Fire Cauldron" once. Students of the light, who know of and accept this action of Divine Mercy, may apply to be bathed several times, for additional benefit.

On May 1, 1954, Saint Germain was placed in charge of this 2000-year period, known as the "Cycle of the Seventh Ray." This cycle is to be known as the ERA OF FREEDOM. Already we see the effect at this special time in our history. The rule of many dictators has come to an end and people in many parts of the world, especially those previously controlled by communism, are experiencing greater freedom. It will be beloved Saint Germain's gigantic mission, during the next 2000 years, to set free EVERY PART OF LIFE. It can be accomplished if sufficient individuals and groups desire to assist in the dissolving of that human creation, which is trying to smother the light in so many of mankind.

The doctrine of "eternal damnation," which was brought forth to control the people through fear, superstition and blind obedience, IS NOT TRUTH! Whatever the sins or past mistakes, whatever the causes of impurity and imperfection

that have been set up, THERE IS A CONSCIOUS WAY of transmuting those errors and thus be free of them. It is the DAILY USE of the Violet Fire of Love, Mercy, Forgiveness and Transmutation!

Step 6: ASK FOR YOUR ASCENSION. This keeps us focused on the goal of all life, which is to make the ascension at the close of this embodiment.

Step 7: A period of silence, sending love and gratitude to the Ascended Host, the angelic kingdom, the elemental kingdom, each ones ministering angel and the body elemental. The picture and the keynote of an Ascended Master are the two most powerful means of attunement.

This period of contemplation is intended to complete the service by accepting the energies invoked. Become still, feel relaxed and let go of any tension.

THE POWER OF THE SILENCE

The need of the sincere student is to become STILL often, throughout the course of the day. This allows the energy, directives, radiation and powers of the God-Presence—"I AM"—to flow into and nourish the four lower vehicles and the outer consciousness. In the East, the practice of concentrated meditation upon the Supreme Source prefaces all activity. In the West, where the requirements of each hour seem to demand the attention and energies of the student, this period of spiritual communion is often neglected and confirmed by the self-righteous feeling that the service is so great, that there is literally no time to "be still and KNOW that I AM GOD"!

Individuals feel that the demands of the four lower vehicles, their appetites and promptings, are the urging of the inner Presence, and this delays the contact with the I AM Presence and the correct recognition of its directions. The sincere student needs to purify and discipline these vehicles to their proper position as SERVANTS of the I AM Presence. This can best be done by stilling the energies of the mental body, by quieting the surging sea of the emotional world, by refusing to allow the etheric body to bring up past failures and disillusionments, and by disciplining the physical body. Of course this takes time, patience, constancy and strength. When this is accomplished, then and only then, may the “still small voice” of the I AM Presence be heard.

The Ascended Masters tell us that the invocation of the I AM Presence and the Ascended Host of Light is essential to magnetize a direct current of their energies through us. However, there comes a point where the individual, having made the necessary application, should REST IN THE SILENCE.

The beloved Ascended Master Jesus has said, “During my ministry, as well as in the world today, mankind requires so much assistance. There is a tendency to rush forth to serve, without the necessary period of 're-fueling' at the cosmic fount. You will remember that I often 'went into the hills to pray.'“

The beloved Maha Chohan said, “I smile when I see the mankind of Earth so intent upon travel and vacation, when they may go into this inner realm on a breath and come back more restored than any resort, physical sunshine or water spa could manifest for them.

“Dear Children of my Heart, I implore you to enter deep,

deep, deep into the heart of the Silence and KNOW for yourselves the fullness of life that is there for your health, enjoyment, prosperity, and peace!”

Saint Germain added, “The upward-reaching of the outer consciousness through prayer, invocation, decree, visualization and song IS ONLY ONE-HALF OF THE PERFECT SPIRITUAL EXERCISE, which should be consciously employed by the students. The ACCEPTING of the energies invoked, through controlled, receptive, alert vehicles COMPLETES THIS SERVICE. TAKE TIME TO BE HOLY!”

SUGGESTED DAILY DECREES AND CONTEMPLATION

Give your attention to your I AM Presence. Pour your love and gratitude toward it. Ask the Presence to guide you this day. Then give, with deep feeling, the following decrees:

1. In the name of my I AM Presence and in the name of all mankind, I give now full authority for the Earth and all world conditions to the beloved Ascended Masters Saint Germain, El Morya and the Maha Chohan to bring into manifestation the divine plan fulfilled!

2. Beloved Mighty I AM Presence and beloved Archangel Michael, intensify your protective pillar of pure light substance through and around me, charged with your invincible protection, all-powerful and impenetrable.

3. Mighty I AM Presence, Angels of Blue Flame and beloved Ascended Lady Master Astrea, LOCK YOUR COSMIC CIRCLE AND SWORD OF BLUE FLAME in, through and around

all of the causes and cores of misqualified energy around me and all mankind. Seize and render this energy ineffective. Illumine! (3) the source and see that this energy may not encroach upon life any longer.

4. I AM the Law of Forgiveness for myself and all mankind for all mistakes, misqualified energy, and for straying from the Light. (3)

5. Mighty I AM Presence, beloved Ascended Master Saint Germain, Archangel Zadkiel and Amethyst, blaze through and around me the Transmuting Violet Flame, thy Sacred Fire. Purify and transmute all energy ever misqualified by me. Keep this flame sustained and powerfully active.

6. Mighty I AM Presence, you direct my activity, world and affairs! Take full command of me, guide and illumine me every step of the way. See that I render the greatest service possible. See in your wisdom that I make the ascension at the close of this embodiment. I AM the ascension manifesting! I thank you, beloved I AM.

Play keynote of an Ascended Master. Become still. Send love and feelings of gratitude to one or more of the Ascended Masters, use his/her picture. CONTEMPLATE THE CONSCIOUSNESS, NATURE AND FEELINGS OF THE ASCENDED MASTER. Thank him for his assistance now and during the day. Send love and gratitude to the angelic and elemental kingdom, including your ministering angel and body elemental. On the return current, accept the energies radiated to you.

BLEST VIOLET FIRE

Blest Violet Fire of Freedom's Love,
Oh, Blaze and Blaze and Blaze!
Blest Sacred Fire from God above,
All raise, all raise, all raise!
Descend! Defend! Transmute and dissolve!
Now free the Earth by fiery love!
Blest Violet Fire in Freedom's ways,
Oh, blaze and blaze and blaze!
Text and melody by a student

HELPFUL “I AM” STATEMENTS

This is the day the Lord has made. It will be a day where I will express the virtues of God in all of their beauty and perfection.

I AM at one with the heart of God and I will constructively qualify the life energy given to me today.

I AM at peace and I AM expressing full and perfect harmony, knowing that the Ascended Host will protect and guide me and fulfill my every need.

I AM the mighty victorious Presence helping me to manifest perfection in every situation I will be facing today.

I AM determined not to give attention and power to the appearance world, and I will try to be porter at the door of thought and feeling. I insist that man is potentially divine. For all that which I AM ready to receive, I AM deeply grateful.

MIGHTY STATEMENTS OF JESUS

I AM the Resurrection and the Life of my perfect health!

I AM the Resurrection and the Life of my limitless strength and energy!

I AM the Resurrection and the Life of my limitless supply of money and every good thing!

I AM the Resurrection and the Life of my divine plan fulfilled.

CALL FOR EXPANSION OF THE TEACHINGS

I AM the victory of the expansion of Saint Germain's
CAUSE OF FREEDOM!

Mighty I AM Presence, see that the books of the original
teachings of the Great White Brotherhood are translated into
foreign languages and distributed all over the world! See
that all who are ready to accept this beautiful teaching have
the opportunity to do so!

Mighty I AM Presence, beloved Ascended Masters Saint
Germain, El Morya and Pallas Athena (Goddess of Truth),
draw all to this teaching who can be benefited, and render
the service so necessary in this moment of crisis!

LIGHT DESCEND DECREE

In the name, power and authority of the Mighty I AM Presence, beloved Helios and Vesta, the Goddess of Light, the Maha Chohan and the powers and Legions of Light throughout infinity—

I invoke the Light of God that never fails and the cosmic peace that passeth the understanding of the human mind. Into every nation of the Earth, I command into action here and now:

LIGHT DESCEND! LIGHT DESCEND!

LIGHT DESCEND, DESCEND, DESCEND!

LIGHT DEFEND! LIGHT DEFEND!

LIGHT DEFEND, DEFEND, DEFEND!

LIGHT COMMAND! LIGHT COMMAND!

LIGHT COMMAND, COMMAND, COMMAND!

LIGHT I AM! Light I AM!

LIGHT I AM! I AM! I AM!

Give this decree 3 times. Then instead of “Light,” say “Peace” and “Love.”

Lesson 6

ANGELS AND ELEMENTALS

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THE ANGELIC KINGDOM

The angelic kingdom consists of archangels, seraphim, cherubim, angel devas and angels.

Angels are wholly pure and perfect beings, growing in size and capacity through service. Their service is to mankind, and it extends to an individual in embodiment as well as out of embodiment (dwelling in heavenly realms).

Angels have golden or light-colored hair, and are extremely beautiful. They are imbued with a particular God-virtue by a Divine Being, and they radiate that quality to a person or condition that needs assistance. There are angels of faith and protection, wisdom, divine love, purity, consecration, healing, peace, invocation, Violet Flame, Blue Flame, Pink Flame, and of the other God-virtues. They carry the virtue of the being who created them.

May mankind some day know what the angels and the devas have done in their conducting of the radiation of heaven through the lower atmosphere of Earth, making the very physical breath, breathed into the nostrils, life-giving rather than filled with the actual poison which would destroy the physical form!

As angels perform and manifest their divine plan, they need not labor. They just shine. They are embodied obedience. In silent, willing, and joyful obedience, they respond instantly to a call. Angels guard energy and radiate energy. In guarding energy, they wrap their divine love around a stream of energy, so that it does not dissipate, and so no destructive force can use it. For example, ceremonial angels collect and guard the energy that is constructively qualified

by the students at a class meeting.

Elementals *create* forms—angels *vitalize* the form through feelings. While elementals respond and mirror the THOUGHTS of mankind, angels respond to FEELINGS (emotions). Unlike elementals, members of the angelic kingdom do not take on and express human qualities when serving mankind. However, when the discord is too great, they may be unable to withstand the strain and hold their virtue, thus becoming deficient in their radiation. Then they return to a temple within the seven inner spheres, where they are recharged and imbued with the quality they are destined to radiate.

THE EVOLUTION OF AN ANGEL

Angels evolve both through association with the elemental kingdom and mankind. They also evolve through the guarding and controlling of energy. Through such service, angels may become cherubim, seraphim, archangels, and finally, great beings who guard and protect planets, galaxies, and large systems of worlds yet unborn.

The Archangel Jophiel works with the angelic kingdom in his temple, where the smaller angels are taught how to draw radiation, and how to radiate a feeling. The deva or teacher in charge will radiate a feeling—perhaps of faith. The color and power of this quality passes from his body and is instantly re-created in the feeling worlds of the little angels who disport themselves in it and absorb its quality and virtue—and they are happy.

As they grow, they go a short distance from the temple and the quality of the virtue they have absorbed passes from their bodies without any restraint or control—making little sparkles of light of the quality and color of the feeling. When they learn to hold the virtue for a longer period of time, they are then assigned to some deva or member of the angelic kingdom who is about to proceed into the lower atmosphere of Earth. They are asked to hold the quality (faith or whatever it is) WITHIN THEMSELVES until the angel points out some lifestream on Earth in need of that quality, and then directs them to pour it forth.

Sometimes they are able to hold the radiation, and sometimes they are not able to do so, for they are in training. If they are able to follow through, they may come into the atmosphere of a city, and the Silent Watcher of that city will direct them to a home, where, perhaps a mother is watching a sick child. The little angel is instructed to release the quality (of faith) into the FEELING WORLD of the needy one, and thus it renders the service for which it has come forth.

The faith of the little angel is its gift to the human being, and the human being feels the angel's presence in a surge of new hope and confidence, but neither sees nor knows of her little celestial visitor, for the little angel rushed back quickly into the protective aura of its director—the whole contingent speeding back to the sun or temple from which they came forth. Thus do the little angels grow, until they have enough control of energy to be given the care of a home, a church, a hospital, or institution of some kind. There they remain, drawing down the energy from the God-head to bless their charges, weaving out of the energies of

the people whatever prayers or calls to God go forth.

On rare occasions, angels have taken embodiment. Bound by the same laws as embodied mankind, the Bands of Forgetfulness are placed around their consciousness, and typically they do not remember that originally they belonged to the angelic kingdom. Examples of embodied members of this kingdom are beloved Serapis Bey, now Chohan of the Fourth Ray, and beloved Mary, the mother of Jesus, the twin ray of Archangel Raphael, now serving with Jesus as co-hierarch of the Resurrection Temple.

ARCHANGELS, SERAPHIM AND CHERUBIM

The entire angelic host is under the direction of seven great Archangels. After the Earth was created, the angelic host was directed to guard and nourish the spiritual nature of mankind, to radiate the seven God-qualities into the evolving God-consciousness of mankind. This helps to develop conscious mastery.

Archangels direct legions of angels. Each of the seven Archangels embodies, guards and radiates the God-virtues of one of the seven rays. To gain the ascension, the chela must master these God-virtues of the seven rays.

The seven Archangels were the first to hold the offices of the Chohans (Lords) of the Seven Rays of creative power. They embody the FEELINGS of the Father-Mother God, as the Elohim embody the MENTAL QUALITIES. At Saint Germain's invitation, for the first time in centuries, the seven Archangels came forth, giving discourses to the students of the Bridge to Freedom in the 1950's.

The names of the Archangels and those of their Archaii (divine complements) are:

<u>Ray</u>	<u>Archangel/Archaii</u>	
1	Michael	Faith
2	Jophiel	Constance
3	Chamuel	Charity
4	Gabriel	Hope
5	Raphael	Mary
6	Uriel	Donna Grace
7	Zadkiel	Amethyst

The specific activities of each of the Archangels will be discussed in the lesson on the seven rays.

The **Seraphim** are the guardians of the energies of great beings, and are always active with the Elohim in the building of planets and their spiritual centers. They also serve as the messengers of the suns of a galaxy.

Seraphim move in groups of seven, in a V-formation. When the seraphim move through the heavens or the Earth's sphere, they emit a white light, and many a falling star and shooting comet that has been recorded by science, is but the speedy progression of a group of seraphim through the upper atmosphere. Their height varies from six to fourteen feet. Their faces and bodies are exquisitely beautiful, and there is a line in the chin that denotes tremendous strength and determination.

Cherubim, larger in size than angels, have the same qualities, but they have greater responsibilities. Cherubim stand guard and protect great streams of energy drawn by

Ascended and Cosmic Beings. They serve mostly at inner levels. It is only in the last few years—because of the need of the hour and “the great cosmic push” under which all cosmic forces make a last, concentrated effort to wake up mankind—that cherubim deal with and serve mankind. For example, the Cherubim Lovelee came forth, guarding and protecting the energies of the Bridge to Freedom dispensation.

Cherubim can become angel devas. There are angel devas over hospitals and churches, guarding energies and giving assistance.

THE MINISTERING ANGEL

Those who have vowed to achieve their ascension in this embodiment, have many beneficial helpers available, which, if accepted and employed in love and gratitude, will assist greatly in accomplishing this goal. One of those helpers, provided by God in his infinite love for his children, is the ministering angel, also sometimes called the “guardian angel.”

Millions of years ago, when we first took embodiment, an angel volunteered to minister to us, to help us on our journey, in our goal of expressing God in a sphere of lower vibration, on a planet. This beautiful being has served our very needs, embodiment after embodiment, in spite of our transgressions and misqualification of energy. Is it not now high time to acknowledge this unselfish service and to give our boundless gratitude for this priceless gift, rendered for aeons of time?

Prior to being joined with our individual lifestream, this angel was trained at inner levels for this specific endeavor. Therefore, our ministering angel is well acquainted with the task of the individual—namely, to express the God-virtues of the seven rays (which are the same as those of the seven inner spheres, our previous schoolroom, which we passed through before embodying on Earth).

Everyone on Earth, including all of the laggards, has such a guardian angel. This angelic being has vowed to stay with us until we have reached our ascension. Acknowledgment, acceptance, gratitude, and conscious cooperation with the ministering angels will not only help our spiritual development, BUT THEIR EVOLUTION AS WELL! We do this by stopping our activities a few times a day, pouring our gratitude to this selfless being, welcoming his service. In doing this, the angel may assist us 24 hours a day, instead of just during the night. Beloved Jesus, Mary, and Saint Germain communed with their ministering angel, and were greatly blessed by this relationship.

All ministering angels serve under Uriel, the Archangel of Ministration. They have assisted each individual for millions of years, and they continue to be trained and revitalized in higher schoolrooms to assist us better.

We may express the God-virtues of the seven rays by calling on the ministering angels to help us develop the following faculties:

1. The WILL AND DESIRE *to serve God* and all of his creation.
2. The development of the DISCRIMINATING FACULTIES AND WISDOM of the Second Ray; the PERCEPTION of recog-

nizing the highest level of truth, such as selecting between different representations of Ascended Master teaching.

3. The drawing and holding of the feelings of DIVINE LOVE, COMPASSION, TOLERANCE, PATIENCE AND UNDERSTANDING.

4. The sustaining of the PURITY of the IMMACULATE CONCEPT; seeing every creation of God the way God looks upon it—pure and perfect, without discord; denying the disharmony of the “appearance world.”

5. The assistance in CONSECRATION AND CONCENTRATION TO PERSEVERE. Ponder much upon the life of Jesus. Think of how he exemplified the spirit of giving himself, at all times. Ponder upon the life of holy Mary and see how such a consecrated one has blessed all life by assisting in the creation of the physical heart of each embodied lifestream. Realize that there are virtues, talents and powers God has *loaned* to you, for which you must one day render an accounting . Decree that the way-showers of the race shall not be guilty of the sins of omission in this crucial hour. Here, the activities of re-consecration by the beloved Archangel Raphael play such an important part in sustaining the constancy of the ministering angel, keeping his feeling enthusiastic.

6. The bringing forth of PEACE AND HEALING. These ministering angels are natural conductors of both peace and healing, but it is sometimes difficult to get mankind quiet enough in their thoughts and feelings to receive these gifts. Even when the physical body sleeps at night, the aura about it is still swinging around—the soul is darting here and there in various directions, always in search of some sort of happiness. It is part of the service of this ministering angel to qui-

et the feelings, mind, memory and flesh body and bring them *peace*.

7. Finally, the ministering angels are very powerfully developed along the Ray of Invocation. Of course, they have constant access to all the virtues of the Godhead and, because they have constantly the God-gift of inner sight, they know just what is required by the lifestream whom they have offered to serve. “Therefore, from time to time, as the Cosmic Law permits (according to the karmic obligations of the soul concerned), these angels do invoke the help of the Ascended Beings and Powers of Light to draw the particular assistance which that lifestream requires at the moment.” — Archangel Uriel, September 27, 1957.

The ministering angel assists us at all times, during embodiment and during the time period when we are not in embodiment. It should be remembered that whenever our feeling centers are active—and that occurs in a waking state, in a dream state, or when not in embodiment—we are creating karma. The ministering angel is obligated to be with us at all times, and offers assistance in direct proportion to the assistance asked for and welcomed. This assistance is mostly in the form of projecting light rays clothed with a particular God-virtue. On occasion there are also feelings of warning, and prompting to the individual not to do a certain thing.

Consciously endeavor to make friends with your angel of ministration. When you do, you will find yourselves gradually letting go of certain destructive habits which you have had since birth in this embodiment—those habits sometimes going back in your lifestream for perhaps many, many centuries. Then you will begin to come into that new era in your life of more graceful living, where your Holy Christ Self will

be able to expand itself through you in youth, beauty, honor, and dignity.

Beloved Archangel Raphael recently has said that the habits and momentums of the ages have become very powerful currents of energy—sometimes really “rivers” of force. However, there is nothing more powerful in this universe than the God-feelings of grace and peace. THE STRONGEST MAN ALIVE IS THE MAN WHO CAN HOLD HIS PEACE IN THE FACE OF EVERY AGGRAVATION, AND THE WEAKEST ONE IS HE WHO CANNOT HOLD THAT PEACE! So, never let it be said in your presence that a peaceful person is a weak one. Not a lethargic type, but a truly peaceful individual (like Gandhi, for instance) is a power for God in this physical appearance world. Beloved Raphael assists the ministering angel to regain its balance of energy. Thus re-consecrated, the angel returns to his service with renewed enthusiasm.

Remember! You have a personal ministering angel who has been with you for many centuries. By your call to him, let now this ministering angel daily anoint all your four lower vehicles with his substance and feelings of divine love, light and grace—thus helping you to hold sustained peace, regardless of any human appearances or aggravations. Give him your undivided attention for just a few moments each day, during that time consciously accepting into your feelings the help he wishes to give you.

Were it not for these transcendent beings of light and love who have given themselves to mankind here, most lifestreams would have completely destroyed themselves long ere this! God bless the ministering angels, every blessed one of them, and God bless our beloved Uriel and Donna Grace for their sustaining power of love and grace for all life.

TO THE ANGELS

Angels of love, angels of peace,
We send our call to thee.
Angels of beauty, angels of grace,
Come with perfection that sets all free.
Angels of Pink Flame, comfort and ease,
Angels that heal, to thee we sing.
Angels of kindness and happiness,
We accept the gifts that you bring.

Angels of wisdom, angels of truth,
We send our call to thee.
Angels of victory, angels of joy,
Come with perfection that sets all free.
Angels of Gold Flame—illumination too,
Angels that bless, to thee we sing.
Angels of balance and mastery,
We accept the gifts that you bring.

Angels of faith, angels of power,
We send our call to thee.
Angels of courage, angels of strength
Come with protection that sets all free.
Angels of Blue Flame, goodwill and health,
Angels that guard, to thee we sing.
Angels of service and unity,
We accept the gifts that you bring.

Angels of freedom, angels of love,
 We send our call to thee.
Angels of mercy, angels of poise,
 Come with perfection that sets all free.
Angels of Violet Transmuting Flame,
 Angels that forgive, to thee we sing.
Angels of justice and God-success,
 We accept the gifts that you bring.

Angels of life, angels of heaven,
 We send our call to thee.
Angels of Green Flame, Ruby and Gold,
 Come with perfection that sets all free.
Angels of White Fire—purity too,
 Angels that raise, to thee we sing.
Angels of God's Ascension Flame,
 We accept the gifts that you bring.

Melody and text by a student

THE ELEMENTAL KINGDOM

When the Earth was first created, it was made beautiful by the nature kingdom. Under the supervision of beloved Virgo (Director of the Earth Element), Amaryllis, the Goddess of Spring, and the Maha Chohan (great Lord of Rays), beautiful flowers, shrubs and trees were brought forth. Mighty Neptune (Director of the Water Element) created the crystal-clear waters; beloved Aries (Director of the Air Element) brought forth the air which the children of the Earth breathe. The angels came as guardians of the God-virtues, and the divine plan was for the three kingdoms—the elemental, angelic, and human kingdoms—to serve together, each one evolving ever upward into greater perfection.

Elementals were created to SERVE MANKIND THROUGH THEIR OWN PARTICULAR ELEMENT; the salamanders through fire; the undines through water; the sylphs and fairies through the air, and the gnomes through the earth element. Some are called nature spirits and nature devas. Elementals are the workers of nature.

It is through the effects and use of their life that these little beings supply man with the garments of flesh which they wear, the water they drink, the food so abundantly supplied, the air they breathe, and everything required to sustain him on the Earth. The divine plan was for man to be served in love and in turn mankind was to pour love and gratitude and blessings back to the elemental kingdom.

If you were to stand an elemental, a man and an angel before the chalice on your altar, this is how it would appear to each consciousness: the elemental would see all of his little friends right in the glass that makes up that form—their

shining faces, their tiny bodies sustaining the outline of the cup and the stem; the man would see the glass and judge its worth, wondering if it were crystal or otherwise, and the angel would see the powers of the Sacred Fire, drawn by your invocation and decrees, flowing through the cup. The activities of all three kingdoms are necessary to have a perfect manifestation in this world of form.

Earth represents the density—the physical body, the form. Water represents the emotional body. Water is the greater part of the Earth; the emotional body encompasses the greater part of your energy. Air is your freedom; fire is the power of purification and immortality.

Young children often see and even play with fairies and other beings of the elements, for which (if they let it be known) they are usually chastised by their parents and others.

Elementals range in size from less than one-eighths of an inch to eighty feet. There are some large undines of that size in the oceans. Elementals, in their natural state, act only in divine love. Their nature is to mimic or outpicture that which they see. They are primarily mental beings (elemental meaning “mind of God”).

THE SEVEN ELOHIM

The seven Elohim are mighty beings of love and light who responded to the invitation of the Sun of this system and offered to help to manifest the divine idea for this system, created in the minds and hearts of our beloved Helios and Vesta, God and Goddess of our physical Sun, itself.

Through ages of time, the Elohim have learned how to successfully use the creative powers of thought, feeling, spoken word and action, as God intended them to be used from the beginning. In a cooperative endeavor, the Elohim drew forth our entire system in perfect manifestation, of which system the Earth is just one small planet.

Great nature devas serve with the seven Elohim to create and sustain the beauty of nature.

The seven Elohim represent the mental activities and qualities of the Creator. A tiny flame from each of their lifestreams is anchored in the forehead of every individual embodying on Earth. Through this sevenfold flame the Elohim extend their faculties and consciousness to every lifestream. This assists in holding a balance and fulfilling the divine plan in the outer world.

The seven Elohim and their twin rays or divine complements:

<u>Ray</u>	<u>Masculine Aspect</u>	<u>Feminine Aspect</u>
1	Hercules	Amazon
2	Cassiopea	Minerva
3	Orion	Angelica
4	Elohim of Purity, Claire	Astrea
5	Vista	Crystal
6	Elohim of Peace, Tranquility	Pacifica
7	Arcturus	Diana

THE EVOLUTION OF AN ELEMENTAL

The elemental kingdom evolves from the tiniest intelligence into builders of form, nature devas, Elohim, Silent Watchers, and Directors of Elemental Life (air, water, earth and fire). The builders of form may create the bodies of mankind. They perform this service together with beloved Mary (mother of Jesus), who forms the heart. Nature devas may supervise the creation of a garden and mountains, valleys, and lakes. Elohim create the planets of a galaxy. Silent Watchers may guard the original blueprint for an entire planet or a galaxy. The Maha Chohan works closely with the elemental kingdom.

The training of elementals starts in nature temples under the supervision of nature devas. They gather together and the deva creates out of his own light body a beautiful blossom or some other design such as a blade of grass or a snowflake. Then all the little elementals in the class endeavor to embody a form just like it. They try to imitate that figure in shape, color, and design.

Here the elementals learn to master all of the qualities associated with creation—the motive and WILL TO MANIFEST, the PERCEPTION of how to do it, the LOVE *for* the endeavor, maintaining the clarity of the original design, the *consecration and concentration* to carry it through, THE RHYTHM OF APPLICATION, (the willingness to manifest that design over and over again) and finally, the ability to ENVELOP THE DESIGN IN PEACE AND SERENITY.

At first, the elementals are only able to hold the picture for a second or two, but finally they can embody that form. If it is an apple blossom, the teacher in that temple notifies

the nature devas that there is a group of elementals ready to become the blossoms on an apple tree in someone's orchard.

It sounds simple, and yet it takes centuries of training and self-control, not only on the part of the elementals, but of the teacher as well. But finally you have a lovely pink and white spring. The apple blossoms smell so sweet and people enjoy walking under them. The farmer has hope of a good crop in the autumn. The bees are happy as they make their honey, and the elemental is happy because he has fulfilled his purpose. Then, the short season completed, the blossom falls and the elemental returns home for commendation, for rest, and for re-assignment.

When the elemental is ready for a larger responsibility, such as being a nature deva, he may direct several elementals bringing forth, for example, a beautiful garden.

Some elementals graduate into greater service and become devas who watch over an entire nation. A few elementals are chosen to work directly with the Maha Chohan. In this association they learn how to draw and direct those magnificent currents which govern all nature. This training enables some elementals to apply for the position of an Elohim. The Elohim, in a joint, cooperative action, create the planets of an entire galaxy.

THE BODY ELEMENTAL

Function and Purpose

Before taking his first embodiment on Earth, each individual was called before the Karmic Board. In a solemn ceremony, he was joined with an elemental being, called a “body elemental.” At this ceremony, the body elemental assumed the obligation to stay with the particular lifestream during each successive embodiment until the individual reached the ascension. It is the purpose of the body elemental:

1) to cooperate with the Christ Self and other elementals, called “builders of form,” in the creation of the physical body from the moment of conception to full growth;

2) to perform certain “involuntary functions” of the physical body, such as breathing, and

3) to keep at all times the physical body as well as the etheric, mental and emotional bodies in a good state of repair, and, in all ways, to make the physical body a habitable temple.

Training

The pure electronic light substance and the forces of the elements were given into the keeping of the body elemental, who was allowed to look upon the perfection of the Christ Self, which was to be the pattern it would build with the **substance of the physical realm.**

Between embodiments, the evolving soul (individual functioning in the etheric body) was allowed to sojourn in

whatever realm or sphere it earned the right to inhabit through its use of energy in the Earth life, and the elemental was freed from it to enjoy a certain freedom in the elemental kingdom and to rest for the next service, when the soul was again called for a new embodiment.

Each individual has its strength in a certain sphere. The body elemental was chosen from the same sphere as the individual. For example, if the individual, through his prior training (called "Journey Through the Seven Spheres"), dwelled the longest in, say, the Fifth Sphere, then the body elemental was also chosen from this sphere.

The training of the body elemental occurred at inner levels. Several elementals were trained to draw universal light substance and to follow a pattern, to create a flame flower or some simple manifestation of nature. The length of time that the elemental could hold the pattern in his consciousness determined the duration of the manifest form. As these potential builders of form increased in their capacity to hold the pattern received by them from the great nature devas, they worked up the ladder of evolution to a point where they might be entrusted to build the temple (body) which would house the presence of God.

The Garden of Eden

At first, the creation of the body was a joyous and happy experience. After the Presence projected the Immortal Flame into the airless cell, the body elemental drew the necessary elements and re-created, almost perfectly, the design and pattern of the Holy Christ Self. The flesh forms of those

early ages were beautiful beyond words to describe, and truly a golden age of beauty prevailed. The etheric body was the pattern which the elemental used, for this finer body outpictured the full glory of the Holy Christ Self, and it was easy for the elemental to have reference to this pattern from time to time. The elemental took up abode within the temple which it had built, and like a housekeeper or a caretaker, maintained the functions which kept the body in workable order (repairing, fueling, etc.), and the association between the dweller and the elemental was a happy one.

The Fall of Man

When man began to experiment with the use of energy, and to build into his etheric body certain distortions of form and impurities of essence, the body elemental became confused because the pattern was distorted. According to its basic characteristic, which is to MANIFEST THAT FORM UPON WHICH ITS ATTENTION RESTS, it obediently began to copy and build the distortions into the flesh form.

After centuries of endeavor to reproduce the Holy Christ Self through the substance provided by the lifestream in the etheric body, and the tremendous added strain of working against the appetites and passions which the individual developed when it fell from purity and grace, the body elemental soon developed an antipathy for the lifestream with which it was forced to work. Thus, the body elemental was no longer a cooperative, loving helper, but often blocked the projects and designs of the individual.

When the Lords of Karma called the incarnating lifestream again, it usually appeared within its etheric body, wherein is recorded all the experiences passed through, not only on Earth, but in the inner realms between embodiments. If individuals are to render greater service to life, the Lords of Karma will often allow the devic builders of form to give additional training to the body elemental by drawing it into a higher sphere of activity at inner levels, before the soul is summoned for incarnation. The pattern for the new body is determined by “karma,” and the new body’s appearance, comfort, and effectiveness to the soul is determined by that which the soul has earned in past lives. Therefore, this limits the incoming lifestream’s choice of garments. If many of the etheric records are of a destructive nature, this will cause a distortion of the physical form.

The body elemental is also called at this time, and there is often quite a “scene,” because the elemental rightfully objects to using its energy to mould and form a body as distorted as the etheric body of its partner on this long journey. The Christ Self of the lifestream is also in attendance, and the body elemental is soothed by its presence and offer of support. Then the substance which the soul has charged with his energy—pure or otherwise—is given to the body elemental to weave into the new physical form. Here again, it is very reluctant to take such impure substance, and wherever possible, it saves the “best” of the elements for the outside, and puts the impure substance inside the form.

If, in the subsequent embodiment the individual’s lifestyle further abuses his four lower bodies through wrong foods (meat, excess sugar and salt), bad habits (smoking, alcoholic drinks, habit-forming drugs), disharmonious

thoughts, feelings and actions, the body elemental finds itself continuously opposed in its endeavors to copy and out-picture the perfection of the Christ Self. The relationship of the individual with the body elemental may deteriorate to the point where the elemental becomes openly antagonistic. This may result in the early disintegration of the functions of the physical body, resulting in diseases such as the onset of cancer.

Needed Cooperation With The Body Elemental

Great love, gratitude and understanding to your own body elemental creates an affinity between it and the physical form.

Remember, the body elemental beats one's own heart, activates one's nervous system and takes care of the proper functions of the organs of the physical form, and is usually condemned when any portion of the physical vehicle ceases to function properly. The truth is, that the destructive use of free will by the uncontrolled emotional, mental, etheric and physical vehicles of the soul, creates the chaos in the physical vehicle, and the body elemental, itself, serves constantly to repair such damage.

When the individual comes to a point of understanding, and endeavors to abide by the laws of purity and abstinence from those activities which break down the structure of the physical form, there is the beginning of a new association and friendship between the individual and the body elemental. This, however, is not built up in the matter of an instant, for centuries of abuse and careless use of the tem-

ple, created and sustained by this elemental, is not easily forgotten. Then, too, the body elemental must wait for the purification of the etheric envelope, which forms its pattern. When this etheric body has been held in the Sacred Fire of the Violet Flame, and resumes its light pattern of the Christ Self, the body elemental can quickly outpicture this in the flesh.

Remember, the very substance that makes up the physical form, woven from the etheric body, has been used over and over in successive embodiments, and this, too, requires purification in order to raise in vibratory action and emit light. You will see, therefore, the necessity for the use of the Violet Flame and the action of the Cosmic Flame of Purity. When this is understood and conscientiously applied, we shall have again some of those “bodies enduring” that are absolutely non-recordant to disease, disintegration, and finally, death.

The Maha Chohan has said, “Peace, unity, harmony and understanding among one's own members (body, mind, soul, personality, and God-self) are essential to equanimity and progress on the path. To fight the body elemental is useless; to pamper it, is to lose it. To become acquainted with it IN THE MATURE DIGNITY OF THE MASTER OF THE HOUSEHOLD, WHEN REQUIRED TO DIRECT HIS IMMEDIATE STAFF, IS WISDOM.”

The Preparation By The Expectant Mother

Most individuals who are about to become parents do not understand the intricate process of creation, and leave this up to the body elemental and the builders of form.

However, conscious cooperation with the body elemental and the builder of form goes a long way in the creation of the developing physical body into an instrument of perfection. If mothers could come to an understanding of the vital role they play in the actual forming of the nature of the child, the human race could be redeemed much more rapidly. This is done by keeping the mind upon clean and pure and beautiful thoughts, washing memories of the impurities of the past, by holding the etheric body in the Sacred Fire of the Violet Flame, and by keeping their own physical bodies as temples of the Most High Living God!

Two thousand years ago, beloved Mother Mary held the "Immaculate Concept" for the incoming lifestream, Jesus, and she has offered to hold this picture of God's perfect creation for all mothers who ask her to do so. Visualizing the Luminous Presence of Mary will help.

Suggested Meditation and Decree

1. Rest your attention on your I AM Presence and your body elemental. Pour your love and gratitude to this blessed friend, who has been with you during all of your former embodiments, and who has taken the vow to be with you until your ascension.

2. Call on the Law of Forgiveness for all the wrong you have done, which has hurt your relationship with the body elemental. Now call on the Violet Flame to cleanse your etheric body, to remove the causes, cores and effects of past wrong thoughts, feelings, and action. (This will give the body elemental a more perfect pattern to work with).

Decree

Mighty I AM Presence, beloved Maha Chohan and beloved Ascended Lady Master Mary:

Bless my body elemental for its service to me. At the close of my Earth span set it ever free. Without its loving presence I would not even be. Blessed body elemental ASCEND THOU WITH ME!

Beloved I AM! (3)

By God's own hand! (3)

I now command! (3)

Do it today! (3)

Do it to stay! (3)

MANKIND'S RELATIONSHIP TO OTHER KINGDOMS

Originally the Earth was created of pure substance, not so dense as it is now; there were more translucent and radiating, iridescent colors. As the discord of mankind increased, the substance of Earth became soiled and more dense and dark. That is why earth or ground is called soil.

Nature never produced anything that would be destructive to mankind, but as it is the duty of the elemental life to obey the commands of individuals endowed with the Three-fold Flame in their hearts, they have been absorbing mankind's discordant thoughts and feelings. This has caused tornadoes, hurricanes, tidal waves, earthquakes, and disasters of nature—which is merely an endeavor by the beings of these elements to *throw off* the impurity and discord which man has imposed upon them for millions of years.

The waste matter that has been put into the earth and the waters, and the impure energy that goes into the air, has caused a pressure of human creation, not only on man, but on the elemental kingdom. The destructive activities of nature can be controlled by mankind who understand the Law and understand how to make the call to release the elemental beings from the discord imposed upon them. One can call to the I AM Presence and to the Masters or Beings in charge of that element and who govern such activities, to direct into and enfold the conditions in their cosmic flame and transmute all discord, and flood them with cosmic love. Then visualize the Violet Flame going forth from your Presence and the Great Beings transmuting the discord into peace and harmony. Next see the Pink Flame of Love enfold the beings of the elements, making them again happy and free.

In case of fire, call on your I AM Presence and beloved Ascended Master Nada, to pour her radiance over the fire. Visualize this radiance as a pink blanket. One can also call on Oromasis, Prince of the Fire Element.

Wise is he who will earnestly endeavor to purify his own world and make friends with the little beings of nature, pouring love, gratitude, and blessings to these beings, who so ceaselessly and selflessly serve mankind—if he wishes protection in times of crises.

Within man is the kingdom of the mind, where the elementals—responding to his *thought*—become the form which he holds in his mind. Within man is also the emotional world which is the kingdom of the angels, to which they respond, amplifying every virtue, every tiny pulsation of hope, purity, peace, love, or kindness generated within the feelings. The MIND is the magnetic center for the elemental kingdom; the FEELING WORLD is the magnetic center for the angelic kingdom. Within mankind, one day, both shall be blended consciously, and man will be master through controlled energy in the feelings, coupled with definitely directed thought, to be a “bridge” between the two great kingdoms, and these three kingdoms will again unite in worship, in service, in evolution, and in God-happiness, for eternity.

The elemental kingdom must learn control of energy through thought, to hold a constructive pattern and design so that you and all people may enjoy the perfection designed in the nature temples. The angelic kingdom must learn control of the feelings, to hold within themselves the virtue they have chosen, until directed to release it to one in need of it. MAN MUST LEARN CONTROL OF BOTH, AND THUS BECOME A MASTER!

It is time that mankind recognize this service and send to both the elemental kingdom and the angelic kingdom the recognition and love which they deserve for their constant service to mankind. Without the elemental kingdom, there would be no form. Without the angelic kingdom, man could not draw the blessings of God.

The Electronic Pattern of Ascended Master Saint Germain

Saint Germain's lifestream is the Maltese Cross of Freedom—the perpendicular bar reaching upward into the spiritual spheres and drawing the power of the Sacred Fire through his body into the Earth and anchoring it there for the redemption of the planet and its people, the cross bar representing his outstretched arms joining the angelic and elemental kingdoms to the human evolution to serve in beautiful, harmonious cooperation.

Under the leadership of beloved Saint Germain, In the coming golden age, a divine brotherhood, combining the energies of the angelic, human and elemental kingdoms, is pre-ordained as the natural expression of unity, harmony and loving cooperation among the evolutions finding hospitality and opportunity in the Earth's atmosphere.

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INTRODUCTION

This lesson presents a brief summary of mankind's history during the Lemurian and Atlantean Age. The main purpose of this lesson is to illustrate that when mankind qualified God-energy in a constructive way, the civilization reached a high state of accomplishment. However, when mankind at large did not listen to the still, small voice within, and the priesthood became spiritually arrogant, this attitude resulted in the downfall of the civilization, accompanied, very often, by cataclysmic action.

According to the Masters, we are today literally sitting on a powder keg. Hopefully the lessons learned from the history of the Lemurian and Atlantean civilizations will be taken seriously. While it may be impossible to prevent all natural disasters, there is still hope that the extent of the catastrophes can be lessened and much suffering be mitigated. Fortunately, it does not take many students to accomplish that. Quality of consciousness and the humble, sincere desire and commitment to the cause of the Great White Brotherhood is most important.

THE FIRST TWO GOLDEN AGES

Man's Advent on Earth

About 4,500,000 years ago, on the twenty-first of March, at the beginning of the spring solstice, Helios and Vesta chose to bring down for embodiment on Earth, the first sub-race of the first root race. Present, besides the members of the first root race, were Helios and Vesta, members of the angelic kingdom, including Archangel Michael, the directors

of the earth, water, and air elements, namely Virgo, Neptune and Aries, the Maha Chohan, the Manu of the first root race, and guardian spirits. Among the guardian spirits present were Sanat Kumara, an Ascended Being from Venus, and Zarathustra, a being from the Central Sun, representing the fire element.

A gigantic light ray was projected from the sun, and the majestic descent to the Earth began. Archangel Michael was the first to touch the surface of the Earth. He vowed that he would give assistance to all mankind, until the last lifestream gained his ascension. Then the Maha Chohan established the Comfort Flame.

The descent occurred in the vicinity of the Teton Mountains (Wyoming). This Rocky Mountain Retreat is the most ancient focus of the Ascended Masters upon the Earth. It is also called the Temple of Precipitation. Precipitation means “going forth,” and this refers to man’s advent on Earth. From here, the newborn men went north, east, south and west to carry the Light of God to the four corners of the earth.

THE GARDEN OF EDEN

Man in the Garden of Eden

“And God saw everything that he had made and behold, it was very good.” (Genesis 1:31). This account refers to the first two Golden Ages and the first three root races, during which time there was no imperfection. Mankind lived in the Garden of Eden, E-Don meaning obedience to divine wisdom, the all-knowing activity of consciousness. During this

time period, no lifestream used energy to create a discordant vibration. The earth was as harmonious as heaven. Each individual was part of a great symphony, and in complete obedience to his Christ Self and his I AM Presence. Each one's inner bodies were vibrating in perfect harmony. Mankind's attention rested upon the things above, not upon things of the Earth.

We may ask, "What was man's appearance at this time? Since the vibrations of his garments were much higher than the garments of today, man's physical body at this time was of lesser density, and could be compared to our present etheric body, which is of vapor-like substance.

During this Golden Age, man's bodies were luminous. As far as the hands could reach, there was a self-luminous radiance, visible to the outer sight of everyone. No deception was possible because the color of the radiance showed thought and feeling. Mankind looked as our Christ Self looks today. Since the luminosity of the electrons shone through the outer garment, no artificial lighting was required. Day and night, as we experience them today, were unknown.

The blazing sphere of pure white light formed a natural armor of protection, keeping out rates of vibration that did not belong to the perfection of the Presence.

This was a period of time when everyone could see his own I AM Presence, and walked and talked with the angels and Ascended Beings. There was no veil between them.

Through the power of thought and feeling, men designed and precipitated the requirement of the moment, whether it was food, clothing, shelter, or lovely temples.

Through the power of feeling, man energized thoughtforms by using universal light substance. All that was drawn forth was used for the good of the whole. Every man, woman and child was about the Father's business. All were interested only in widening the borders of the kingdom, by coalescing into form the divine ideas which daily passed from the I AM Presence of each individual into his outer consciousness, through the silver cord. Each lifestream was like a fountain, drawing forth new ideas from the Presence, coalescing around himself elemental substance, which responded instantly to his call, since he was a co-creator with God.

So many magnificent ideas poured forth in one day, that the outer self could not fulfill them all. The outer self then chose those ideas which would be of the greatest blessing to the universe.

Whatever man did in those early ages, he did well and in great detail. Many hours, months, or even a lifetime, was spent in carving out one figure or weaving one rug.

Those were days of great happiness and beauty, and there existed only perfection in every avenue of life. The "curse of Cain" (labor by the sweat of the brow), disintegration, and death were unknown.

RELIGIOUS LIFE

Education, science, and religion were not thought of as separate subjects. There was only one subject, namely, God and his ideas. The glory of the One was manifested in all walks of life.

Certain lifestreams, utilizing their individuality, became

specialists, and entered the priesthood. They were trained in temples to become experts in precipitation, education and healing. Whenever mankind felt depleted in one quality or another, they visited these temples and were revitalized.

The Temple of Illumined Faith was located near Banff, British Columbia. It was originally carved out of a mountain. Lord Michael served here, and his wise counsel was lovingly obeyed. People came individually and in groups to absorb the consciousness of absolute faith in God's goodness.

The Freedom Flame was kept at the Freedom Temple, and served to accelerate the externalization of the individual's divine plan, thereby hastening his development. The Freedom Flame (purple in color), is an activity of the Seventh Ray.

Pallas Athena, Goddess of Truth, was High Priestess at the Temple of Truth. The pilgrims would visit her to gain from the magnetizing effect of the green Flame of Truth.

Other guardian spirits, among them the Great Divine Director, Lanto, Surya, and Kwan Yin, together with the angelic host, walked and talked with the members of the first three root races on a daily basis.

The seven Archangels held the offices of the seven Chohans. Chohan means "Lord of the Ray." Each Chohan was, and to this day is, responsible for one ray. The Maha Chohan (great Lord of Rays) was, and is, in charge of the seven Chohans.

Archangel Jophiel was the first World Teacher.

INDIVIDUAL RE-EMBODIMENT

During the first two Golden Ages, the physical bodies for new Earth inhabitants were created by the parents by means of light rays. Through the projection of two rays (one of a masculine and one of a feminine being), a new body was created at the point where the rays crossed. This body was formed to full stature; infancy was unknown. Then the incoming lifestream took possession of the newly-created form. Each individual life span lasted for hundreds of years, since the vibration of each electron, atom, and cell was held in harmony with the Presence.

Toward the end of an embodiment, the individual informed his relatives and friends of his coming transition. Then he searched for new parents, and, having their consent, left with them some of his earthly possessions, such as books and research papers.

Now the individual stepped into the Transmuting Violet Flame, which was anchored and maintained by the priesthood in a temple. The flame instantly etherealized the physical form, and the elements returned to be universal life substance. The lifestream's memory record, also called the soul, entered inner realms for a time and was drawn back later at a self-chosen time by the individual. This way, he obtained the full memory of his past life or lives. He was then ready for another embodiment, and for renewed opportunity for growth and fulfillment of his divine plan.

A minimum of seven embodiments, one for each ray, was necessary to gain the ascension. This process occurred without interruption during the first two Golden Ages, whereby the first three root races flourished, and all members of these root races gained their ascension.

CLIMATE AND SURROUNDINGS

During the first two Golden Ages, mankind enjoyed a semi-tropical, even climate. There were no storms and adverse weather conditions to combat. Also, there was perfect harmony and rhythm in the change of the seasons. The four seasons served to give variation in color and design, as well as variations in types of harvest.

Lush foliage covered the ground; there were no weeds, bugs, insects, vermin, or diseases. Also, no volcanoes were present. All volcanic action is due to the antipathy between elementals and mankind, whom they had come in such love to serve.

Animals, as we know them today, were not yet in existence. They only began to appear after humanity had generated the discord that followed the first two Golden Ages. Birds, however, fall under a separate category. They were created by Ascended Beings as messengers to mankind. Some did later take on some human qualities, which accounts for their destructive activities.

In the first two Golden Ages, the landed surfaces were connected all around the Earth. There were oceans, as well. No icecaps were present. The latter were caused by mankind's coldness and bitterness, and they will disappear when mankind radiates more love. The name of one of the continents in existence at that time was Lemuria, also called Mu.

The surface of the Earth was white, like alabaster or white quartz, radiating iridescent colors of the rainbow. There were rivers, waterfalls, lakes, oceans, trees and other vegetation, and mountains.

THE FALL OF MAN

The Laggards

It was during the incoming of the fourth root race, that a cosmic council convened, whose decision changed drastically the course for all evolutions of Earth's mankind, guardian spirits, angels, and elementals.

This council, attended by the Spiritual Hierarchy of the Earth, was called to decide what to do with billions of lifestreams. These lifestreams were of insufficient spiritual development to earn continued habitation upon their own planet. They refused to go along with the divine plan. They were complacent in their thoughts and feelings, and lagged behind in their natural process of evolution. Hence, they were not qualified to move forward with their planet. Those individuals were referred to by the Masters as "laggards."

It was then that the Hierarchy of Earth, as an act of mercy, offered the Earth as a planetary home to help the laggards complete their evolution. Conditions on this planet were still perfect and harmonious, yet compared to other planets, its vibratory rate was slightly slower. It was hoped that the laggards would be guided by the purity and perfection of the thoughts and feelings of the people of the Earth, and by holding to this example, they would gradually transmute their karma. The high priests and guardian spirits were informed of the coming of the laggards; the remainder of mankind was unaware of the event. For one hundred years the high priests attempted, through decreeing, to establish a shield around the Earth's lifestreams to prevent their contamination by the laggards.

What did the laggards look like after they came to

Earth? Tied now to the same laws which applied to the remainder of mankind on Earth, they were provided with similar bodies, and therefore were not distinguishable from the rest.

The chief faults of the laggards were arrogance, rebellion, resistance to progress, stubbornness, and resentment toward change. Naturally, they brought these qualities with them. The impure thoughtforms of the laggards spread into Earth's atmosphere like smog. It was the beginning of the "mist" the Bible talks about ("and a mist arose and covered the whole ground," Genesis, 2:6).

In time, the people of Earth succumbed to the subtle temptation of curiosity. They tuned into the impure thoughtforms of the laggards, and started to play with them. This experimentation with the misuse of free will caused what is known as the "fall of man." Mankind started to listen to the "wrong crowd." Independent of God-direction, mankind deliberately chose to experiment with impurity. This way man's attention no longer rested exclusively on his inner Presence, the director of his life-activity. Man became sense-conscious, instead of God-conscious, and so, according to Cosmic Law, manifested that upon which his attention was directed and which he thought about most. He deliberately and consciously turned his back upon the perfection and dominion with which the Father endowed him from the beginning.

When the mist first appeared, it was like a local wisp of smoke. Later, as the ages passed, it became an increasing fog, that gradually shut away the visible presence of the Ascended Host.

Thus, the glory of perfection of the first two Golden Ag-

es came to an end. Later on, when the Atlantean culture flourished, there were other Golden Ages, during which the veil between the Ascended Host and mankind was partially rent; however, the perfection of the first two Golden Ages was unique and was never quite matched. The Masters assured the students that it is possible for us to rent the veil again, and that man once more may be able to walk and talk with the Ascended Host and the angels.

Consequences Of The “Fall”

The Masters stated that the “fall of man” occurred on today's Australia and New Zealand. At that time, these countries were part of the gigantic continent of Mu, which covered a large part of the Pacific and Indian Oceans. It was here that slander and gossip first began the weave of the veil.

We know that under perfect conditions, it takes a cycle of 14,000 years for one root race to make the ascension. Since the first three root races made their ascension at the appointed time, and it was during the evolution of the fourth root race that disharmony first appeared, we may say that the fall of man first occurred about 50,000 years after man first embodied on Earth.

After the arrival of the laggards, the priesthood split into two factions. Rather than listening to the plan devised by the Hierarchy, one section of the priesthood attempted to remove the laggards from the Earth through repeated invocations. One Ascended Master explained the senselessness of this operation. Even if the attempt would have succeeded,

the laggards, bound to the Laws for the Earth just as the original races were, would have had to come before the Karmic Board and would have necessarily had to re-enter the Earth. Therefore, no permanent removal would have been possible. The dictations seem to suggest that the other faction of the priesthood accepted the laggards, refusing to rebel against the plan of the Hierarchy.

The “fall of man” into a lower vibratory level caused great changes in mankind's bodily structure. The form grew more dense, and creation by light-rays came to an end. Also, the I AM Presence, the focus of light and life in the heart center, began to decrease in size and influence. Fear, for the first time, registered in the etheric body, and the soul was born. The soul may be called the accumulated records from the experimental use of life. This soul, dwelling in the etheric body, later influenced each personality in each succeeding embodiment. The soul has to be redeemed through constructively-qualified energy until there are no longer two—the soul and divine consciousness—but rather, God alone. Re-acquiring this God-consciousness is the need of the hour. It is “the second coming of the Christ.”

The growing density of the physical body caused changes in man's bodily form, and for the first time man experienced the present form of birth.

The veil, once it was in total effect, shut off the visible presence of the Divine Beings; also, the music of the spheres could no longer be heard. The outer consciousness was left in confusion, groping in darkness. Commencing with the “fall,” very few individuals gained their ascension. Nearly everybody, through the misuse of energy, acquired karma, and this way became tied to the wheel of birth and rebirth.

Effect On The Surface Of The Earth

Before the “fall,” the pigment of the Earth's surface was an alabaster color. After the “fall,” the pigment started changing, and the grays and browns appeared. It took a long time before black and red appeared (here we are talking about fire-engine red). It was not until 80,000 years ago that these colors manifested.

The discord of mankind created, in some instances, so much disharmony, that the nature kingdom refused to continue doing its part in adorning the earth with foliage. As a result, the first barren wastelands and deserts appeared.

Man's misqualified energy brought about gas-belts, subterranean pressure chambers, which, under certain conditions, result in earthquakes and volcanic action.

THE LEMURIAN AGE

(4,500,000 B.C. TO 200,000 B.C.)

The Size and Location of Lemuria

From the very beginning, there were always several continents in existence upon the Earth's surface. So, when we talk about a “Lemurian Age,” this does not mean that the continent of Lemuria (sometimes called Mu), existed by itself. The reason we connect a particular age to a specific continent is, that during that particular time, its inhabitants were leaders in terms of knowledge and application of Cosmic Law and scientific achievements; hence the names “Lemurian Age” and “Atlantean Age.”

Lands belonging to the gigantic continent of Lemuria in-

cluded lands now under the Pacific Ocean, as well as Hawaii, the Easter Islands, the Fiji Islands, Australia and New Zealand. One dictation includes lands in the Indian Ocean and Madagascar. The eastern coast of Mu extended to the area of San Diego, California.

The Sinking Of Lemuria

The Elohim Orion stated in 1954 that temples, cities, and entire civilizations have fallen into decay, and continents have sunk, all because peace and harmony were not sustained. ASCENDED MASTER MARY STATED THAT SPIRITUAL ARROGANCE DESTROYED THE TEMPLES OF LEMURIA AND ATLANTIS. SHE ADMONISHED THE STUDENTS TO “KEEP HUMBLE IN YOUR KNOWLEDGE.” In another dictation, it was stated, “Cataclysms come only through the destructive influence of the human, and when that is removed, there will no longer be a cause for them!”

About 200,000 years ago, the giant continent of Lemuria sank below the waves of what is now the Pacific Ocean. The catastrophe happened overnight. There were no unusual weather conditions, the sky was blue. Sixty million people were thrown out of embodiment. Lemuria sank so quietly and quickly, nearly everyone was totally unaware of what was happening.

Just before the cataclysm, some of the temple guards transferred documents, the various flames of the temples, and other valuables to certain places that would withstand the force of the inferno. Those places were India, China, Tibet, the Rocky Mountains, and Atlantis. Djwal Kul, who

later became one of the Three Wise Men of Biblical times, participated in the safe-keeping effort by transporting certain items to Central Asia. Lord Lanto, who was then a head priest at one of the temples on Lemuria, where precipitation was successfully practiced, transported the temple flame to the Royal Teton Retreat, where it remains.

In this way, the memories and the heritage of Lemuria were kept alive by a faithful few.

THE ATLANTEAN AGE
(APPROXIMATELY 500,000 B.C. TO 10,000 B.C.)
The Size and Location of Atlantis

We can consider ourselves fortunate, indeed, that the Masters left us some tangible details concerning the rise and fall of several civilizations during the Atlantean Age. No longer do we have to rely only upon mythology, legends, psychic testimony, allegories, and veiled or even incorrect information presented by the Masters, who were severely limited by the occult law as it applied to the Earth. The Masters said that the type of information released after 1930 had not been permitted to be given for 12,000 years.

The Atlantean Continent originally consisted of a solid land mass, reaching from parts of the North American and South America Continents to Europe and Northern Africa. According to one dictation, "Europe then was part of Atlantis." Cuba, the Madeira Islands, and the Azores were also part of it. There is some indication that a section of the United States was considered part of Atlantis, because the

Masters labeled temples located on its east coast as “Atlantean Temples.” There were also other continents on the Earth's surface during the Atlantean Age.

An Atlantean civilization was first mentioned by the Masters as having existed 500,000 years ago. The last remnant of Atlantis, called Poseidonis, sank 10,000 B.C.

Atlantean Age Civilizations

The Atlantean culture reached one of its heights 500,000 years ago. The people of that age had achieved great illumination, understanding, and oneness with the God-Presence. They knew the power of radiation, and the importance of vibratory action that passed through the bodies of individuals.

At that time, Long Island, an island near New York City, was considered holy ground, and it was entirely dedicated to the priesthood. No one, except the priesthood, was allowed on the island. Through the purity and constructive activity of the priests, Long Island became the most highly-magnetized center of spiritual currents on the Earth's surface at that time. It was not advisable for anyone to step on the island, for it was like touching a high-tension wire.

After the sinking of Mu, 200,000 years ago, its priesthood soon thereafter embodied on Atlantis. Endowed with the gift of consecutive consciousness (the memory of previous embodiments), they drew those lifestreams around them who assisted them during former Golden Ages on Mu. Therefore, soon after the Mu age, the Atlantean culture flourished.

In several respects, the technology of the various Atlantean civilizations was superior to that of today. Unlimited energy necessary for lighting, heat and power for propulsion was generated and transmitted by instrument-like power boxes. If used for propulsion, they were attached to the vehicle used. Seven different types of these energy-transmitting boxes were in use. The boxes had a volume of two feet by two feet by three feet. They had the capability of gathering the energy currents existing in the atmosphere. These currents of electricity were of a higher, finer type than that which is used today. They could be affected through thought-force, but could be controlled through mechanical means as well. By means of its airships, Atlantis stayed in touch with all parts of the globe.

The Atomic Accelerator, a device accelerating the vibratory action of the four lower bodies, was used as a healing, purifying agent.

Saint Germain reported another achievement in the field of technology. Certain metals were combined with glass through a fusing process, to make the product strong as steel and imperishable.

The superior technology, coupled with a good understanding of Cosmic Law, enabled the Atlantean civilization to maintain a position of leadership which endured for thousands of years, up to the time of the sinking of its last remnant, the Isle of Poseidonis. During its heights, Atlantis was considered a worldwide empire.

THE SAHARA CIVILIZATION (68,000 B.C.)

The Sahara Civilization extended from the present Sahara Desert (its westerly boundary), across the entire width of Africa, continuing east across Asia, all the way to the Himalayan Mountains. This civilization was called the “Sahara Empire,” and it reached such a high level of attainment, that the term “Golden Age” has been attributed to this period.

The Sahara Desert was fertile land at that time. There were many streams of water, and the entire area enjoyed abundant moisture and a semi-tropical climate. The Nile, as it is today, resembles the streams of that period.

The name of the capital was known as “the City of the Sun.” The domes of many buildings were covered with sheets of pure gold, and the interiors decorated with jewels. The gold and the jewels were precipitated directly from the One Eternal Substance.

The king-emperor, then unascended, was the Master known to us as Saint Germain. His empire was a living example of perfection. There has never been anything on Earth since that time which has ever approached such heights. For hundreds of years this perfection was sustained, and there was no need for an army and navy of any kind.

Saint Germain was assisted by a council of fourteen Ascended Masters. The government, itself, consisted of seven departments, which controlled the activities of science, industry, and art. Each department head worked directly with the council, and therefore was attuned at all times to the divine plan. Everybody served for the good of all.

THE POSEIDONIS CIVILIZATIONS (12,000 B.C. to 10,000 B.C.)

During the height of the Poseidonis civilization, there was a province where an attempt was made to bring forth a nation of Ascended Masters. The people living in this area were able to precipitate many things they needed from universal substance, including food and clothing. They sat at their table and the food they required appeared in front of them. The consuming activity of the Threefold Flame (the flame referred to may be the Violet Flame), was visible to all. After having completed its service, the physical body was placed in this flame and it disappeared instantly.

Technology was very much advanced. The Poseidonis civilization had world-wide contact through airships. Among other places, they traveled to Yellowstone Park (Wyoming, U.S.A.), and Meru. The air transportation of today in many respects is crude and primitive, compared to theirs.

The Breakup Of The Atlantean Continent

When the forces of darkness had sufficiently influenced the consciousness of a large majority of the people on Atlantis in disobeying God and following the rebellious way of the destructive use of free will, and when there was insufficient constructive use of energy by the priesthood, the Cosmic Law decreed that Atlantis no longer justified its right to exist.

The first cataclysm during the time period under consideration (500,000 B.C. to 10,000 B.C.) occurred 200,000 years ago, and has already been reported under the section,

“The Lemurian Age.” Since this cataclysm tore apart a large portion of the Earth's surface, it is possible that portions of Atlantis sank also at that time.

The second major cataclysm of this time period took place 80,000 years ago. It must have been a worldwide catastrophe of devastating impact, because the Masters stated that the cataclysm of 80,000 years ago changed the colors of the Earth, and for the first time the colors red and black became known to mankind. The Masters explained in another dictation that these colors have a tendency to lower the vibrations of the individual by appealing to the lower senses.

The area now known as the state of Texas was raised during this cataclysm. It was below the surface of the water prior to this event.

During several cataclysms, the tearing apart of the Earth's surface was re-experienced, and piece by piece, various portions of the giant continent of Atlantis submerged beneath the ocean. This process took place over a time period of thousands of years. Finally, only the Island of Poseidonis, a central and small remnant of the original continent, remained. As part of cataclysmic action, lands west and east of Poseidonis had sunk beneath the ocean. The lands that submerged included portions located in the vicinity of today's Cuba.

Poseidonis, when still part of the larger continent, had been the heart-center of the then-known civilized world.

The final Atlantean cataclysm took place about 10,000 B.C. At that time, Poseidonis, the last remaining fragment of Atlantis, was submerged.

The Exodus

Those priests and chelas who remained true to the light were made aware of the date when Poseidonis was to sink. At a certain pre-arranged hour, at night, the followers of the White Order loaded their boats with those temple treasures that they were able to wrest from the hands of the greedy priesthood. One hundred sailboats, equipped with oars, were manned. The boats carried forty volunteers each, including one priest per boat.

Upon leaving the shore, the leader of each boat opened the sealed orders. These documents contained the destiny of each boat. The priest, Hilarion, (who later was Paul, one of Jesus' disciples), was asked to carry the Flame of Truth across the Atlantic Ocean, through the Mediterranean, into Greece. The priest, Serapis Bey, and his group, was to carry the Ascension Flame to Luxor, Egypt. Those who guarded the Flame of Liberty were directed to carry it to southern France. It was the task of the boats to arrive at a place of safety before the ocean would be churned into a boiling sea by the cataclysmic action, which no boat could survive.

Of the one hundred boats that left Poseidonis, only ten arrived. Time and karmic conditions were such that the Cosmic Moment could not wait the arrival of the vessels at their locations, if they were delayed beyond a certain date, for any reason. Other than the ten boats which arrived safely, all of the remaining population of Poseidonis lost their lives.

The treasures of Poseidonis were taken to different parts of the globe. Records were taken to Egypt, Tibet, China, and other parts of the Far East. Some of the Atlantean records later found their way to the library in Alexandria, where ul-

timately most of them suffered destruction by fire. The records not carried to Alexandria have remained intact. These will come forth in the near future, when the viciousness, bigotry, and intolerance of the orthodox mind is dissolved to a point where they will not meet with destruction.

Thus, the last remaining fragment of a once worldwide empire sank, to rest for purification, beneath the present Atlantic Ocean. Some of today's myths and legends point to earlier times of glory.

The Masters said that, in time, indisputable proofs both as to Atlantis' existence and its height of attainment, will be revealed by oceanography, geology and other scientific data.

Serapis Bey and his men reached their destination seconds before the Nile overflowed (caused by the sinking of Poseidonis).

The action of the Ascension Flame, together with the right use of knowledge and power, later brought Egypt to her greatest height.

Hilarion and his group arrived safely at Crete, which at that time was connected to the mainland of Greece. Hilarion established the Flame of Truth there. This focus was later used to bring forth the Temple of Truth at Crete, the Oracles of Delphi and the Golden Age of Greece.

Lesson 8

THE FIRST RAY

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ACOLYTE SERVICE

Play appropriate music, such as “Bells of the Meadows.”
Group Leader gives the following invocation:

All hail to thee, thou all-pervading light of the universe, the supreme source of life, “I AM.” We kneel within our hearts in recognition of the light of the Cosmos, as we draw forth these flames representing the three-fold activity of life, as exemplified by the Holy Trinity:

the Father, (lighting blue candle)

the Son, (lighting yellow candle) and

the Holy Spirit (lighting pink candle)

Beloved Cosmic I AM Presence, come now and assert thy rightful authority in the four lower vehicles of all of thy children and show us how to reverently and humbly express the perfectly-balanced activity of love, wisdom and power which thou art.

Oh Light Supreme, we acknowledge thee in all life, and we give gratitude to the glorious Cosmic and Ascended Beings, as we invoke them and the great angelic host to amplify the energy which we release in this class, and may that light expand, expand and expand, as it travels throughout the universe, ever widening the borders of thy kingdom, in fulfillment of thy will I AM!

After greeting the students, the group leader gives the following invocation:

INVOCATION

Beloved mighty, victorious Presence of God “I AM,” the source that is anchored within each of our hearts, we love and adore you. We acknowledge you to be the owner and giver of all life, our intelligence, our substance, our all!

We call on beloved Archangel Michael and on all Ascended Beings who serve on the First Ray and especially on Elohim Hercules and Ascended Master El Morya.

As we pour out our deepest love and gratitude to the Ascended Host of Light for bringing forth this teaching, blaze (3) your Blue Flame of God’s Will through and around us, eternally sustained.

Seal us in your light and love and power of victorious accomplishment. Guard and protect us, guide and direct us and give us the illumination of truth that shall set us free!

LESSON OVERVIEW

This is a lesson on the God-virtues of the First Ray, the ray of God’s will in action. Other qualities of this ray are power, protection, faith and hope. Leaders in governmental positions and executives are often on this ray. The color of the First Ray is royal blue. Primary representatives are Archangel Michael, Elohim Hercules and the Ascended Master El Morya (Chohan).

It is suggested to contemplate the pictures of Archangel Michael and El Morya, before starting the lesson.

THE FIRST RAY

There are approximately three and one-half billion people in embodiment on the planet, Earth, at one time, and there are about ten billion who use the Earth as a school-room. Each one of these billions belongs to one of the seven rays, or departments of life. That means that they have an affinity for the particular qualities, talents, and attributes represented by one of these seven major departments, and having built a momentum along that line, feel happy and comfortable when they are around people and vibrations similar to their own.

Individuals belonging to the First Ray are usually easier to recognize than are those of other rays, for they usually have limitless energy and strength, and are the ones who “get things done.” They like action, are born rulers and executives, and are capable managers of the various activities. In the more undeveloped individual on the First Ray, their push and drive of energy can sometimes become unpleasant.

Those individuals who are in need of energy and strength, and faith in God and good, should call to the great beings on the First Ray—especially the Ascended Master El Morya, the Archangel Michael, and the Elohim Hercules and draw into themselves the energizing Blue Ray, frequently using the statement: I AM the strength of Hercules,” “I AM his limitless strength and energy and therefore I never get tired!”

THE BELOVED ASCENDED MASTER EL MORYA

El Morya came to Earth as a guardian from the planet Mercury. As Chohan of the First Ray, he represents the will of God, assists those in governmental positions and stands by anyone desirous to do God's will.

El Morya embodied several times as a king. He was Melchior, one of the "three wise men" who found their way to Jesus. Later he became King Arthur of the Knights of the Round Table. As Thomas Moore, the Irish poet, he wrote the words to the song, "Believe Me If All Those Endearing Young Charms." He chose that embodiment to balance the many embodiments he had as a ruler. Together with Kuthumi and Djwal Kul, he endeavored, through the theosophical movement, to bring an understanding of Cosmic Law. El Morya ascended around 1888.

In 1951, El Morya was granted the *Bridge to Freedom Dispensation*. Saint Germain had assisted in this request. Functioning as editor of *The Bridge to Freedom*, a monthly magazine, El Morya used the pen name "Thomas Printz" (Thomas is printing). The Ascended Masters gave the dictations through Geraldine, the twin-ray of El Morya. This connection, and Geraldine's previous service to the Brotherhood, made it easier to give the dictations through her.

In an article entitled "The Spiritual Caravan," printed in the book *The Initiations of the First Ray*, El Morya invited serious students to join him in a spiritual mission, and through teamwork, lay the foundation for a new permanent Golden Age. El Morya is in charge of the Temple of God's Will at Darjeeling, India. The keynote of the temple is "Pomp and Circumstance" by Elgar. His personal keynote and that of his Twin Ray is "Panis Angelicus."

ADDRESS BY BELOVED EL MORYA

“I speak to all mankind everywhere! It is the fiat from the Heart of Creation that the WILL OF GOD SHALL NOW MANIFEST through your life, your energies, your senses. I speak these words into the mental and feeling worlds of this planet, into every appearance which enfolds an earnest son or daughter of the kingdom, who has forgotten the divine destiny of God-mastery.

“The WILL OF GOD is GOOD. The WILL OF GOD is for a free people! The WILL OF GOD is that the axis of the Earth shall be straightened, that the extremes of climate shall be mercifully blended. The WILL OF GOD is that every man, from within himself, shall draw forth the substance and supply which is the need and requirement of his everyday existence. The WILL OF GOD is that there shall be no veil between man and God, and that angels, devas, and all God-free Beings shall walk and talk as freely with the evolutions of the Earth as men now talk with each other.

“This is the WILL OF GOD: the lame to be made whole, the sick to rise, the diseased to become filled with ease and balance—each one entering into the deep recesses of his heart, facing his own Supreme Divinity, seeing it face to face, and becoming enamored of the magnificent perfection pre-ordained and destined for each lifestream.

“It is time that the WILL OF GOD be impressed with such strength and power into the consciousness of mankind, that there can no longer be any dallying in the shadows nor acceptance of limitation as part of this great Universal First Cause. Those in unascended bodies, interested in sending forth, at least five minutes at a time, three times a day, the

following strong, powerful thought (and spoken word if possible), will be MYSELF IN ACTION!

The WILL OF GOD is GOOD!

The WILL OF GOD is LIGHT!

The WILL OF GOD is HAPPINESS!

The WILL OF GOD is PEACE!

The WILL OF GOD is PURITY!

The WILL OF GOD is BALANCE!

The WILL OF GOD is KINDNESS!

“I have stood for many centuries while man and his teachers have talked on and on about the WILL OF GOD and the submission to circumstance. THAT SHALL CEASE TO BE! Within life is the power of mastery, and within my fully-gathered cosmic momentum is the pressure and assurance of faith in the fulfillment of that will!

PLEDGE TO SERVE

To Morya we bow!
We, your chelas, humbly vow
To NOW consecrate
And RE-DEDICATE
Our life in your Service NOW!
We march in God's Name!
Protected by your flame!
'Til this Earth is free,
Blessed One, USE ME.
Help me be The Christ In action,
In God's "I AM" name.

In me you can trust.
"I AM" equal to the task.
I will give my all,
Ready at your call,
All you have to do is ASK.
EL MORYA, my friend,
I am with you 'til the end .
Not my will but THINE.
Place your hand in mine.
On Your Bridge to Freedom chelas
You can NOW depend.

Oh. How we love YOU.
We will help you see it through.
Arm us with your sword,
And with ONE ACCORD,
We'll WIN, even though we're few.
We do now attest.
We will strive to do our best.
For vows that were sworn,
Before we were born,
We will serve until
The Golden Age is MANIFEST.

Melody: Pomp and Circumstance, March No. 4, by Elgar

THE BELOVED ARCHANGEL MICHAEL

Archangels sustain the feeling nature of the Creator for mankind's utilization and nourishment. They embody a particular God-quality. Through them flow the energies of the Seven Rays to the three kingdoms— angelic, human and elemental.

Of the Seven Mighty Archangels, who are the messengers of God, the best known is the Lord of the Archangels, Prince Michael, who is the Archangel of Faith, Protection, and Deliverance from evil. Countless prayers to him, with their immediate response, have drawn him close to the people of Earth.

With golden hair, magnificent blue eyes, and an appearance of splendor, confidence, and faith in God, Lord Michael has responded often to the requirements of the people upon the Earth, who are in distress of soul, mind, and body. He, of his own free will, chose to become guardian of the faith of man in his God, at the very beginning of mankind's embodiment upon the Earth. His presence, or that of one of his celestial helpers, sweeps earthward, to give assistance to anyone in distress who desires his help.

Lord Michael's temple is located in the Canadian Rocky Mountains, in the vicinity of Banff, Alberta. It is now an etheric temple, although long ages ago, it was physically manifest on Earth. It is circular in shape, of tremendous proportions and has four entrances—one at each of the cardinal points of the compass. The temple is made of a beautiful golden substance, encrusted with magnificent blue sapphires, and upon its dome stands a representation of Lord Michael.

When the first group of lifestreams came forth to inhabit the Earth, Lord Michael accompanied them as their guardian. The “holy innocents” first embodied in the vicinity of the great Teton Mountains in Wyoming, U.S.A.. Many centuries later, after the advent of the “laggards” from other stars, who brought with them their shadows of discord, Archangel Michael and his angelic host withdrew more and more to this Temple of Faith.

From this focus, he and his legions have continued to guard, protect and serve mankind. Before the human creation emanated from the people, it was man’s natural estate to walk and talk, serve and accept counsel from the angelic host and their directors. From all parts of the Earth, the people came to receive the powerful radiance of this great Archangel, finding there new strength to continue in their respective services, filling their souls with his faith in the ultimate expression of God’s kingdom of heaven on Earth.

From this etheric temple, Archangel Michael’s helpers constantly go forth on missions of protection, mercy, redemption and salvation. From the temple, the ray of absolute unswerving faith in God continues to radiate forth through the emotional, mental, etheric, and physical substance of the planet and its attendant evolutions. In this temple at night, in their finer bodies, come all who seek to be liberators of the race from disease, soul-weariness, and all manner of human limitation, finding new courage and strength to continue with their chosen service to the Earth.

When an individual makes the call to Archangel Michael and his legions of angels, they answer and relieve mankind from the pressures which have fastened themselves upon

them and which live on their very life. Some of these mass pressures (called mass entities) are accumulated energy of tremendous size. An individual who becomes caught in the pressure of such an entity, by connecting with it through a similar thought and feeling, has not enough spiritual vitality, wisdom, strength, or courage to extricate himself from such viciousness, but if such an individual will call to Archangel Michael for his help to be cut free from such energy, he and his legions will come and give the assistance. Your conscious call for such assistance is imperative, and when sincerely given, always brings results.

Archangel Michael offered to give protection to all taking embodiment on this planet and also on the other planets of this system, until all are ascended and have returned "home." He is also known as the Angel of Deliverance, because he frees lifestreams from human creation with his Sword of Blue Flame. It was when the laggards came to Earth, with their destructive thoughts and feelings, that he devised his Sword of Blue Flame as a means of service, through the ages.

Archangel Michael has worked in the atmosphere of Earth since the beginning of the fall of man, cleansing the atmosphere from mankind's destructive human creation, also called "psychic substance." He has been serving in this capacity for twenty hours out of every twenty-four, since nineteen thirty-nine. In the 1950's it was increased to twenty-two hours out of every twenty-four. When he enters the psychic realm, he puts on full armor, helmet and all, to work with those destructive forces. He will remain until the Earth is free from them.

Archangel Michael came forth November 15, 1938, for the first time since his ministering in France, through Joan of Arc. That night he started his service for America. He also released into the students' hands the dominion of the use of the Sword of Blue Flame and his shield of protection.

Archangel Michael uses the Canadian Mounted Police as a focus in the outer world. He also has a similar focus in southern Germany.

Individuals who pass through the change called "death" still carry with them all their imperfect tendencies and habits of thought and feeling. Your calls to Lord Michael to help them, will cut them free on the "other side" and enable them to go into a higher "schoolroom" for instruction.

It will give tremendous assistance to each one if, before entering sleep at night, the attention is turned to the Temple of Faith and Protection. Here ask Lord Michael to CUT YOU FREE from the causes and cores of your various distresses and limitations, and all that BINDS YOU. This will enable the Power of Light to more quickly enter your world and bring you the perfection your heart desires.

Archangel Michael is usually dressed in blue and gold. His electronic pattern is a winged cherubic head. His banner is a golden sun with the figures of the Seven Archangels, on a blue background. September twenty-ninth is known as Michael's Day.

The keynote of Archangel Michael's retreat is contained in the melody "Soldier's Chorus" (Faust). In the book, "The Angelic Kingdom," prior to the address of each Archangel, the students were apprised of a particular melody. In several

instances, this melody was later identified, in *The Bridge to Freedom*, as the keynote of that Archangel. Based on this, it appears that the melody “Holy, Holy, Holy” contains the personal keynote of Archangel Michael.

TO THE SEVEN ARCHANGELS

MICHAEL! MICHAEL! MICHAEL!
Prince of the Archangels,
From the grateful hearts of ail,
Do songs of praise arise.
For Thy Heavenly Presence,
All on Earth adore Thee,
God from the Sun,
In all the name implies.

MICHAEL! MICHAEL! MICHAEL!
May the guardian angels
From thy heavenly legions,
Stand forth for all to see!
PURIFY! ILLUMINE!
Manifest the glory
Of Light's perfection,
That each one may be.

JOPHIEL and CHAMUEL!
GABRIEL and RAPHAEL!
URIEL and ZADKIEL!
And Mighty Hosts of Light,
Cherubim and Seraphim
From the Realms of Glory,
Rend now the veil
That dims our human sight.

Blessed seven Archangels,
For Illumination,
We invoke thy presence,
In hymns of praise to thee.
Keep us consecrated
To God's Plan fulfilling.
In purity,
Thy ministers to be !

Melody: Holy, Holy, Holy

ADDRESS BY ARCHANGEL MICHAEL

May mankind someday know what the angels, the silent watchers and the devas have done in their conducting of the radiation of heaven through the lower atmosphere of Earth, making the very physical breath breathed into the nostrils life-giving, rather than filled with the actual poison which would destroy the physical form.

Oh, shining devas of the cathedrals, blessed watchers of the churches, oh, glorious angels standing over the missions in the Bowery and Chinatown of New York City, I love you. I bring you the love of home. Oh, ministering angels over the great institutions! You, who are cognizant that the seven Archangels are in the atmosphere of this city tonight, I bring you courage.

Children of earth, you live in the midst of a kingdom inhabited by beings of perfection, voluntary exiles from the glory of the celestial court. Remember them as you walk your streets, visit your sick, pass through your churches. Acknowledge those silent ones above, those mighty devas, whose ministrations have saved the mankind of Earth from mass insanity. I challenge you to do it! They have names, and feelings and purpose. They have love and hope, just as you have. They have stood many centuries, in this country perhaps not so long, but in Europe for thousands of years, in Asia for hundreds of thousands, and they bring their gifts of QUALIFIED LIFE!

May I say that you are by no means the ENTIRE *hope* of the world, but you are a great integral part, because you are illumined from our side, as to *what* we are doing, *how* we are doing it and as to how you, individually, may cooperate with us to help those who may have greater momentums

than you, but have no contact. They have not the faith within themselves to bridge the abyss of reason and enter into the realm wherein we abide. We are using you, the student body, and those who have accepted the Ascended Masters as real, to bridge that great abyss. In your occult and spiritual teachings, that chasm is referred to constantly. There are many, who cannot pass it. There are many highly-evolved and developed lifestreams in orthodox channels who, for superstitious reasons, for fear of ridicule, of bigotry, and other weaknesses that are within the soul, are unable to grasp the unseen hand of the Master, or accept the reality of the radiation and the power that you, individually and collectively, have been able to obtain. There is your tremendous service, and opportunity!

How can a hierarchy fulfill the divine plan of God through unascended beings, unless they can talk to them, unless they can tell them what they are doing and give them an opportunity to volunteer to assist them? *How* can a sainted hierarchy upon marble pedestals, denied the use of intelligence and voice for centuries, do much except by radiation? You are those to whom we have confided our plans, our hopes. Those of us, who have walked the way of Earth, have confided our homely little personal experiences, the way we attained our victory. We have endeavored, by sharing with you the fact that we are men and women like yourselves, to draw you close in the realization of our reality and our accessibility.

You would not be here if you did not accept the possibility that *we are*. All of you do not accept it fully, but a goodly number do. I am grateful for that fact. I am grateful for every opportunity that you afford any member of our eager Brotherhood to reach through the veil. God bless you for it!

HERCULES, THE ELOHIM OF THE FIRST RAY

The Elohim Hercules and his divine complement, beloved Amazon, were the first to accept the opportunity of assisting the God-Parents of this system, beloved Helios and Vesta, to create the planet Earth out of primal life essence. When they answered the call of beloved Helios and Vesta, these two great Beings, looking upon the God-design, said: “We WILL to help in the creation of the Earth as a planetary home for generations yet unborn from the heart of God.” Preceding all constructive creation, must come the WILL TO DO, accompanied by the strength to accomplish that which is designed, to “widen the borders of the Father’s kingdom.” Hercules and Amazon represent that mighty blue flame of strength, power, and the WILL TO DO. Calling to them to enfold you in their protection, strength and power, will draw their mighty assistance into your world and your affairs, for no force ever opposes the mighty Hercules!

ADDRESS BY BELOVED HERCULES

I am the Elohim who embodies the WILL TO DO! I Am the Elohim of DECISION. Everything that has ever been accomplished on the plane of Earth, has been accomplished by men and women of decision, by angels, elementals, and devas of decision, by beings who have voluntarily chosen to combine the energies of their lives with the WILL TO DO. Without that WILL TO DO, there is no accomplishment.

Preceding all action, preceding all manifestation, there must be the WILL TO DO within the consciousness. In this

universal scheme, it is my privilege and honor to embody the fire of enthusiasm and the WILL TO DO that which God intends. It is my joy, my privilege, and my honor to bring to you the pressure of my love and the flame of my heart to expand upon your foreheads my presence, consciousness, and the WILL TO DO that which God intends.

“Are you content with what you are, with what you manifest, today? Are you content with half a loaf when you could have a full one? Are you content to live in limitation and in bodies of decay? IT IS WHAT YOU WILL THAT YOU MANIFEST!

The Seven Steps To Precipitation

FIRST : Preceding all manifestation comes the desire, the DECISION and WILL TO DO. Preceding all activities, you first desire and then make a decision to use your life in endeavoring to externalize some pattern or plan.

SECOND : Next, the Mighty Elohim Cassiopeia gives the gift of PERCEPTION (Illumination), the capacity to cognize the idea to grasp it, to meditate upon it and to draw forth the ways and means by which you will be able to bring it most quickly and satisfactorily into form.

THIRD : After you have perceived, we come to the service of the Mighty Elohim Orion and DIVINE LOVE—the power of cohesion—which draws the unformed into form. This is the power which draws primal life into the pattern or idea held in mind, and sustains it there as long as desired.

FOURTH : Then comes the activity of the mighty Elohim of PURITY, the beloved Claire. His action is to hold steady

the clarified picture—not distorting it by any opinion or desire of the outer self—being a pure, clean pane of glass, as it were, through which that perfect idea is drawn down as a matrix and then filled in with light substance and perfected.

FIFTH : Next comes the activity of the Elohim VISTA (Cyclopea), HOLDING THE CONCENTRATION AND CONSECRATION OF THE ENERGIES, UNTIL THE DESIGN IS COMPLETED.

SIXTH : For the purpose of precipitation, the activities of the Sixth and Seventh Rays are inverted, and the Mighty Elohim ARCTURUS comes in with the use of the VIOLET FIRE, the RHYTHM OF INVOCATION and PRECISION, the planing, the filing, the smoothing, perfecting the symmetry of the form.

SEVENTH : When it is all but completed, the activity of the Elohim of PEACE (Beloved TRANQUILITY) takes the form, increasing it in beauty, harmony and service, SEALING it within his flame of Cosmic Christ PEACE. This enables the creation to be permanently sustained.

Follow our procedure through for the precipitation into form of some constructive idea or thing which you desire to manifest. First, of course, ask your Holy Christ Self within you to give you the picture of the perfect pattern of that which you desire to manifest. THAT WHICH A MAN WILLS, HE SHALL HAVE, for the will is the magnetic power of the Godhead in the heart which does invoke and bring to man that which he desires. I fire you today with the realization that WHAT YOU WILL TO BE, YOU WILL BE! WHAT YOU WILL TO MANIFEST, MUST COME, FOR IT IS THE LAW!

“Remembering HERCULES as you go forward, please do not accept such great limitation in your individual selves,

when you know that it only requires the exercise of the WILL within you to draw forth ALL THAT YOU REQUIRE! Say often, I WILL TO BE GOD-FREE! In the name, and by the power of Hercules, I WILL TO BE GOD-MASTER! I WILL TO BE GOD INCARNATE! and you will be myself in action!”

GROUP DECREERING (Group standing)

Mighty I AM Presence, beloved Archangel Michael, beloved Elohim Hercules, beloved Ascended Master El Morya, CUT US FREE (3) from all human creation, in and around us, or driven against Saint Germain’s Cause of Freedom and Saint Germain’s students.

We ask for your assistance, to CUT FREE every part of life in this location, state, country and throughout the whole planet from negative forces and we ask you to charge into ALL LIFE your faith in the goodness of God, and help them to make a conscientious effort to fulfill their divine plan!

I VOW to be an instrument of God’s Will in action.(3)

VISUALIZATION

a) While softly playing music appropriate to the occasion, rest your attention on the Ceremonial Angels and Angels of Protection, that have assisted you in this class and on Archangel Michael, Elohim Hercules, and Ascended Master El Morya.

b) Send your love and gratitude for their service.

c) Feel yourself surrounded by a pillar of the Blue Flame of God’s Will.

d) Expand that flame to cover your city, state, nation and the entire globe.

BENEDICTION (By Group Leader)

Sealed in a mighty pillar of the Blue Flame of God's Will, from the hearts of beloved Archangel Michael, Elohim Hercules and Ascended Master El Morya, we thank the Ascended Host of Light for the continuous outpouring of love, wisdom and power.

We thank beloved Archangels Michael and the Angels of Protection, Ministration and Ceremonial, who have assisted us in this class. Take up our humble efforts and amplify them with your mighty love. Take them North, South, East and West and cover the Earth with the outpouring of the Blue Flame of God's Will, (short pause).

May the benediction and blessings of the most High Living God and the peace which surpasses all understanding, be with you, each one. May the God of Mercy protect and guide you on your spiritual path toward enlightenment and freedom.

Lesson 9

THE SECOND RAY

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OUTLINE FOR GROUP LEADERS

LIGHTING OF THE CANDLES (ACOLYTE SERVICE)

Softly play appropriate music, such as “Bells of the Meadows.” during the following:

All hail to Thee, thou all-pervading Light of the Universe, the supreme source of life, “I AM.” We kneel within our hearts in recognition of the light of the Cosmos, as we draw forth these flames representing the three-fold activity of life as exemplified by the Holy Trinity:

the Father, (lighting blue candle)

the Son, (lighting yellow candle) and

the Holy Spirit, (lighting pink candle)

Beloved Cosmic I AM Presence, come now and assert thy rightful authority in the four lower vehicles of all of thy children and show us how to reverently and humbly express the perfectly balanced activity of love, wisdom and power which thou art.

Oh Light Supreme, we acknowledge thee in all life, and we give gratitude to the glorious Cosmic and Ascended Beings, as we invoke them and the great angelic host to amplify the energy which we release in this class, and may that light expand, expand and expand, as it travels throughout the universe, ever widening the borders of thy kingdom, in fulfillment of thy will “I AM!”

After greeting the students, the group leader gives the following invocation:

INVOCATION

Beloved mighty, victorious Presence of God “I AM.” the source that is anchored within each one of our hearts, we love and adore you. We acknowledge you to be the owner and giver of all life, our intelligence, our substance, our all!

We call on beloved Archangel Michael and on all Ascended Beings who serve on the Second Ray and especially Beloved Archangel Jophiel, Elohim Cassiopea and Ascended Masters Lanto and Kuthumi.

As we pour out our deepest love and gratitude to the Ascended Host of Light for bringing forth this teaching, blaze (3) your Golden-Yellow Flame of Wisdom, God-Illumination and Discrimination through and around us, eternally sustained.

Seal us in your light, love and power of victorious accomplishment. Guard and protect us, guide and direct us and give us the illumination of truth that shall set us free!

LESSON OVERVIEW

Primary service of this Ray: The God-ideas of the First Ray are put into workable form. This requires wisdom, illumination and discrimination. Teachers and educators are often on this ray.

Color of Ray (Flame): Golden Yellow.

Primary Representatives of this Ray: Archangel Jophiel, Elohim Cassiopea, the Ascended Masters Kuthumi and Jesus (both World Teachers) and the Ascended Master Lanto (Chohan).

THE SECOND RAY: THE GOLDEN RAY OF WISDOM

The Second Ray serves mankind by developing the consciousness of those gifted to impart WISDOM AND TRUE KNOWLEDGE through all the avenues and channels which serve the human race. This is the ray of the teachers and educators.

The beloved Ascended Master Kuthumi was the Chohan of that ray until the year 1958, when this office was assumed by the beloved Lord Lanto when beloved Kuthumi was elevated to the position of World Teacher, along with the beloved Master Jesus.

Those associated with the Second Ray endeavor to give the people of every nation and every race a better and greater understanding of one another, for the true world brotherhood will never manifest until, through expansion of consciousness, an understanding heart is developed within all mankind.

The Ray of Wisdom does not deal with the intellectual accretion of facts and mental genius, as the world sees it. TRUE WISDOM comes from understanding the laws of life and applying them. This necessitates listening to the Voice of the Silence in humble and silent reverence. The wiser one becomes, the more silent is the tongue, the more peaceful the emotional world, and less thinking is done with the brain.

This ray also represents the second person of the Trinity, referred to as the "Son," the path of wisdom, of listening and waiting. This is one of the most difficult steps on the path, for until you can hear the Voice of the Silence, you are running on the periphery of life, shouting with the multitude the hollow hosannas that resound nowhere but in your own ears.

KUTHUMI—WORLD TEACHER
(Formerly Chohan Of The Second Ray)

Among the many embodiments of the beloved Ascended Master Kuthumi, prior to his ascension, was that of Caspar, one of the Three Wise Men who followed the star to Bethlehem. He was also the Greek scholar, Pythagoras, and later, the beloved Saint Francis of Assisi. These are, of course, but a few of his embodiments. Kuthumi, together with the great El Morya and Djwal Kul, were instrumental in bringing forth the Theosophical Society, and those who desire to learn the spiritual Laws of Life and thereby become more efficacious as teachers of their fellowman, will receive much assistance by sending their love and heart-call to the beloved Ascended Master Kuthumi to help them in their chosen line of service.

In the beautiful rolling hillsides of the Kashmir country, beloved Lord Maitreya and his pupil, beloved Kuthumi, maintain a focus dedicated and consecrated to the establishment of the tenets of divine love, as expressed through the great teachers, educators and leaders of world religions of the human race. Here, in the spiritual sanctuary of peace and tranquility, the Brothers and Sisters of the Golden Robe gather, and sit at the feet of Lord Maitreya, Kuthumi and others of the Ascended Host. They learn the way to carry true knowledge and the most effective way to teach such knowledge.

ADDRESS BY THE ASCENDED MASTER KUTHUMI

“The transference of consciousness from one mind to another is known as education. The fully-revealed truth remains ever-present in the universal mind of God, but the individualized intelligence of God’s children must reach into this great mind and incorporate into their own consciousness as much of the great all-truth as they have the capacity to absorb and realize. Every man dips into the well of knowledge with his own cap of receptivity and benefits by his capacity to receive. It is a spiritual communion! The TEACHER is one whose cup has grown through many trips to the well, and he gives of its brimming essence to those not yet able to reach the cosmic brim. Even in elementary courses of education, the teacher first fills his consciousness and then gently holds his cup of knowledge, that the pupil may sip of its sweetness, become enamored of its essence, and return again to the teacher’s fount until, perhaps, they are among the very few who will join the teacher at the cosmic well. Those who will not drink are never increased in worth. Blessed be those who stir the spiritual hunger, and blessed be those who feed the hungry!

“The illumination of the outer consciousness, the awareness that brings to mind the purpose behind all rituals, all decrees, all activity that takes place, enables the individual, as well as the collective group, to happily join in the ceremonial required to magnetize the gifts of the Godhead. Where there is not illumination, there is reluctant energy! It becomes ‘duty’ service—the service which comes through fear and superstition. THIS SHALL NO LONGER BE! In the New Age and era under the direction of the Ascended Master Saint Germain, it is the fiat of the Cosmic Law that man

shall KNOW why he must purify his physical, mental, emotional and etheric bodies, and to what purpose he must remain harmonious. Then there will be loving cooperation on the part of the aspiring student! It is through the activity of our beloved El Morya in THE BRIDGE TO FREEDOM that we are endeavoring to give the WHY of this endeavor to the outer consciousness of mankind.”

MUSICAL INTERLUDE

While the student (or group) sends his love and focuses his attention on the beloved Ascended Master Kuthumi (by using his picture and asking for his radiation, feeling, nature and consciousness) the song, “Kashmiri Song” (“Pale Hands I Loved”)—which includes the keynote of beloved Kuthumi—should be played as music for contemplation.

LANTO, CHOHAN OF THE SECOND RAY

Beloved Lanto made the ascension during the time of Confucius (500 B.C.). He stressed honesty and integrity among all people. At one time he was the Chinese Emperor Chan. Lanto was able to expand the light in his heart to a point where his physical body became self-luminous. At the time of the sinking of the Lemurian Continent, he was entrusted with guarding the Precipitation Flame and the treasures held within the Teton Mountains, which we now call the Rocky Mountain Retreat.

Beloved Lanto brings to the Second Ray, not only great wisdom and illumination, which are its special qualities, but

also his long momentum in the use of the Precipitation Flame and his great reverence for life, which is a quality mankind needs very much at this time. He will greatly assist each student who calls to him to precipitate more GOOD—more of the God-qualities into his world. The understanding of reverence for all life is true illumination and enables each student to better serve all life. Until 1956, he was in charge of the Teton Retreat. He relinquished this position to become the Chohan of the Second Ray. Beloved Confucius is now the Hierarch of the Teton Retreat.

Lanto's particular quality is reverence for life. He is on the Second Ray. His keynote is "Oh! Thou Sublime Evening Star," from Tannhäuser.

ADDRESS BY THE ASCENDED MASTER LANTO

"There is a great deal to be said about REVERENCE FOR LIFE, and a great deal to be thought about, for remember—life comes from God, and no matter in what form life functions temporarily, it is pre-ordained to return to God's estate. Therefore, for ages I have taught a reverence for life, and WHEN THAT REVERENCE BECOMES GREAT ENOUGH, THE SCIENCE OF PRECIPITATION IS EASY, because your reverence is impersonal and you love all life in an impersonal and harmonious manner, equally. There are no cores of selfishness to stop the release of the good from your Causal Body for the blessing of all imprisoned life everywhere.

"It is easy to reverence one individual, or a few with whom you are in association in the course of an embodiment, but that great impersonal reverence for all life comes,

as you take advantage of our teaching and our radiation.

“In China ages ago, the true Law was taught with regard to reverence for life—not only to apply to man, but also to plant life. None that followed that true Law even broke a flower from its stem. At that time of China’s great beauty and perfection, we all knew that the life that came of God, from God, even through a flower, had a divine destiny to fulfill in its giving beauty to the passerby, perfume the air, and that in its season, its own divine archetype would withdraw it. So we moved in that magnificent reverence for life and for each other, and for those who came to ‘convert’ us to various religious beliefs wherein that reverence was neither known nor felt.

“Now you are coming again to an understanding that reverence for life is impersonal and covers the entire human race and all that lives. In learning that, you shall then be the precipitating powers of good! What a small rose can do, surely a human being can do! The rose follows its divine pattern and it blooms in its season. Mankind must come to a point where he or she can reverence the life that is within himself and then, in time, expand it in love until he, too, becomes the Christ manifest, wherever he may be.

“THIS IS THE GREATEST TEACHING THAT THERE IS IN THIS WHOLE WORLD, THE GREATEST UNDERSTANDING, THE GREATEST SPIRITUAL LAW THAT THERE IS IN THIS UNIVERSE! LEARN TO REVERENCE LIFE, AND WHEN YOU DO THAT, YOU WILL NOT HURRY, YOU WILL NOT BE BITTER OR DISTRESSED, YOU WILL COME INTO THE GRACEFUL WAY OF LIVING—WHICH IS THAT OF THE ASCENDED MASTER SAINT GERMAIN.”

LANTO, DEAR LANTO (Melody: "Juanita")

Lanto, dear Lanto,
 Friend of old and friend of light,
 Parent and teacher,
 We look to thy height.
 Let all now adore thee,
 For thy patient love and care,
 Let all bow before thee,
 Let thy love all share.
 Friend of the ages,
 To thy gracious heart we call,
 Let cosmic mercy flood,
 O'er earth to all.
 For beloved China,
 Land of Mercy's Healing Flame,
 Free her blessed people,
 In the "I AM" name.
 Guardian belov'd,
 Of America so dear,
 Help her to Freedom,
 Make her way all clear.
 Purify, illumine,
 All within our land today,
 Let thy peace and victo'ry,
 Ever with her stay.
 Hail Royal Teton!
 First God-home of man on earth,
 Flood forth God's goodness,
 Healing, peace and mirth.
 Raise our earth to heaven,
 Fulfill now God's perfect plan,
 Reveal God in action,
 Brotherhood in man.

Chorus:

Lanto, dear Lanto,
 Never, never from us part.
 Heal us, raise us and seal us,
 Ever in thy heart.

BELOVED JOPHIEL, ARCHANGEL OF ILLUMINATION

The great Archangel Jophiel is the divine teacher of angels, mankind and elementals who are desirous of expanding their understanding of life and its beneficent God-laws, by which his great universe is governed. This understanding enables them to serve in greater capacity and with more efficacy. He stirs the feelings, through radiation of illumination, into aspiration for spiritual ideas. This beloved Archangel applied to the God of all life, at the heart of the universe, for opportunity to serve as a divine teacher, after having earned the right so to do by applying himself, for countless ages, to study and preparation.

Jophiel's Temples of Light at inner levels are of an exquisite golden color, which is symbolic of the activities of the Second Ray. In these temples, lovely beings who serve with Lord Jophiel, teach the angelic host how to expand their love and powers of light, which makes them a greater blessing to all life. They also teach those of mankind who are desirous of developing educational culture and such lifestreams are taught in the Temples of Illumination at night, while their physical bodies sleep. Eager elementals are also taught in Jophiel's Temples of Illumination. The entire service of Lord Jophiel is to expand the UNDERSTANDING of every self-conscious intelligence who desires such help, no matter to which kingdom it may belong.

Serving with Lord Jophiel is his magnificent divine complement, whose name is Constance. Her service is to help in anchoring more firmly, within the consciousness of the aspiring student, the desire to serve. By the radiation of her own God-quality of constancy, she stimulates the activities of the

Christ Flame within each human heart to “follow through” to accomplishment.

Lord Jophiel and Constance, and the teachers in the Golden Temples of Illumination, expand, within each consciousness which comes to them for assistance, the capacity to express higher and more lofty ideals of Deity. From the temples of Lord Jophiel there are directed, into all educational temples and schools of learning here on Earth, great beams of golden light. Angels of education and illumination direct currents of instruction, encouragement and inspiration over these beams, through radiation, to the teachers in such temples and schools. Great scholars, interested in the various aspects of the Law, both spiritual and physical, are the recipients of directed currents of energy from these temples, and occasionally such individuals on earth have assigned to them an “invisible teacher” to assist them, and thus they receive such instruction through intuition, inspiration and dreams.

Note: Jophiel’s keynote may be found in the melody, “The Sweetest Story Ever Told.”

ADDRESS BY BELOVED ARCHANGEL JOPHIEL

“From the Sun behind the Sun, from the Parents of our system, and from the Parents of every Galaxy, I bring into your souls, into your spirits, and into your consciousness, LIGHT! LIGHT! LIGHT! that you may understand the God-qualities of the Illumination Flame.

“Many men and women say, ‘When I have attained, I shall serve my Lord!’ The measure of a man or woman is in

what he or she does in the eternal NOW! ALL the great things that have been done through the ages, and on all planets, have been done by the FEW! We cannot count on the consciousness that measures success in numbers, for it is never the masses of people, but the FEW who form the hope for the fulfillment of a vision or design of merit. Only TWO BEINGS in the heart of a Sun create a planetary system! Seven Elohim create the planets, and there are only seven Archangels through whose consciousness, bodies and worlds, flows all of the energy for the Seven Mighty Rays to nourish the spiritual natures of the human, elemental and angelic kingdoms. Seven directors (Chohans) govern, control, guide, counsel and evolve ten billion lifestreams who use the planet Earth.

“WHILE ONE MAN, ONE WOMAN, DESIRES THE SUSTENANCE OF A PLANET, WHILE TWO STRONG FEET ARE PLANTED UPON THIS EARTH WITH A HEART ANCHORED INTO GOD’S HEART, THE PLANET MUST SURVIVE BECAUSE ONE IN THE AUTHORITY OF THE I AM IS THE PRESENCE OF ALMIGHTY GOD, AT WHATEVER POINT OR PLACE THAT FOCUSED FLAME ABIDES!

“My endeavor, my service to life, is in the teaching of the consciousness—enabling it to discover, within itself, that which is the power of Light. In the great Second Realm and Sphere, all the beings representing the three evolutions are given the education required for them to become masters of energy and, in turn, capable of carrying the instruction to those who desire it and wish to evolve upon the ladder of evolution to its ultimate perfection.

“In the Second Sphere, ideas become crystallized. In

other words, they take form. In your own world, it is much the same—you receive an abstract idea. For instance you might say, 'I would love to take a journey.' Then your mind, which would represent the Second Sphere, would say, 'Very well, we shall take the abstract and fashion it. We shall design a trip to Bermuda, to England, or to some other specific place.' You might receive an idea for a new home, then your mind would take that idea and say, 'I would like home with eight rooms and an acre of ground.' It is in this Second Sphere that the abstract ideas are crystallized into workable form.

“The desire which, in itself, signifies its origin—'de sire' meaning 'of the Father,' then takes on form. When you look upon your plan for your gift, for your home, or whatever it may be, you draw it down into the Second Sphere. If it pleases you, your feelings rush into it, you energize the form, and the pressure of your feelings gives it life and brings it into manifestation.”

SONG: HOLY CHRIST FLAME

Thou Holy Christ Flame within my heart,
Help me to manifest all thou art.
Teach me to see thyself in all;
Help me to show men how to call
All of thy glory from the Sun
`Til Earth's great victory is won!
"I AM," we love thee, thou art our all,
"I AM," we love thee—hear our CALL!
I hear thy call, my children dear.
"I AM" thy heart, so never fear!
"I AM" your mind, your body too;
"I AM" in every cell of you.
"I AM" thy earth, and sea, and sky,
And not one soul shall I pass by!
"I AM" in thee, thou art in me!
"I AM!" "I AM!" Earth's VICTORY!

Note: Lord Maitreya told the students that this song helped him greatly to achieve the ascension. Music available on tape.

CONSTANCY

(A Song Dedicated To Archaii Constance)

Oh, make and keep us constant,
Beloved I AM to thee;
And grateful for thy presence,
Whose light now sets all free.
We feel thy cosmic power
Thy love to all impart;
Expand now God's forgiveness
In every constant heart.

May we be ever constant,
When pressures seem so strong;
'Til through love's power triumphant,
We sing again its song.

Oh, make and keep us willing
To ever constant be,
In giving our great service,
Of loving all life free.

May our desire be constant,
To see the Master's face;
In faith, our hearts expectant,
Are poised in listening grace
To find that realm eternal
From whence we ne'er shall roam,
When once our tasks are finished
And God then calls us home.

Beloved Archaii, Constance,
Our guiding star now be;
And ever blaze within us
Thy Flame of Constancy.
To make and keep us constant
In blazing forth God's light,
That raises all mankind in
Ascension's glory bright.

CASSIOPEA, THE ELOHIM OF WISDOM
(MINERVA: DIVINE COMPLEMENT)

The Seven Mighty Elohim actually builded the planet Earth from primordial light substance, as a beautiful and shining habitation for all the children of God who desired to learn to control the use of energy and vibration upon it. The wisdom of God, directed through the consciousness of Cassiopea and Minerva, helped to hold the divine pattern for the very contour of the Earth and to determine the number of individuals who could inhabit it at any one time, the length of time each one so chosen should remain embodied on the earth, the requirement for soul rest, and finally, when such individuals should embody again, to endeavor to fulfill their divine plan.

True wisdom has always enfolded God's children, serving often without knowledge of their benefactors, in a concentrated golden ray from the hearts of mighty Cassiopea and Minerva, as well as of the Archangels Jophiel and Constance and those elder brothers and sisters known as the "Teachers of the Golden Robe." Patriots, teachers, humanitarians, artists, men of research and science, men of the "cloth," and metaphysical teachers, whose motives are sincere and who do not desire wisdom just for personal gain, are always inspired by these divine beings of the Second Ray.

DISCRIMINATION IS A GIFT OF THE SECOND RAY AND HELPS THOSE CHILDREN OF GOD TO IMPARTIALLY RECOGNIZE, STUDY AND PONDER THE KNOWLEDGE RECEIVED, AND TO ACCEPT OR REJECT AS TRUTH THE PRESENTATIONS GIVEN TO THEM.

ADDRESS BY THE BELOVED ELOHIM CASSIOPEA

“I am Cassiopea, Elohim of Perception and Wisdom, Elohim of the concentrated power of attention, without which the mind could not conceive or know anything here or hereafter. The power of your attention is the open door to your mind and your entire consciousness. Our ray (the Second Ray) brings illumined understanding of God’s divine plan and design—his pattern—to the people of earth, who open the door, through their attention, to that pattern and design.

“The planet Earth is in a state of cosmic incubation, and the beams of intelligent energy (which you call cosmic light), are really light substance consciously directed to the earth by the attention of Cosmic Beings upon her. One of these beams is the Golden Flame of Divine Illumination from the hearts of certain of the Hierarchy, which has been directed to this earth for aeons of time. As Illumination’s Ray has continued to play upon the earth, and as the attention of the advanced members of the race has begun to reach out again toward God, the return current of the attention of mankind toward heaven has made the circuit complete.

“My activity is that of perceiving what the God-parents have designed and want to have made manifest. The purpose of the Second Ray is the PERCEPTION and ACTIVE ILLUMINED CONTEMPLATION of the God-plan and design. After you have made the decision and surrender to the will of God, you must next receive the divine idea and directions as to how to manifest it. Therefore, the first activity of the mental body after making the decision TO DO, is to BECOME STILL!

“Your mental body receives, through your attention and through all activities of the senses, everything that your attention connects with (good or otherwise) and draws back

the picture and form into your mind. The mental bodies of mankind are like an old warehouse, in which has been stored the furniture and accumulations of the ages. They are full of cobwebs and discordant human concepts, as well as much that is petrified and some which is in the process of disintegration.

“When you first received your mental bodies from the heart of creation, they were like crystal balls of light into which you received the clear, concise and beautiful ideas and patterns from your own Holy Christ Self. Even as you read and hear this, I am passing my flame through your brain consciousness. LET GO of your human concepts of the ages!”

THE SEVEN STEPS TO PRECIPITATION

By Elohim Cassiopea

“When we were first called by Helios and Vesta and asked if we were willing to create this planet Earth, we said,
(1) ‘We WILL to help you!’

(2) Next, we had the humility to ask what THEY wanted us to do, so we were given that PERCEPTION when we looked upon their divine design.

(3) We had the DIVINE LOVE to magnetize electronic light substance to form the planet.

(4) We had the PURITY and HUMILITY to not desire to change their divine design.

(5) We had the CONCENTRATION of energy to stay with it, and do you know just how many millions of years it takes to create a habitable planet?

(6) We also kept the RHYTHM OF INVOCATION, and many a day we left our own particular cosmic work to join with the other Elohim, pouring love and light into this planet, which was taking form at that moment. Never was there one of us missing at that rhythmic hour, lest the Flame of Cassiopea, or perhaps the Flame of Orion, should be in smaller proportion to that of the others. If that had happened, the perfect harmony and balance of the seven Elohim, which came in rhythm century after century, would have been broken.

(7) Then it was required of us to release to and through our creation the PEACE and HARMONY, which would sustain this planet until its evolutions began to evolve upon it, as well as after the coming of the mankind who were invited here to enjoy it. “Your Holy Christ Self now awaits your recognition and acceptance of it—and not in the abstract! That Holy Christ Self is a very real being! It awaits the opportunity of showing you YOUR divine pattern, which can be revealed to you through your mental consciousness, when it is held like a grail to that Holy Christ Self. This must be done in humility, sincerity, and in a realization that certainly the being who made you and has sustained you for millions of years—giving even yet the breath of life—should at least have some ‘say’ in your affairs.

“Within your heart is the golden Flame of Illumination which will reveal truth to you. Now, in answer to my call, this flame rises into your brain structure and outer consciousness, clearing away, forever, the human concepts of the ages, clearing away the half-truths, and expanding the golden flame of the sevenfold activity of the Elohim, which is anchored within your forehead. If you will accept it, each of you is being made a grail through which some Perfected Being may channel and direct his blessings for the race!”

VISUALIZATION (CLASS SEATED). DIRECTOR SAYS:

“Now visualize yourself sitting within a pillar of blazing golden light and the Golden Flame of illumination, Wisdom and Love pouring downward from the I AM Presence, in a steady stream of prismatic light. See and feel it anchor itself within your heart as a cup, and see this cup overflow, until that golden fire penetrates every cell, organ, function and part of your physical body. Feel it go through your etheric body, feel it fill your brain and mental world and radiate out into your emotional world, for a few feet in every direction. Feel that you ARE the CHRIST sending forth that Golden Flame of Wisdom with the feeling of love, to bless all that touches the “hem of your garment.”

GROUP DECREEING (CLASS STANDING)

Beloved Presence of God I AM in me and beloved Ascended Master Kuthumi, while my body sleeps tonight, send a messenger to escort me to you in my inner body. Instruct me fully and bathe me in the Golden Flame of Illumination. CHARGE my consciousness with all that I need to know at this time in order to fulfill my divine plan. See that I return to my physical body with the full conscious memory of that instruction, so that it becomes a real and practical knowledge that enables me to have greater mastery in my own world and to be of greater service to the Ascended Masters and my fellowman. I accept this MANIFEST in my world RIGHT NOW and forever sustained!

Beloved Presence of God I AM in me and beloved Ascended Master Lanto, CHARGE me with your great quality of reverence for life, and instruct me as to how I may precipi-

tate ALL GOOD into my world. I AM the precipitation and visible presence of God's limitless perfection into my world and affairs RIGHT NOW and forever sustained!

BENEDICTION (By Group Leader)

Sealed in a mighty pillar of the Golden-Yellow Flame of Wisdom, God-Illumination and Discrimination, from the hearts of beloved Archangel Jophiel, Elohim Cassiopea and Ascended Master Lanto, we thank the Ascended Host of Light for the continuous outpouring of love, wisdom and power.

We thank beloved Archangels Michael and Uriel and the Angels of Protection, Ministration and Ceremonial who have assisted us at this class. Take up our humble efforts and amplify them with your mighty love. Take them North, South, East and West and cover the Earth with the outpouring of the Golden-Yellow Flame of Wisdom, Illumination and Discrimination.

May the benediction and blessings of the most High Living God and the peace which surpasses all understanding be with you each one. May the God of Mercy protect and guide you on your spiritual path toward enlightenment and freedom.

(Group Leader extinguishes candles, starting with pink candle, then follow with yellow candle and blue candle).

Lesson 10

THE THIRD RAY

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ACOLYTE SERVICE

Play appropriate music, such as “Bells of the Meadows.” then say,⁴

“All hail to Thee, thou all-pervading light of the universe, the supreme source of life, “I AM.” We kneel within our hearts in recognition of the light of the Cosmos, as we draw forth these flames, representing the three-fold activity of life, as exemplified by the Holy Trinity:

the Father, (lighting blue candle)

the Son, (lighting yellow candle) and

the Holy Spirit (lighting pink candle)

“Beloved Cosmic I AM Presence, come now and assert thy rightful authority in the four lower vehicles of all of thy children and show us how to reverently and humbly express the perfectly balanced activity of love, wisdom and power which thou art.

“Oh Light Supreme, we acknowledge thee in all life, and we give gratitude to the glorious Cosmic and Ascended Beings, as we invoke them and the great angelic host to amplify the energy which we release in this class, and may that light expand, expand and expand, as it travels throughout the universe, ever widening the borders of thy kingdom, in fulfillment of thy will ‘I AM!’”

MUSICAL INTERLUDE

Play the melody, “Ah, Sweet Mystery of Life,” (keynote of Lord Maitreya, Lord of Love, formerly World Teacher, now the Buddha).

INVOCATION

“Beloved mighty, victorious Presence of God “I AM.” the source that is anchored within each one of our hearts, we love and adore you. We acknowledge you to be the owner and giver of all life, our intelligence, our substance, our all!

“We call on beloved Archangel Michael, Archangel Uriel and on all Ascended Beings who serve on the Third Ray and especially Beloved Archangel Chamuel, Elohim Orion and Ascended Master Paul the Venetian.

“As we pour out our deepest love and gratitude to the Ascended Host of Light for bringing forth this teaching, blaze (3) your Pink Flame of Cosmic Love, Harmony and Tolerance through and around us, eternally sustained.

“Seal us in your light, love and power of victorious accomplishment. Guard and protect us, guide and direct us and give us the illumination of truth that shall set us free!

LESSON OVERVIEW

This is a lesson on the God-virtues of the Third Ray.

Primary services of this Ray: The God-ideas born on the First Ray and put into workable form (by the action of the Second Ray) are vitalized with the life-giving essence of love. Without love, the cement of the universe, there is no manifestation. Other God-qualities expressed by the Third Ray: tolerance, harmony, gratitude.

Color of Third Ray: Pink.

Primary representatives of this Ray: Beloved Archangel

Chamuel, Elohim Orion and Paul the Venetian (Chohan).

Before starting this lesson, contemplate the picture of beloved Paul the Venetian and ask for his radiation, feelings, nature and consciousness.

THE THIRD RAY, THE MAGNETIC PINK RAY

The Third Ray represents the magnetic power of God's Pink Flame of Love, which is the activity which coalesces the divine ideas and brings them into physical form. It is the substance of divine love which actually holds all form together, for without this love, the very atoms which make up the physical form would fly apart.

The First Ray represents the will of God, the Second Ray represents the wisdom of God, and the Third Ray represents the magnetizing love of God, thus completing the trinity of the activity of the Immortal Threefold Flame that abides within each human heart and makes of man a divine being, with the power to create, even as God creates. This Threefold Flame is also known as the Liberty Flame.

Tolerance and harmony are part of the activities of the Third Ray because, in changing the outer world's appearances into the divine plan, whether it is of a person, locality, or a nation, the more that can be accomplished through respect for the feelings of others, rather than through a bombastic shattering of the existent form, the better for all concerned. The divine plan, in order to be of any use, must be drawn into the physical expression and molded into the substance of the earth plane, and this great ray is the process by which such creative action takes place.

The divine plan is contained within the Threefold Flame within the heart of each one, and signifies to all life that God, the I AM Presence, has some special activity to perform through each one—that there is some fragrance, some virtue, some momentum of GOOD which each lifestream wishes to express in this physical world. Thus, it is, that the Brothers of the Third Ray assist every man, woman and child to fulfill their divine plan.

THE USE OF THE PINK FLAME

The use of the Pink Flame of Love is truly one of the most practical ways to bring results into your world, especially when there seems to be obstruction of some kind between individuals. ALL responds to the love and peace of the Pink Flame.

Experiment with the Pink Flame and blaze it through every cell and organ of your physical body. Visualize this activity as you blaze it through your brain and mind structure, saturate your feelings with it, and see how it becomes a magnet that draws people and things into your world for its blessing.

Use it to bless everything you contact, and anything that does not seem to yield the harmony and perfection that you desire. It acts like “oil on the troubled waters” in harmonizing and bringing perfection where imperfection seems to be manifesting. Call to the Great Beings who serve on that ray to give you the added pressure of their love and watch the perfection that you draw into your world, for this Pink Flame of Adoration is without parallel.

GRATITUDE

One of the quickest ways to release the God-powers locked within each heart is, by a deep, sincere and profound feeling of GRATITUDE for life and the many, many blessings which you now enjoy. You will be surprised to find how very “rich” you are if you will take the time to ENUMERATE all the GOOD that is now in your world. GRATITUDE causes the thing you are grateful for to expand and double its blessings to you, so that where there was only ONE blessing, your gratitude makes TWO!

GRATITUDE is really a stream of energy going forth from you with a BLESSING. Since all life desires to be loved, your gratitude causes more and more of the intelligences in all life to RUSH to you to be blessed by your gratitude and to be temporarily relieved from the pressure of discord which they have been under. Lack of gratitude for the good now experienced has prevented many a door from opening for earnest students and increasing the abundance of good which they desired and expected. THERE IS NO SUBSTITUTE FOR GRATITUDE AND LOVE!

ADDRESS BY LORD MAITREYA

“Beloved and blessed Spirits of God, do you know how much you are loved? Have you thought, in your long and tedious journey through the world of form, of the amount and intensity of LOVE that has been invested in your lifestream, individually?

“From the moment when you were called forth, a sweet

and innocent spirit spark from the heart of the Universal Father-Mother God, from that very moment of individualization, love has sustained you!

“Love has furnished for you, out of the beautiful Electronic Light Body of God, himself, the electronic form of your own I AM Presence!

“Love has drawn the substance of the elemental kingdom, which has formed for you an emotional body by which you might feel the glorious nature of God, by which you might feel love and harmony and beauty, and every other feeling which is of that nature.

“Love has fashioned for you from the elemental substance a mental form by which you might receive the ideas of the universal and fashion for yourself an individual world.

“Love has created for you an etheric envelope into which you might record the experiences in the use of energy and vibration—building into this etheric body the mastery of light.

“Love has drawn from the physical atoms of this world the very physical body which you wear.

“All of that electronic light substance is intelligent and beautiful free life, that chose to forego its happiness in spheres and realms of perfection, for the questionable opportunity of making garments for your souls.

“Love, from the heart of the kingdom of nature, fashioned for you this very planet—a platform upon which your feet might stand, fresh water to refresh your garments, the beautiful, pristine air which you breathe so freely, the glorious firmament with the blue sky of day and the star-studded

mantle of God at night, to give you rest and peace and give you opportunity to refresh yourselves through your journey through the world of form.

“Love, through the Maha Chohan, drew from the kingdom of nature the tiny elemental forms and trained them to embody themselves in flower, in tree, in shrub, in grass and the very substance that, through nature, nourishes and sustains your physical bodies.

“Love drew the heart of Sanat Kumara from his own beloved on Venus and helped him to make this self-chosen exile that this very planet, Earth, might be sustained and mankind would not be found orphans without a planetary home!

“Love from the heart of Sanat Kumara drew the response from the great Gautama Buddha and myself in its great desire to train a Hierarchy that might teach man, again, the power and mastery of life within the Sacred Fire!

“Love has done all of this for you!

Do you know what it means to the hearts of the Ascended Masters to see a group of unascended beings stand together and call them by name and in song, mingling the worded expression with the love of their hearts—when for countless centuries of time, the mankind of earth did not even know the Ascended Masters existed? Little do you yet comprehend the power that is within that magnetic heart-beat.

“The love from your heart draws the Ascended Master. The Masters come because of your love, for LOVE is a power that cannot be denied by Solar Lords, angels, devas or by Cosmic Beings.”

ADDRESS BY ARCHANGEL MICHAEL

“I come to bring to you the conviction of the power and positive energy that is within true, divine love. It takes a tremendous capacity of love for an evolution, to stay within the psychic and astral realms twenty-two hours out of every twenty-four, as I and my legions do.

“On all of the seven rays, the love aspect is behind every expression. The love aspect is active in the radiation of the Golden Flame, where the teaching, the understanding and the magnetizing of the interest of individuals by love, is stressed, until they come to a point where they want to know and apply the Spiritual Law.

“Love is evident primarily, and most extensively, under the Third Ray where one finds tolerance and understanding toward all of life. It is certainly evident on the Fourth Ray, where purity of emotions, mind, etheric substance and flesh are essential to a good connection with the Godhead and the externalization of the God-design. It is love that is expressed in concentration (one of the activities of the Fifth Ray), for that which you want to do in love, you accomplish. You know that, even in your outer world association.

“If you love enough, that thing you will do, no matter what the personal discomfort may be. Love is active on the Sixth Ray again, in the desire to minister to mankind, individuals not in embodiment and imprisoned elementals. Love is certainly an aspect of the Seventh Ray, for what greater love can there be than to invoke from cosmic heights, the Ascended Masters’ Realm and the angelic kingdom, HELP for an evolution that is in distress!

“So never consider love as negative—it is always a positive aspect, but its expression may be in dynamic confidence, faith and protection. It may be in illumination and understanding, in wonderful tolerance, in the spirit of the ascetic. It may be in the concentration of your energies upon something which will be of benefit to the whole universe. It may be in ministering in your hospitals or asylums to men and women in distress, in the using of the power of invocation as best you know how, like the chemist in the laboratory, putting one and the other activity together, until you have the divine alchemy of the Violet Fire. There is no greater love in the universe than that expressed by a man or woman who gets that perfect alchemy and the science that is behind it, and can transmute through example—at least to the student body—the science of the Violet Fire of Purification.”

PAUL, THE VENETIAN, CHOHAN OF THE THIRD RAY

Paul, the Venetian was last embodied as the Italian artist, Paolo Veronese (1528-1588), one of the major painters of the 16th Century Venetian school. His most famous works are huge compositions depicting allegorical, biblical or historical subjects.

Paul’s retreat is the Temple of Liberty near Marseilles. For his keynote, the song, “I Love You Truly,” by Carrie Jacobs Bond may be used. The keynote of the retreat is contained in the French National Anthem, “The Marseillaise.”

In the beautiful, spacious hall of the retreat, there is located a beautiful painting representing the Holy Trinity. This

painting was begun by Paul Veronese and was completed by him after the ascension. Therefore, it has the unique distinction of carrying the vibratory action of both realms of activity. The retreat contains the Flame of Liberty, brought here in a boat by survivors of the Atlantean cataclysm, so that the love of liberty might be sustained in the hearts of man, for generations yet unborn.

This chateau is a very beautiful retreat and contains exquisite beauty in art, sculpture, and every type of culture developed by man through the ages, with beautiful formal gardens and a profusion of roses of every kind.

The Chohan of the Third Ray is vitally interested in the encouragement of the talents, latent and developed—for each and every lifestream. Each is sent forth in the beginning, with a specific blessing to give to the earth. The Brotherhood, under the direction of this Chohan, are the ones who stand by, encourage, sustain and protect, not only the genius at the top of the ladder, but also the humble aspirant, who has just placed his feet upon the first rung of the ladder of attainment.

MUSICAL INTERLUDE

LOVELY VENETIAN

Lovely Venetian! Brother of light,
Bring us love's beauty from heaven's height!
Gentle and patient, understanding too,
Beautiful Venetian, WE LOVE YOU!
Chateau de Liberte, home of our Paul—
Guardian of Liberty's Flame that frees all;
In every heart, that flame—pink, blue and gold—
Gratefully adores you, friend of old.
Life's blessed purpose, let all now see!
"Our Brother's Keeper," help all to be;
Where shadows darken, love is needed most—
Help us there to give it, heavenly host!
Lovely Venetian, make us firm and strong,
Wielding love's power, righting all that's wrong.
For your love's service, freely given all,
God's great gifts of glory, NOW WE CALL.
Goddess of Liberty, bless your dear son,
Our friend and brother—God's holy one!
Expand his power, every blessed day,
We love our Venetian, God's Third Ray!

*Melody: "I Love You Truly" (by Carrie Jacobs Bond)
(Key of B flat)*

Beloved Liberty Flame (Melody: “The Marseillaise”)

O Sons of Light, awake to glory;
God’s Legions bright now come again
To bring to Earth perfection’s story—
The plan divine and goal of all men.
As they aspire, so the Christ takes command,
And God’s great light will banish the shadows
That now enfold this planet `round;
As man then bursts his bonds asunder,
The bells of freedom will resound.
Arise! To God now call
For peace and liberty!
This truth we know—
Light is supreme and master over all!

ADDRESS BY PAUL THE VENETIAN

“The beings of the Third Ray are particularly concerned with the development of love and represent the activity of divine love in the triple aspect of the Holy Trinity. Through the Elohim, the Archangels and the Chohans, they endeavor to lower into the consciousness and feelings—first of the students and then of all people—a love for God that contains within itself a mighty sense of faith in his power to restore emotions, minds, bodies and memories to their perfect estate.

“Examine yourselves closely and find out how much reli-

ance you have in the all-power of the Threefold Flame of God in your world, and how much you have allowed to build upon passing appearances. You must come to an acceptance, in your feelings, of the ever-presence of God within the Threefold Flame of truth that beats your heart. Mental acceptance of this is not enough, for when the feeling world joyously accepts that active Christ Presence and joyously gives that Presence full power to act through your various vehicles, then you will find yourself master—first of your aura, and then you will be able to give joyous assistance to your fellowman.

“My service has always been to develop a love of one man for another, one race for another, one religion for another, and I tell you, in my opinion, that it is the most difficult of all the tasks that have been given to myself or any of the Chohans of the Rays, because each man, according to birth, race, background, and training, is so anchored in the self-righteous acceptance of certain tenets (some partly true and others not at all), that it is an almost impossible task to pry him loose from them.

“To have a world brotherhood requires a sincere interest in, and an intense devotion to, the entire mass of human kind, the animal kingdom and the elemental kingdom. Love in the abstract is easy of accomplishment, love of the Cosmic Beings, love of the Masters and the angels, and love of the Supreme Being seems easy because there is no pressure of a personal aura which is disturbing to the unmastered energies of your own world.

“You, beloved students, must cultivate the capacity to love and understand your fellowman. You have not touched

the fringe of mankind at large. Few have yet been drawn to your attention who possess certain talents and gifts, and who do not conform to your set pattern. As you develop and broaden your outlook, many will come. You will have your Moslems, your Hindus, your Buddhists, Rabbis, Christians—all of them possessing their own ideas of Deity, all firmly clinging to that which HAS BEEN, not letting go until they have come to have faith in YOU, YOUR WORKS and YOUR EXAMPLE, and they see through these that YOU HAVE A BETTER WAY OF LIFE. To you, my friends, I commend the task of drawing tolerance into your feelings, into your minds, your etheric garments, your flesh, your very gestures, spoken words and actions, until all mankind can say that IN THE STUDENTS OF SAINT GERMAIN THEY HAVE FOUND A WARMTH, A WELCOME, and an UNDERSTANDING that will encourage them to come into the radiation of his activity, where they, too, may set their souls free from bondage and fulfill their divine plan in peace and harmony.

“Whenever a heartfelt prayer is uttered, either silently or audibly, an answer to that call is always forthcoming from the higher octaves—its efficacy depending upon the feelings of the petitioner—whether it is a worried mother calling for the protection of her loved ones, or the cry of a small child in distress. There are Great Beings called Silent Watchers, whose service it is to watch for this prayer force and wherever they see it rising from the Earth, they gather it up and send it heavenward on their own strength, if it is weak. In the case of your powerful decrees, those calls can pierce right through into the living presence of the Beings to whom they are directed. Wherever people are engaged in prayer, singly or in groups, there the angels gather. If your ears

were attuned to the inner vibrations, you could actually hear them gathering as they come from North, South, East and West to add their strength to your calls by their presence, spreading the essence of the benediction that comes in answer to your petitions for the Earth.”

BELOVED CHAMUEL, ARCHANGEL OF ADORATION

The beloved Archangel Chamuel is the Archangel of love, adoration and devotion to God and his goodness, as expressed to mankind. He and his divine complement, the beloved Charity, are dedicated and consecrated to developing, in the outer consciousness of mankind, a true sense of gratitude and adoration to their source—GOD—and to encouraging mankind to unfold the divine flame that lies buried within each heart.

On the Third Ray, the Archangel Chamuel renders the specific service of stirring within the individual’s feelings a joyous acceptance of the ever-presence of God. He is a being of transcendent light, who has served for aeons of time at inner levels, teaching the angelic host how they may, through prayer and devotion, accelerate their own blessed flames in praise to the Godhead. He has also served in the elemental temples, teaching elemental life how to raise their consciousness in praise and adoration to the God who made them.

At inner levels, Lord Chamuel and beloved Charity have a glorious temple builded on a circular design, with a golden dome encrusted with pink rubies. In this temple, the Flame

of Adoration to God and his messengers burns brightly. This flame is directed by Lord Chamuel to all unascended beings, to encourage the development of their own divine plan, and is carried to mankind by Lord Chamuel's legions.

All virtues have color and sound. True gratitude emanating from the heart of any individual is pink. When this gratitude is sent to members of the human race, it is a soft, delicate shell pink. When gratitude is poured out to God and the Divine Beings who serve him, in conscious adoration and praise, it is a deeper pink and, literally, the doors to heaven open. Back on the ray of gratitude and praise to Deity comes more and more of the beautiful pink essence into the world of the one sending forth such blessing.

The divine love which is expressed by the Archangel Chamuel is the love which stirs the power of gratitude within the hearts of men, angels and elementals—that which stirs a feeling of reverence for life and understanding of the beneficence of the great Universal First Cause, as well as of the messengers who serve that cause. This love awakens the dormant, divine nature of the student to a conscious feeling of gratitude for blessings received.

For many centuries, the conscious knowledge of the Archangel Chamuel was withdrawn from the outer minds of the masses, and therefore, they did not have access to his presence, but now, the students of THE BRIDGE TO FREEDOM teaching can consciously tie into the world of this mighty Archangel and feel, through him, the great love that God holds for his creation. That feeling flows from Archangel Chamuel's heart the moment that you allow your thoughts to dwell upon him. Even if you are in a place or condition

where your lips cannot form the words, the moment that you invoke his name and ask for his help, your world and Chamuel's become one.

We commend you, who need assistance, to a comradeship with Chamuel, and your own faith, your own feelings will prove what vital assistance the invocation of his presence can bring into your world.

ADDRESS BY BELOVED ARCHANGEL CHAMUEL

“I am the Angel of Adoration—he who embodies that mighty fiat, ‘Thou shalt love the Lord, thy God with all thy heart, with all thy soul, with all thy spirit!’ I bring to the remembrance of the flame that you hold within the chalice of your heart, that its very nature is ADORATION TO ITS SOURCE! The way back home to unity with God is through the externalization of its divine nature.

“The Adoration Flame is practical. It is an actual treatment of the feelings, as well as of the mind, and an actual therapy to the flesh. True adoration to God has within it no self-seeking, but absolute relaxation, basking in the goodness of God and loving him for himself. Therefore, within it is none of the tension that sometimes attends prayer and invocation, because of the use of human will. I challenge any individual in depression, any individual in pain, any individual in chains of any kind, to use the Flame of Adoration that is the true nature of their being, and if they do not see and feel FREEDOM, then the Sun and the planets will no longer move on their appointed courses.

“That to which you give your life grows, multiplies, develops and matures, whether it is a garden plot, a farm crop, or whether it is a friendship—human or divine. The pouring forth of the gratitude of your love and life multiplies and makes things grow.

“Oh, the happiness that your bodies will feel, and the lightness that you will experience, as you drop the appearances of age, distress and discomfort. As you learn to relax within that Pink Flame of Gratitude and Thanksgiving to life, the softness will erase the lines from your face and love will replace the hard look in the eyes. All these blessings come from the use of that Flame of Thanksgiving, of Gratitude and Adoration, of which my beloved complement, Charity, is the spiritual being and heart.

“I challenge you! Sweep my Flame of Adoration through every condition in your life—to double your supply, to double your enthusiasm, to double your ability and desire to serve, to triple all your activities! It can be done! WORKS, not words, are the order of the day! Everything increases through attention. Remember, magnify and amplify the GOOD! Take the money in your purse and pass the Adoration Flame through it! Bless it—and increase it—and SEE what the use of that flame will do for you! Children of my heart, I challenge you to try this!

“We are in the day of opportunity, not only to make things right, but OPPORTUNITY TO SPREAD THE CAUSE OF FREEDOM and its glorious effects across the face of the planet into the consciousness of mankind. Thus will this Earth be freed from limitation of every description. May there never again go forth from the heart of any student

who has been blessed by the presence of Saint Germain, a vibratory action that is less than the joy, the gladness, the praise, the thanksgiving, and the adoration to the God of life for his goodness. Such sustained adoration is the consciousness of the Kingdom of Heaven, which never knows anything less than praise, thanksgiving, and gratitude to life. That consciousness never knows depression, condemnation or discouragement.

“The man who learns to adore the Flame of Life, to acknowledge that presence everywhere, may move in the world and find all life his friend, because the intelligent presence within the heart of all mankind responds instantly to the salutation when it comes from the feelings and not just from the lips.

“Beloved Ones, the Flame of Adoration directed toward that which is good is a practical magnet within your hands, to draw to you every good and perfect thing IF YOU WILL USE IT! We come over and over again, bringing to you the KEY TO FREEDOM and your precious hearts respond, but so soon you slip back into the habits of the centuries and FORGET TO USE these gifts which are ours to give and remind you of, but YOURS TO EXTERNALIZE! I leave you now in ADORATION'S FLAME!”

THE MIGHTY ORION, ELOHIM OF DIVINE LOVE

The power of the great and mighty Elohim, ORION, and his divine complement, beloved Angelica, is the aspect of divine love which sets the cosmos into action. Study groups have been calling that power forth in decrees, and these fiats, consciously issued, remove the mass accumulations of distress in the psychic realm in which we abide. The cosmic love thus set into motion impersonally locks the flame of God around the cause and core of imperfection, removing it before it can manifest as distress in the mind, body and affairs. This is the service of the Elohim, but it is on such a subtle plane, that most individuals are unaware of it.

Both the beloved Orion and Angelica are interested in bringing peace to the Earth through divine love. Without pure divine love emanating from the heart of any individual, no lasting peace can manifest. Love, in itself, is a positive quality and NOT negative sentimentality, and its radiation brings forth the warmth of the feeling of GOOD WILL toward all unhappy and imprisoned life. It is the divine edict of the heavenly Father that the people of Earth learn how to love one another NOW! Love is the cohesive power of the universe, whether we refer to personal possession or planetary peace.

ADDRESS BY THE BELOVED ELOHIM ORION

“I am ORION, ELOHIM OF LOVE—that divine love which has caused to come into being every Sun and galaxy in this universe, every star and every planet, every form from the great Solar Galaxy to the tiniest elemental and atom belonging to this planet.

“DIVINE LOVE is a POSITIVE and not a negative quality. I come into the atmosphere of Earth on wings of divine love, bringing with me the concentrated flame of that love. This flame has been the magnetic, cohesive power which drew into being the Earth upon which your feet stand, the very physical bodies in which you function, and every other manifestation which appears. Every form which you enjoy is a part of my being, held together by the Flame of Love, for if divine love (which is cohesion) were to cease to be, all in the universe would return to the unformed and become again part of primal life.

“Will you now consciously give me your attention, please? If you know of any lifestream in this Earth life, with whom you are not in complete accord, consciously draw the image of that person before your mind’s eye NOW and let me give you the pressure of my feeling of unconditional loving forgiveness toward that one. If you will ACCEPT this, it will cut you free from the recoil of the energies of those past mistakes, which made the enmity in the beginning. Experiences of physical embodiment, good or bad, weave ties that will have to be balanced in another realm through your inner vehicles (etheric, mental and emotional bodies) if they are not worked out here on the Earth.”

THE SEVEN STEPS TO PRECIPITATION

By The Beloved Elohim Orion

“First of all, the fiat of mighty Hercules went forth to those of us who work as one body. He said, ‘A new system is to be born, a new set of God-Parents has chosen to create a system of planets. I am called upon to give the decision as to whether or not the seven Elohim will choose to cooperate in the manifesting of this plan. Do you, my beloved associates, choose to be a part of this creation?’ In answer, each one of us rushed forth in love—grateful for opportunity to serve. Each of us said, ‘I WILL!’ As spokesman for us all, Hercules then preceded us to the throne of Helios and Vesta, and announcing our decision, said, ‘Beloved God-parents, WE WILL to create your universe for you. What now is your design?’

“It was love which enabled us to have the courtesy to accept the design of those Beings rather than to project our own. Then, in their great wisdom and light, Helios and Vesta asked the great Elohim Cassiopea to pass his Golden Flame through the body of the Cosmic Silent Watcher, and thus reveal the magnificent divine pattern for this solar system. We all stood looking upon it with love, interest and admiration, seeing the size of each planet and the number of lifestreams which were to come upon them. In LOVE, we looked upon the hope of the God-Parents of this system.

“In the activity of my ray (divine love) our service of creation began. LOVE, the universal magnet which all life must obey, drew primal life from its quiescent state, at my command, and that primal life obediently took form according to the pattern which we perceived in the bosom of the Silent Watcher. Thus, we proceeded with the creation of each planet.

“Then came the activity of the Elohim of Purity, beloved Claire, holding true to the original, divine design so that, even unconsciously, there might not be imposed upon this pattern some change of form coming from some other galaxy which we were completing about this same time. This beloved Elohim held to the purity and symmetry of the divine design, in courtesy to the Great Beings who had chosen to bring it forth.

“Next came the CONCENTRATION of energy of mighty Vista (Cyclopea) so that all the elementals, angels and builders of form could coalesce their energies and talents around one planet at a time, when that one was being drawn forth into form.

“We then drew forth the activity of ARCTURUS, the RHYTHM of the outpouring of each one of us. This is one of the most important factors in creation, for rhythm provides nourishment for the form. In your physical bodies, the rhythm of your heartbeat and that of your breath determines the efficiency of the physical form. In your own precipitation, the rhythm which you establish will determine symmetry, beauty, accuracy and perfection of your manifest design.

“The Sixth Ray, which is ministration and radiation of peace, is the solidifying of the perfect design. This takes seventh place, so that when the Earth was completed and it first began its own revolutions upon its axis, the music of the spheres began to pour forth from the planet. Therefore, LASTLY came the radiation of the Elohim of Peace, beloved Tranquility, which held the form of the Earth from disintegration because, where HARMONY, PEACE AND TRANQUILITY ABIDE, THAT WHICH YOU HAVE DRAWN FORTH CANNOT EI-

THEY BE TAKEN AWAY FROM YOU OR DISINTEGRATE. Just as you shellac certain things to preserve them against rust and decay, so does the activity of the Elohim of Peace enfold and seal all creations in the entire planetary scheme brought forth by the Elohim, for the period of existence designed for that creation.

“You, and every individual who desires to become master of the creation of form, must also learn to use these same seven steps. Whenever you wish to use and expand the activities of the Third Ray of DIVINE LOVE, whose qualities are adoration, magnetization, and gratitude to life, I AM YOUR SERVANT!”

VISUALIZATION

While playing softly the melody, “Let Me Call You Sweetheart,” (which contains the keynote of beloved Archangel Chamuel), rest your attention on the ceremonial angels that have assisted you in this class and on Archangel Chamuel, Lord Maitreya, Paul the Venetian, and beloved Elohim Orion.

Send your love and gratitude for their service.

Feel yourself surrounded by a pillar of Pink Flame of the Ray of Love.

Expand that flame to cover your city, state, nation and the entire globe.

GROUP DECREERING (CLASS STANDING)

Beloved Presence of God I AM in me and in all mankind everywhere, beloved Paul the Venetian, Archangel Chamuel and Charity, the Elohim Orion and Angelica, beloved Maha Chohan, Goddess of Liberty, beloved Lady Master Nada and all who are concerned with the Pink Flame of God's divine love:

ANGELS OF PINK FLAME, COME! (3) and BLAZE (3) the PINK FLAME OF LOVE AND ADORATION in, through and around every part of my being and world, and every person, place, condition and thing, including the elemental and animal kingdom and every living thing in this country and the whole world. Hold this sustained until ALL LIFE on our Earth thinks, feels and manifests God's love, peace and perfection.

Beloved I AM! (3)

By Christ Command! (3)

Do it today! (3)

Do it to stay! (3)

Beloved Presence of God I AM in me and beloved Archangel Chamuel, BLAZE! (3) your Pink Adoration Flame in, through and around me, my money and supply, and expand it continually into my financial freedom NOW!

Beloved I AM! (3)

By Christ Command! (3)

Do it today! (3)

Do it to stay! (3)

BENEDICTION (By Group Leader)

Sealed in a mighty pillar of the Pink Flame of Cosmic Love, Harmony and Tolerance, from the hearts of beloved Archangel Chamuel, Elohim Orion and Ascended Master Paul the Venetian, we thank the Ascended Host of Light for the continuous outpouring of love, wisdom and power.

We thank beloved Archangels Michael and Uriel and the Angels of Protection, Ministration and Ceremonial, who have assisted us at this class. Take our humble efforts and amplify them with your mighty love. Take them North, South, East and West and cover the Earth with the outpouring of the Pink Flame of Cosmic Love, Harmony and Tolerance.

Help us to achieve and maintain perfect harmony, health and supply. Let the divine plan be made manifest through every lifestream belonging to this planet.

May the benediction and blessings of Almighty God and the peace which surpasses all understanding be with you each one. May the God of Mercy protect and guide you on your spiritual path toward enlightenment and freedom.

(Group Leader extinguishes candles, starting with the pink candle, then follow with the yellow candle and the blue candle).

Lesson 11

THE FOURTH RAY

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ACOLYTE SERVICE

Play appropriate music, such as “Bells of the Meadows.”
then say,

“All hail to Thee, thou all-pervading light of the universe,
the supreme source of life, “I AM.” We kneel within our
hearts in recognition of the light of the Cosmos, as we draw
forth these flames, representing the three-fold activity of
life, as exemplified by the Holy Trinity:

the Father, (lighting blue candle)
the Son, (lighting yellow candle) and
the Holy Spirit” (lighting pink candle)

“Beloved Cosmic I AM Presence, come now and assert
thy rightful authority in the four lower vehicles of all of thy
children and show us how to reverently and humbly express
the perfectly balanced activity of love, wisdom and power
which thou art.

“Oh Light Supreme, we acknowledge thee in all life, and
we give gratitude to the glorious Cosmic and Ascended Be-
ings, as we invoke them and the great angelic host to ampli-
fy the energy which we release in this class, and may that
light expand, expand and expand, as it travels throughout
the universe, ever widening the borders of thy kingdom, in
fulfillment of thy will ‘I AM!’”

INVOCATION

“Beloved mighty, victorious Presence of God “I AM.” the source that is anchored within each of our hearts, we love and adore you. We acknowledge you to be the owner and giver of all life, our intelligence, our substance, our all!

“We call on beloved Archangels Michael and Uriel and on all Ascended Beings who serve on the Fourth Ray and especially Beloved Archangel Gabriel, the Elohim of Purity and Ascended Master Serapis Bey.

“As we pour out our deepest love and gratitude to the Ascended Host of Light for bringing forth this teaching, blaze (3) your White Flame of Purity through and around us, eternally sustained.

“Seal us in your light and love and power of victorious accomplishment. Guard and protect us, guide and direct us and give us the illumination of truth that shall set us free!”

LESSON OVERVIEW

This is a lesson on the God-virtues of the Fourth Ray. The lesson deals with maintaining, in humility, the purity of the original God-idea, not clouding it with one’s own personal ego. Other aspects of this ray are the Immaculate Concept, the Resurrection, the Resurrection Flame, the Ascension Flame, and artistic development.

The color of the ray is white. Primary representatives are Archangel Gabriel, the Elohim of Purity and the Ascended Master Serapis Bey.

Before starting the lesson, contemplate the picture of Beloved Serapis Bey and ask for his radiation, feelings, nature and consciousness.

THE FOURTH RAY, THE WHITE RAY OF PURITY

The Fourth Ray represents the White Flame of Purity, the Resurrection Flame, the Immaculate Concept, and also the Ascension Flame. The Chohan of the Fourth Ray, through whom the purity of this ray is focused, is the beloved Ascended Master Serapis Bey, whose special service it has been to guard the actual Ascension Flame at Luxor, Egypt, since the time that it was carried by him and others to its present location at the time of the sinking of the last remnants of the Atlantean Continent.

Purity, and the holding of the Immaculate Concept, becomes necessary for the student as he moves along the path, and the resurrecting of all the GOOD in his lifestream is also a requirement before the individual is able to graduate in the victory of the ascension. All training by the Ascended Masters is for one purpose only—to help aspiring students to so purify and harmonize themselves that they may quickly gain the ascension and BECOME the I AM Presence, thus fulfilling their reason for being. The beloved Serapis Bey holds to a strict discipline for those who aspire to the ascension, for it is not possible that the fullness of God be attained by those who have misused God's energy through many ages of living, unless they perfect themselves.

The Fourth Sphere is where the Holy Christ Selves of mankind abide, until such time as they are able to take over

the outer self in the outpicturing of the Christ in the outer world of mankind. The Fourth Ray becomes the “bridge” between the inner realms of perfection and the outer manifestation of the divine plan in the world of form. The Elohim of Purity expresses, particularly, through this ray and holds the Immaculate Concept for the Earth and each one of mankind. The great Archangel Gabriel draws the Resurrection Flame through this ray, and in the outer world of form, those who belong to this ray are usually very artistic and have talent directed toward the activities of music, dancing, drama, painting, sculpture and architecture.

THE IMMACULATE CONCEPT

The Immaculate Concept, which is so little understood in the outer world, is that activity of holding in the thoughts and feelings the DIVINE PATTERN, the divine blueprint for yourself, each other, and every part of life you contact. There is a glorious and beautiful divine pattern for every expression of life, and when that is held in the consciousness, instead of the outer appearance which temporarily clothes that particular form, it assists in bringing into outer manifestation the expression of the blessing with which God endowed it in the beginning.

This is what the beloved Mother Mary did for the beloved Master Jesus—holding fast to that divine image of a GOD MAN for him from before his birth until after the victory of his ascension. This beloved Ascended Lady Master holds this divine concept for every child of God on the planet Earth, to this day.

The Immaculate Concept is MAGNIFYING THE GOOD everywhere your attention rests, thus minimizing the appearances of imperfection, and helping to bring more light to the Earth rather than increase the shadows. Let us learn to see something of GOOD everywhere and try to see ourselves and everyone we contact as the God being that each one really is.

SERAPIS BEY, CHOHAN OF THE FOURTH RAY

Serapis Bey is an embodied seraphim. He came to Earth as a guardian spirit, from Venus.

Serapis Bey was the priest in the Ascension Temple on Atlantis before its sinking, to whom was delegated the task of taking a portion of the Ascension Flame to safety. He, with forty of the Brotherhood, sailed in a boat to Egypt, according to the directions they had been given. Just after their landing on the Nile River in the locality of Luxor, they were aware of the sinking of Atlantis by the rumble and shaking of the Earth.

Serapis Bey established a temple there for the Ascension Flame and has been the guardian of that flame ever since. Some trusted brother in physical embodiment would stand guard when he was at inner levels in between embodiments. Since the sinking of Atlantis, around 12,000 years ago, he has had nearly all embodiments in Egypt. While in embodiment in Egypt as Akhenaton IV and Amenophis III, he built the temples at Thebes and Karnak.

Serapis Bey was Phidias in one embodiment, an Athenian architect and sculptor. He brought forth the design of the

Parthenon, and supervised the building of it. According to one encyclopedia, it was dedicated in 438 B.C.

Serapis Bey made the ascension around 400 B.C. Later he became Chohan of the Fourth Ray, under which comes the action of the Ascension Flame. He is the Master in charge of the Brotherhood at Luxor, Egypt, and works with the seraphim. Serapis Bey has golden hair and eyes of amber color. "Celeste Aida" is his keynote. His electronic pattern is a heart.

MUSICAL INTERLUDE

While the attention rests upon beloved Serapis Bey, the melody, "Celeste Aida," containing his keynote, may be played.

TRANSFER OF THE ASCENSION FLAME FROM POSEIDONIS TO LUXOR, ABOUT 12,000 YEARS AGO)

By Serapis Bey

"Some of you will remember that earlier journey, when we brought the Ascension Flame in the brazier from Atlantis to Egypt. You will recall how we spelled each other off at the oars, rowing against time, knowing that a cosmic moment waits for no weariness of flesh, no doubt of mind, no fear in the feelings, nor any externalization of destructive karma of any man who might be a part of that boatload of individuals entrusted with the mission of carrying the Ascension Flame to Luxor.

“We had to reach our goal despite any and all individual and collective obstacles, within a given time. How we rejoiced when we reached the mouth of the Nile and knew we were, at last, within 500 miles of our goal! The tears fell upon our cheeks as, for a moment, we stretched our arms and flexed the muscles in our arms and hands to relieve them from the pressure of service at the oars, which we had manned to drive our galley forward, when the winds did not fill our sails to help us to reach our goal. We thanked the God that made us, as we gazed at the still-glowing embers of that Ascension Flame, knowing that within its presence was the way back home, not only for ourselves, but for all who would lose their bodies in the sinking of Atlantis, and who would again wait at the gates of birth for new embodiment, upon the remaining landed surface of the Earth.

“Rising with renewed strength, by acknowledgment of our Source, we rowed up the river to Luxor. I remember the commendable restraint of the members of our company, who, rather than rushing over the side of the boat as it rode at anchor, awaited my disembarking, carrying the brazier, within which the spark of the Ascension Flame still burned. Then, forming a dignified procession, all followed me ashore. We knelt about that flame, which we had kept alive by our very breath, our prayers and application during the rainy nights at sea, during the foggy days, as the heavy winds beset our slight barque. As we knelt thus, pouring our love into the Ascension Flame, from the embers new light grew. At the same time, as the great Nile River swelled and the Earth shook, we remembered Atlantis.”

THE ARCHANGEL GABRIEL

There are many God-Beings who offer to direct their assistance when individuals CALL for such help, and the mighty Archangel Gabriel is one of those who bring to mankind those “tidings of great joy.” The Archangel Gabriel has also been called the Angel of Annunciation, due to the fact that it was he who announced to the beloved Mary that the time had come for her to bring forth a son, who was to be called Jesus.

We have been told that man was created in the image and likeness of the Father-God, but it is quite apparent that man has “fallen” far short of the original divine blueprint. In this connection, the Archangel Gabriel also holds that original concept of perfection—the IMMACULATE CONCEPT—for all mankind, and will give assistance to all who will call unto him.

The divine complement of the Archangel Gabriel is known by the name of HOPE, and her service is to perform exactly what her name implies. She brings hope to the human heart for better things to come. Her radiation is buoyant, uplifting, joyous, and inspirational. As the radiation from your radiators makes your living quarters comfortable, so does the radiation of any intelligence—divine or human—affect your atmosphere through their thoughts, feelings, words and deeds. This is not a mystic, but a scientific fact. Proximity to the heat from a radiator makes one warm—proximity to the presence of any of God’s messengers raises the entire consciousness and world of the one who invites such a presence with its radiant blessings, gifts, and virtues.

MUSICAL INTERLUDE

While the attention of the group is on beloved Archangel Gabriel and the activities of the Fourth Ray, his keynote, “Intermezzo, Cavallero Rusticana” may be played.

ADDRESS BY BELOVED ARCHANGEL GABRIEL

“Hail, sons and daughters of the living God incarnated! I come from the throne of the King of Kings, to bring you remembrance of your divine identity, to bring to you remembrance of the heritage which awaits your claiming, so that you may externalize it to the glory of your Father, and to bring the redemption of the Earth, which has been your patient protector and hostess. I come from the realms of the ‘Light of God that never fails’ into the shadows of the Earth and say to you: GODS and GODDESSES, why sit ye in the shadows, when within your heart beats that fire of immortality? It contains, within itself, the power to redeem, to transmute, to harmonize, to purify, to heal, to supply, and to regulate every condition, even with the speed of thought!

“I am known as the ARCHANGEL OF THE RESURRECTION! It is my privilege and honor, working with the Hierarchy, to bring to life, again, the consciousness of mastery, which is the pre-ordained destiny of every man, woman and child belonging to this evolution, as well as those who are the avowed guardians of it.

“I dwell within the Fourth Realm and Sphere and I work with the great Serapis Bey and the Holy Christ Selves of almost the entire human race. I am well acquainted with the

divine perfection for every lifestream belonging to this evolution. I worship in the same temples, I stand side by side with your Christ Selves, day by day. I am well equipped to convey to you the FEELING that it is time that you opened the doors and windows of your soul to the reality of that exquisite and majestic Divine Presence—made in the image of the Father and Mother of this system—which it is your duty and responsibility to externalize.

“Religion is not a matter of ceremony alone. It is a MATTER OF DAILY, HOURLY LIVING! It is a matter of plain, ordinary common sense. It is a matter of discipline, self-control and contemplation, the development of love and gratitude to life itself, and for the God who has given that life and sustained you for millions of years.

“Today, with all the power of my own heart, I CHARGE into your mental body, I CHARGE into your feeling world, I CHARGE into your etheric body, I CHARGE into your physical body the glorious power of the RESURRECTION FLAME to REVERSE the currents that have tied the energies of your bodies into the lower octaves and formed the magnetic pull that has bound you to the Earth. YOU SHALL BE FREE! I, Gabriel, am speaking into your hearts! REMEMBER ME! Call forth that Flame of the Resurrection! Let that which seems ‘dead’ within you, LIVE! The light of God, the youth of God, the sight of God, the hearing of God, the beauty of God, the love of God, the all-encompassing nature of God IS ALIVE WITHIN YOU! There is an ember within your hearts, or else you would not have physical forms. There is a spark in which is the all-power of the Almighty, and I breathe upon it with the flame of my spirit: COME FORTH NOW, YE THAT SLEEP! STAND REVEALED IN MASTERY AND BE GOD FREE!”

ADDRESS BY BELOVED CLAIRE (ELOHIM OF PURITY)

“I am the Elohim of Purity! I am the guardian of the IMMACULATE CONCEPT for this Earth, as well as for this entire universe. I am also the guardian of the Immaculate Concept of your own individualized divinity, which is fashioned from white fire substance and lives in the God-free realms. This is your pattern of perfection, originally created by the Godhead—and that being, in all its perfection, YOU MUST ONE DAY BECOME! I am more than this—I am the Flame of COSMIC PURITY, the natural activity of your own life, and not something that must be wooed and drawn from without.

“I am the living, breathing PURITY of the electrons which live in the center of the atoms of which your physical bodies are composed. I am ALIVE in every cell of your bodies, moving around the central core of every atom of your flesh. Truly can I say that I am with you always, for I AM YOUR LIFE! I am the living, breathing, electronic light of purity within your mental bodies, I am the living, breathing flame of pure light invoked by each of you into the great sea of your emotional world, I am the pure electronic light within every cell of your etheric garment—all waiting to be released from the shadows imposed upon them. I am now expanding my PURITY from within every cell and atom of all your four lower bodies, EXPANDING, EXPANDING, EXPANDING my true nature, which is the purification of this Earth, and all that is in the Earth, on the Earth, or in its atmosphere.

“If you could stop one electron as it passes from the heart of your God Presence into your physical heart, you would see that the electron contains within itself ALL of the nature of the Godhead, ALL of its powers, its majesty, and

ALL of the divinity which is within the God-Parents. The electron, itself, can never be contaminated, for my Flame of Cosmic Christ PURITY lives within every one of them. From whence, then, come the shadows, limitations, illnesses, and appearances of age and depression? These discordant appearances are but the 'clothing' of the electrons by shadows created from the habit of placing the attention, thoughts and feelings of the outer self upon imperfect appearances in the environment and atmosphere of Earth. With your conscious acceptance of my service now, I shall endeavor to remove as much as is possible of this shadowed substance around your electrons by the mercy of God, and by expanding the power of my Flame of PURITY, which is ALREADY WITHIN YOU! I now speak directly to the electrons which have come from the Universal First Cause, having answered the call and obeyed the magnetic pull of the Immortal Threefold Flame within your heart:

“In the name and by the power of Almighty God, I now decree for continuous and permanent expansion of the Flame of PURITY in every cell of your bodies. I command this to remove the effluvia (shadows) and transmute into light every rate of vibration which is an impurity and causes human limitation. I command this done NOW, by the most powerful cosmic action of the Blue Lightning of Cosmic Christ PURITY from my heart. I decree that the purity within the heart of every one of your electrons shall now EXPAND, EXPAND, EXPAND, until that which appears as limitation can no longer imprison your life in discord, and thus shall the shadows cease to be!

“Remember, the only discomfort in the world comes from the lack of the substance of purity in one or more of

the four lower bodies. Misqualified energy changes the ratio of the speed of the electrons, which form the atom and causes pain, limitation, and distress. The vibration of the substance of purity quickens the vibratory action of the electrons, helping them to expand their light, throw off the discordant substance imposed upon them, and restores them to the rhythm and harmony of the I AM Presence, in whose image each individual was originally created.

“PURITY is very essential for the use of the Sacred Fire of Precipitation and Etherealization. (Precipitation is the drawing together of electrons into manifest form. By using the Fire of Etherealization, as part of the disintegration of a form, the electrons return to their source. Ed.) If the MENTAL BODY is not purified, it cannot receive the perfect design from the Godhead or the Ascended Masters, nor can it manifest the strength to hold to that design against the disintegrating forces of doubt, fear, ridicule, and the many other negative qualities in the atmosphere of Earth, which always endeavor to destroy a constructive pattern.

“If the EMOTIONAL BODY is not purified, the idea and pattern will be so tinged with selfishness and personal ambition, that the beautiful design loses much of its perfection and efficacy.

“If the ETHERIC BODY (the seat of memory also called ‘soul’) is not purified, the failures of the past, which are recorded there, will often neutralize, and sometimes completely destroy, the form before it can be externalized for the blessing of life.

“PURITY is essential to enable one to consciously etherealize substance which has fulfilled its purpose, releasing

the magnetic pull which has held the form together, and allowing the electrons which have made up that form, to return to the Sun for repolarization.

“In ETHEREALIZATION, if the mental body is not purified, it will devise all kinds of schemes to ‘hold on’ to substance and form temporarily loaned to the personal self. If the emotional body is not purified, it will cling tenaciously to possessions, as well as to people, and clutter up the world with many forms which have completed their efficacy. These bind lifestreams to individuals, causing much unnecessary suffering to all concerned. If the etheric body is not purified, it will remember previous losses and be filled with suspicions and fears, and the process of etherealization will be hindered.

“Every Ascended Being uses life only as God intended it to be used—to give some blessing. Then, when the forms they have created have given their service, they release that life from that form, so that it may serve with greater purpose in the future, the opportunity for greater service having been earned by obedience to these Celestial Ones. If mankind would only learn this lesson of ‘loosing and letting go!’ Often have we witnessed the suffering that has ensued, when individuals refusing to learn this lesson, are finally forced, by the bitterness of their own experience to make this renunciation.

“I ask you to call upon the Law of Forgiveness for your own misuse of life all through the ages, and to accept my gift of purity in its place, so that you may see, know and BECOME the perfect expression of your own individualized I AM Presence—a holy grail—receiving into your outer mind

the divine ideas from that Presence which, through your purified centers of thought, feeling and spoken word, you can externalize for your own blessing and for the benefaction of your fellowman.

“Within every electron which is released from the heart of God, is the power to create and sustain the kingdom of heaven for yourself, your family, your world and the students entrusted to your loving care, right here on Earth. Within it is my Flame of PURITY! Right within the brazier of your heart you carry the most powerful concentrate of the ‘atomic accelerator!’ YOU HAVE FULL AND FREE ACCESS TO ALL THAT WE ARE AND ALL THAT WE HAVE. Through the concentration of my Flame of PURITY, released from my presence, I have washed from your inner and physical bodies literally tons of the accumulated atomic consciousness of impurity and imperfection. Please accept this as having been done for you, in the name of God, and go forward God-pure and God-free!

THE SEVEN STEPS TO PRECIPITATION**By Beloved Claire, The Elohim Of Purity**

“In the beginning, when the great Helios and Vesta invited the Elohim to create the planets of this system, beloved Hercules conveyed that invitation to us, and we, individually as well as in a collective body, said, ‘We WILL (step 1) to render this service!’ In connection with the creation of the planet Earth, well do I remember the time when all of us were drawn around the beautiful being, Immaculata, the Silent Watcher of this planet, and well do I remember the Flame of Cassiopea (step 2) by which was illumined to us the light pattern of this planet, held within the heart of that beloved Silent Watcher, placed there by beloved Helios and Vesta. As we looked upon it, we all felt (step 3) the LOVE of Orion, and an intensified desire, within ourselves, to cooperate with the God-Parents in bringing that planet forth into perfect form.

“Then came (step 4) my service to life—to hold that pattern and plan through the Cosmic Flame of Purity, so that not one blade of grass, not one flame-flower should be externalized that was not a portion of the divine ideas, the pattern of perfection, as it was held within the heart of the Silent Watcher. All through the ages, while the creation of the Earth was taking place, I held that Flame and pattern of PURITY. This, coupled with the illumined obedience, the sincere humility and love of the Elohim—not desiring to externalize their own pattern and form, but desiring only to bring forth that which was the divine plan for the Earth—brought happiness, indeed, to my heart.

“Following my holding of the Immaculate Concept for

the Earth, through the use of my Flame of PURITY, my beloved brother, Vista (Cyclopea), brought into action (step 5) his Flame of CONCENTRATION. Then came our beloved Arcturus (step 6) with his activities of the Seventh Ray, the RHYTHM OF INVOCATION and the TRANSMUTING POWER of the Violet fire.” The ‘Seven Steps’ (step 7) were then fully completed by the sealing of the entire creation within the flame of beloved TRANQUILITY, the Elohim of Peace.”

BELOVED ASTREA

The great being known to us as the beloved Astrea is the divine complement of the great Elohim of Purity, and her service is working in the astral realm, where the cores of impurity and evil exist, and in the dissolving and transmuting of all psychic substance on the Earth, in its atmosphere, and around its people. This she accomplishes by encircling the human creation (which is the psychic substance) around persons, places, conditions and things within her CIRCLE AND SWORD OF BLUE FLAME, holding the impurity leashed, until it can be dissolved and transmuted into perfection.

After the beloved Astrea and the Ascended Host have removed the causes and cores of all impurity from the Earth, the great Elohim of Purity will be welcomed, and the people will joyously call for his Flame of PURITY to replace all sordidness and imperfections on the Earth. People many times feel that they are LOSING something when they call for PURITY, but instead of losing anything, they are actually gaining peace, comfort, healing, supply, happiness, and all the

good and perfect things they desire. Perfection is unable to manifest when impurity exists (and we are told that even an unkind word is impurity), any more than the Sun can shine through a mud-spattered window pane.

Only by experimentation can you understand the tremendous service that the beloved Astrea can give to you by daily calling into action her Circle and Sword of Blue Flame to encircle you and your world and hold in check all the human creation in and around you, until it can be dissolved and transmuted into purity and perfection. Remember, the psychic realm extends for several thousand feet above the Earth, and it is only by holding the attention on the light, the presence of God I AM, and the Ascended Host of Light, that you can live in the world and keep your own world comparatively untouched by the human creation.

ADDRESS BY BELOVED ASTREA

“Every electron of my being is pulsating with all the momentums of purity, which it has been my privilege to accumulate through the ages, and I am accompanied in this outpouring of the Cosmic Flame of Purity by all the beings who are presently serving on the Fourth Ray, including the Archangels, seraphim, cherubim, and the angelic host.

“Now, we all know that purity has been shied away from by the masses through the centuries—you, at one time or another having belonged to that group—and the reason for this reluctance of acceptance is obvious.

“We, of the Fourth Ray, who focus much of our energies through the Retreat at Luxor, would remind you that, through the activities of that retreat, the chela has added

assistance in bringing about the purification of his own vehicles, as well as that of the planet. Remember, always, that the inner vehicles house the causes and cores of imperfection, and that the physical body, upon which the chela often puts so much attention, will express the perfection which is held within the inner vehicles—it being the depository or reflection of the inner.

“You will remember that I HAVE OFFERED TO REMOVE THE CAUSES AND CORES OF ALL KNOWN AND UNKNOWN IMPURITIES IN THE LIFESTREAMS BELONGING TO THIS EARTH, AND THOSE WHO HAVE VOLUNTARILY COME HERE, BACK FROM THE BEGINNING OF TIME. DEMAND THE FULFILLMENT OF THAT VOW FROM ME! You are sufficiently acquainted with the Spiritual LAW TO KNOW THAT WE ARE ONLY PERMITTED BY THAT LAW TO RENDER A CERTAIN AMOUNT OF SERVICE OF OUR OWN VOLITION, EXCEPT IF YOU CALL FOR OUR (the Ascended Host) ASSISTANCE!

I stand ready always to use the Circle and Sword of Blue Flame to cut away the imperfection upon this planet, and the Legions of Purity, at the command of the beings on the Fourth Ray, are limitless and can go into action on the instant, BUT THE DEMAND for this service MUST BE MADE FROM UNASCENDED MANKIND!

“Let me forcibly remind you that you are responsible to the Cosmic Law for the use of your God-given energy, and when we present an existing condition to you which must be remedied through the use of the Sacred Fire, IN THE NAME OF ALL THAT IS GOOD AND HOLY, go into action and MAKE YOUR DEMAND upon us for the release of the purifying fires which can, on the instant, remove the causes and cores of imperfection.”

GROUP DECREERING

Mighty I AM Presence, Angels of Blue Flame and beloved Ascended Lady Master Astrea—LOCK YOUR COSMIC CIRCLE AND SWORD OF BLUE FLAME in, through and around all of the causes and cores of misqualified energy around me and all mankind. Seize and render this energy ineffective. Illuminate! (3) the source and see that this energy may not encroach upon life any longer!

* * *

I AM! (3) THE RESURRECTION AND THE LIFE of the Ascended Jesus Christ feeling of Cosmic Christ Peace—that peace which surpasses the understanding of the mind and which I had with God in the beginning, before even this world was.

I AM! (3) THE RESURRECTION AND THE LIFE of the perfect health and action of every cell and organ of my body, NOW MADE MANIFEST and eternally sustained.

I AM! (3) THE RESURRECTION AND THE LIFE of my perfect sight and hearing, NOW MADE MANIFEST and eternally sustained.

I AM! (3) THE RESURRECTION AND THE LIFE of my limitless strength, energy and courage, NOW MADE MANIFEST and eternally sustained.

I AM! (3) THE RESURRECTION AND THE LIFE of my limitless supply of money and every good thing that I require for use in the service and expansion of the light, NOW MADE MANIFEST in my hands and use and eternally sustained.

VISUALIZATION

While playing softly the melody, “Liebestraum,” (keynote of the Ascension Temple), rest your attention on the Ceremonial Angels that have assisted you in this class and on the Ascended Master Serapis Bey, Archangel Gabriel, the Elohim of Purity and mighty Astrea.

Send your love and gratitude for their service.

Feel yourself surrounded by a pillar of the White Flame of Purity.

Expand that flame to cover your city, state, nation, and the entire globe.

BENEDICTION (By Group Leader)

Sealed in a mighty pillar of the White Flame of Purity from the hearts of beloved Archangel Gabriel, the Elohim of Purity and Ascended Master Serapis Bey, we thank the Ascended Host of Light for the continuous outpouring of love, wisdom and power.

We thank beloved Archangels Michael and Uriel and the Angels of Protection, Ministration and Ceremonial who have assisted us in this class. Take up our humble efforts and amplify them with your mighty love. Take them North, South, East and West and cover the Earth with the outpouring of the White Flame of Purity.

Help us to achieve and maintain perfect harmony, health and supply. Let the divine plan be made manifest through every lifestream belonging to this planet.

May the benediction and blessings of the most High Living God and the peace which surpasses all understanding, be with you, each one. May the God of Mercy protect and guide you on your spiritual path toward enlightenment and freedom.

(Group Leader extinguishes candles)

Lesson 12

THE FIFTH RAY

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ACOLYTE SERVICE

Play appropriate music, such as “Bells of the Meadows.”
Group leader gives the following invocation:

“All hail to thee, thou all-pervading light of the universe, the supreme source of life, “I AM.” We kneel within our hearts in recognition of the light of the Cosmos, as we draw forth these flames representing the three-fold activity of life as exemplified by the Holy Trinity:

the Father, (lighting blue candle)

the Son, (lighting yellow candle) and

the Holy Spirit (lighting pink candle)

“Beloved Cosmic I AM Presence, come now and assert thy rightful authority in the four lower vehicles of all of thy children and show us how to reverently and humbly express the perfectly balanced activity of love, wisdom and power which thou art.

“Oh Light Supreme, we acknowledge thee in all life, and we give gratitude to the glorious Cosmic and Ascended Beings, as we invoke them and the great angelic host to amplify the energy which we release in this class, and may that light expand, expand and expand as it travels throughout the universe, ever widening the borders of thy kingdom, in fulfillment of thy will, ‘I AM!’”

INVOCATION

“Beloved mighty, victorious Presence of God “I AM.” the source that is anchored within each of our hearts, we love and adore you. We acknowledge you to be the owner and giver of all life, our intelligence, our substance, our all!

“We call on beloved Archangels Michael and Uriel and on all Ascended Beings who serve on the Fifth Ray and especially Archangel Raphael, Ascended Lady Master Mary, Elohim Vista and Ascended Master Hilarion.

“As we pour out our deepest love and gratitude to the Ascended Host of Light for bringing forth this teaching, blaze (3) your Green Flame of Truth through and around us, eternally sustained.

“Seal us in your light and love and power of victorious accomplishment. Guard and protect us, guide and direct us and give us the illumination of truth that shall set us free!”

LESSON OVERVIEW

This is a lesson on the God-virtues of the Fifth Ray, the ray of truth. Other qualities of this ray are concentration and committing (consecrating) one’s life energy to a worthy cause. Scientific development and healing are also an action of this ray. Scientists, professional engineers, doctors and nurses are often on this ray.

The color of the Fifth Ray is emerald green. Primary representatives are Archangel Raphael, Mother Mary, Elohim Vista, Pallas Athena (Goddess of Truth), and the Ascended Master Hilarion (Chohan).

Before starting the lesson, contemplate the pictures of Mother Mary and Hilarion.

THE FIFTH RAY AND ITS CHOHAN HILARION

Once, long ago, when the last remnant of Atlantis sank beneath the waves of the ocean, certain priests and priestesses of the White Order were entrusted with the carrying of their specifically magnetized God-virtues to other landed surfaces of the Earth which would remain above the water. One such God-virtue so carried to safety was the Flame of Truth, and the Ascended Master Hilarion, who was then unascended, was among the group of consecrated lifestreams who were entrusted to carry that flame. This group sailed eastward to what is now the Grecian Peninsula and its adjacent islands. There, in a ceremony of reverence and devotion, they anchored this Flame of Truth on the island of Crete. This island was then part of the mainland, but earth changes have since disconnected it therefrom. Through ages of time, this focus of truth has radiated that quality into the emotional, mental, etheric and physical planes of Earth. The present guardian of this sacred flame is Hilarion, Chohan of the Fifth Ray, who, in a former embodiment, at the time of the ministry of Jesus, was Saint Paul, the Apostle.

The devotees of truth builded on this new location at Crete a wonderful temple, similar in design to the temple on Atlantis. Later, this temple was destroyed by those who rebelled against truth and the disciplines of purity and harmony, and so today only the beautiful etheric Temple of Truth remains over the island of Crete. Here, Hilarion and the Brotherhood of Truth continue to teach and expand this virtue through the consciousness of those who visit there in the finer body at night, while the physical body sleeps.

In appearance this beautiful Temple of Truth, is not un-

like the great Parthenon (dedicated to the beloved Pallas Athena, Goddess of Truth), designed by Phidias (who is now our beloved Serapis Bey) in the year 450 B.C.

The temple stands on a high eminence, and is reached by a magnificent marble stairway of over four hundred steps. On either side of this stairway, extending all the way to the wide-columned entrance, stand exquisite angelic beings clothed in iridescent colors, holding in their upraised hands, garlands of bright colored flowers, woven into patterns similar to the Christmas wreaths. From the wide door, you can see the great altar of the temple rising over one hundred feet in height, at either side of which stands a great carved pillar, upon which rests a golden brazier from which rises the Flame of Truth.

The Goddess of Truth, beloved Pallas Athena, is the divine complement, or Twin Flame, of the beloved Maha Chohan, who is the Cosmic Holy Spirit to this system of planets. She is the Patroness of the Temple of Truth, and ages ago, when the Gods walked and talked with men, it was Pallas Athena who supervised the disciplines and preparations necessary for the development of the receptive consciousnesses of those who were to be the “mouthpieces” of the Gods as the Vestal Virgins or the Oracles at Delphi. The great God-Mother, VESTA, was the original Goddess of Truth, and she conferred upon Pallas Athena this honor and service. The Oracles of Delphi were originally correct and gave forth truth, but later, certain nefarious forces created similar temples of truth and drew to them men and women who were not strong enough to withstand the pressures of personal adulation and gain—and it was through these unfortunate forces that pretended to present truth to the people, that

the Delphic Oracles came into disrepute.

The beloved Goddess of Truth, like the Goddess of Purity and the Goddess of Justice, is not among those particularly wooed by mankind, for PEOPLE AS A RULE DO NOT ENJOY THE SHARP EDGE OF TRUTH. For this reason, the Goddess of Truth has, to a great extent, remained in the heart of the Silence, and truth has been veiled in expression through the various spiritual, educational and inspirational teachings that have come forth.

The Goddess of Truth is ready always to lend her assistance and but awaits *your* invitation so to do. In your daily calls, ask the Goddess of Truth (beloved Pallas Athena) to help you and you will receive from that mighty Being a blessing beyond anything you can presently conceive.

To discern truth among the teachings of messengers of the Great White Brotherhood—authorized or otherwise—is one of the most difficult tasks of the student. It requires great patience and setting aside a great deal of time to compare the messages given.

The beloved Ascended Master Lanto, addressing this problem, said:

“To perceive truth, you must have peace of mind, through understanding. The first thing that the chela has to learn is to distinguish between different presentations of the truth, to determine which constitutes a more complete expression of the truth. The chela must, of course, have as one of his guides the words of our beloved Ascended Master Jesus, ‘Not all who come in my name represent me.’

“The student has to be particularly alert before accepting statements issued by dissenting activities, which as a rule, have their origin not in important differences of doctrine, of which they do not speak, but in the personal ambition of their self-called leaders, who, in many cases, appropriate the instruction of the parent body and present it as new and better, without any substantial proof of their claim.”

The robes of the Brotherhood at Crete are pure white. Embroidered over the heart is a lighted lamp similar to the old-fashioned oil cruet, which symbol was incorporated into the activities of the brotherhood by Diogenes (412 B.C.) when Hilarion was a member of that order. This symbol signifies the relentless search for truth, which is the vow and pledge taken by all members of the brotherhood.

Every great avatar, messiah and teacher of every religion on Earth gives to this temple some of his or her time and radiation, just as doctors give of their time, skill and energy to a free clinic in their vicinity. Thus, the powers of the Temple of Truth embody the combined radiation of God-free beings, who have brought the Law to the people of Earth through the ages.

Every intelligence that has endeavored to conceive the truth about ANY subject which would bring illumination to mankind, has been the beneficiary of this Flame of Truth. Whatever branch of life's expression—governmental, educational, humanitarian, artistic, scientific, religious or ceremonial—has had devotees in the world of form, men and women who are consecrated to developing the highest type of service through these channels. This brotherhood is also the

guardian presence of the children of Earth who are interested in the cause of scientific treatment and healing of disease—the doctors, nurses, and those interested in research to determine the physical causes of afflictions.

The beloved Hilarion, having experienced the self-righteous indignation that arises within a consciousness persuaded that persecution is in order to right a wrong, upon his ascension vowed to help all individuals with like erroneous complexes. It was he who, as Saul of Tarsus, persecuted the Christians, and as you know, who later became the Christian Apostle, Saint Paul. He has asked that you recommend to his protection all those you know, as well as the many unknown lifestreams, who have no faith in spiritual survival, and all the materialists, agnostics and skeptics, that he may assist them to a correct understanding of truth.

ADDRESS BY BELOVED HILARION

“The fact cannot be too strongly emphasized that energy, from the smallest nuclear center to the greatest Sun, is INTELLIGENT! And that energy is obedient to the creative centers of thought and feeling in man. The qualification of energy creates a CAUSE, that cause is directed into the universe and creates an EFFECT, the effect is directed back toward its creator, and the creator’s reaction to that effect (emotionally, mentally, etherically, or physically) creates another cause. Thus you have circles within circles. Accepting the return current of energy as having emanated from one’s self, the creator then learns quickly that it is wise to send forth only CONSTRUCTIVE CAUSES from his world, and that

he should not start a chain reaction whereby a new series of both causes and effects are set into motion. Some earnest souls have misinterpreted this Law by accepting the distressing return of their own misqualified energies and piously saying, "It is God's will!" Others rebel and say that there is no God. Neither of these statements is true, of course, but these are two extremes of human reaction which must be illumined and corrected by the Brotherhood of Truth through patient teaching, counsel and example.

"Every thought and feeling, every virtue and every vice, contribute to a 'mass consciousness' of that particular quality, and into this stratum are constantly pouring the qualified energies of all the intelligences belonging to the evolution. Each individual tunes into and draws from that "mass consciousness" the particular thought and feeling he chooses by having similar thoughts and feelings. There is also a stratum of the Ascended Masters' qualities and virtues. LOVE is but one expression of the many divine aspects of this divine consciousness. When an individual is loving, he instantly tunes into the love stratum and becomes one in consciousness with all who love throughout the universe. WISDOM is another, and when an individual seeks wisdom, he is instantly tuned into the vibratory waves of wisdom which are being fed by the divine mind of God and tapped by all the scholars of the world.

"It is also true of the discordant qualities, and one cannot entertain a thought of jealousy, suspicion, hatred, or anger without becoming instantly ONE with the mass stratum of these qualities, as well as with all individuals who are vibrating with similar destructive thoughts and feelings throughout the planet. THE INDIVIDUAL, THROUGH FREE

WILL, IS CONSTANTLY RISING AND FALLING THROUGH THESE VARIOUS STRATA AS THE EMOTIONS AND THOUGHTS FLUCTUATE.

“For example, possessiveness is a tremendous feeling form that draws the God-energy and smothers the object of its affection. Gossip is almost the most insidious because, through poison sent out, it starts whirls of emotion in the lifestreams of many, and soon you have an inner conflagration. What you plant in the mind of another, what grows there as a result, IS YOUR KARMA! Whatever word passes from your lips that pollutes the consciousness of another, is SIN. This is so even if it is based on so-called fact, and whether or not it is spoken in inuendo or outright accusation. Why? Because you thus add to the shadows of the world, and you are not speaking TRUTH! The truth about every man, woman and child on this planet IS ONLY GOOD! Whatever imperfection you see in another with your eyes, or hear with your ears, and then pass on to someone else, will make YOU responsible to the great Cosmic Law, and you will have to pay for that in some way!

“Criticism, condemnation and judgment are also closely related. The silent criticism of seeing discrepancies and faults in others disturbs the feelings of one’s own emotional body and sets up causes of discord which react in physical disturbances, but the SPOKEN criticism sets others’ emotional bodies into the same vibratory action and its unhappy effects are without limit. The effects of the really vicious emotions of jealousy, hate, anger, and malice are self-evident. The aspiring student should avoid these at all times,”(he should either be silent or speak only words of truth).

MUSICAL INTERLUDE

Here, appropriate music should be played while the attention is focused on the beloved Ascended Master Hilarion and the Brotherhood of Truth at Crete. This music should include the hymn tune, "Onward, Christian Soldiers," which includes the keynote of the retreat where this Brotherhood serves.

BELOVED RAPHAEL

ARCHANGEL OF HEALING AND CONSECRATION

The magnificent being known as the Archangel Raphael has dedicated part of his life and service to the directing of healing rays from the glorious temple of light wherein he abides in the higher realms of God's perfection. These healing rays flow not only to those in distress in the physical appearance world, but also to all life in distress in the astral and psychic planes which surround the Earth. Lord Raphael draws this healing essence from the Sun of our system and the God-parents, Helios and Vesta, who designed our planet and all the planets of this system. The word "healing" comes from the very name of Helios itself.

Just as an automobile battery attached to a "charger" absorbs the currents so that it can give power to a means of conveyance, so do the Archangels, the angelic host, the seraphim and the cherubim, by their rhythmic attention and adoration to their God-source, absorb into themselves the specific qualities of God which they wish to radiate to some other part of life to raise it into perfection.

Lord Raphael provides schoolrooms for his angelic hosts, where the angels are prepared for service by learning how to draw more healing power from God, holding that healing essence within themselves, until they reach the world of the supplicant who requires it. When they have learned to hold this healing essence, they are sent earthward to carry to individuals in distress that substance qualified with the power of healing.

The divine plan for the Earth and its people is that the angelic host, the human kingdom, and the elemental kingdom should serve together in harmony—creating the perfection of the kingdom of God on Earth. As Jesus said, “Thy kingdom come, thy will be done on earth, as it is in heaven!”

LORD RAPHAEL ALSO CONSECRATES THE LIFESTREAMS WHO DESIRE TO SERVE GOD AND MAN in the physical appearance world. By the use of projected light rays, which connect with the energies of those who have a true vocation in life, he and his angels pour their feelings of faith, love, constancy, wisdom, and whatever is required, to assist such an individual to remain true to his chosen vocation.

The beloved Mary, the mother of Jesus, is the divine complement of Archangel Raphael, and among her many services to life and to mankind, she serves as the head of the healing activity to our Earth.

ADDRESS BY BELOVED ARCHANGEL RAPHAEL

“May I introduce myself? I am called the ‘Archangel of Consecration and Dedication.’ It is my specific service to the universe to stand at the head of a glorious legion of beings who direct the ray of almighty God into those lifestreams who consecrate their life energies to a specific humanitarian service to bless the masses. My flame and ray in this action is one with Hilarion’s—and its color is a lovely green. Every doctor, nurse, priest, nun, minister and rabbi, and every chela and initiate who voluntarily dedicates his or her energies to serving life, comes under my particular blessing, radiation and care.

“The consecration and dedication of the lifestreams of the angels, devas, Masters, and those who represent the worshipping group, carry my outpouring to them through the Green Ray. For a moment FEEL that individual consecration of your lifestream to God. Visualize that light flowing from the heart of the universe, animating every one of your inner bodies.

Now consciously CONSECRATE:

“Your minds and bodies to receive the divine ideas of the Father—your feelings to radiate that which is helpful, constructive and good, your etheric body to record only perfection, your garment of flesh to manifest health and harmony, your eyes to see perfection and to bless all life, your ears to hear the harmonies of the inner light, the voice of the Master, and the call for assistance from your fellowman, your lips to form the words that carry hope, faith and the confidence of heaven into the consciousnesses that are bound, your hands to heal, your feet to walk upon the path

as directed by the God who made you, your heart to be the chalice of the Sacred Fire, and your whole being consecrated and dedicated to God's service. THIS IS MY ACTIVITY TO LIFE!"

CONTEMPLATION PERIOD

While the attention of the class rests upon Archangel Raphael and Mother Mary, the song, "Whispering Hope," (which includes their keynote), should be played.

THE ELOHIM OF THE FIFTH RAY BELOVED VISTA (ALSO KNOWN AS CYCLOPEA)

The great Elohim known as Vista is the All-seeing Eye of God to this Earth, as well as the Elohim of Concentration, Consecration, Healing, and music. With his divine complement, CRYSTAL, they endeavor to raise the physical, mental, emotional and etheric consciousness of all mankind through the power of music harmoniously qualified, to hold uninterrupted harmony so that their energies may contribute to the music of the spheres. The power of concentration is necessary to bring into manifestation any worthy objective, and the mighty Vista will assist all who will call unto him.

As her name implies, the beloved CRYSTAL pours forth a crystalline substance WHICH WASHES THE BRAIN, SOUL, INNER BODIES, AND EVEN THE PHYSICAL FORM FREE FROM THE WRONG CONCEPTS AND UNTRUTHS THAT HAVE ACCUMULATED THROUGH THE CENTURIES.

ADDRESS BY BELOVED ELOHIM VISTA

“I am Vista, known to you for many years as the Elohim Cyclopea, the All-seeing Eye of the eternal God! I am the ELOHIM OF MUSIC, among many other diversified activities, and I am the ELOHIM OF CONCENTRATION and CONSECRATION.

“What can be accomplished on Earth, even in mundane activities of your daily living, without concentration, from the smallest task of learning a recipe for your kitchen fare, to the greatest dexterity of technique which produces lovely music, to the greatest development of science, to the magnificent perfection of the educator, preacher and statesman? If there is not concentration, there is only mediocrity, and only the bare surface is scratched. Those who determine to rise above the masses take one facet of living and masterfully develop it—deciding within themselves to excel along at least one line of expression, and according to their concentration is their mastery and efficiency.

“After we, the Elohim, had looked into the beauty and perfection of the divine design for this planet through the ray of the Elohim of Purity, what could come next but concentration—drawing the energy and concentrating it around those convex rays which had been established as the form of the Earth? We had to CONCENTRATE LIGHT SUBSTANCE to make the planet solid enough to be able to hold the sea, land, and general form. If we had proceeded through those first four steps and then refused to CONCENTRATE upon the task until the planet finally began to revolve upon its axis, what would have been the result? There would not have been a planet Earth!

“It is the Law—actual scientific Law—that what you begin CAN BE ACCOMPLISHED when it is in agreement with God’s plan to bring perfection forth, whether it is healing, precipitation, financial freedom, eternal youth, the restoration of a limb—IT CAN BE DONE—but the ‘stick-to-it-iveness,’ which is an important part of my ray and the qualification of the energy with my life, is required to produce these.

“The greatest obstacles encountered to successful precipitation are discouragement and doubt. I have seen men and women on the verge of great financial mastery stop working on their project WITHIN AN HOUR of receiving their financial freedom! This is also true in healing. I IMPLORE YOU—decide on some pattern and plan of manifestation and FOLLOW IT THROUGH! FOLLOW IT THROUGH! FOLLOW IT THROUGH! CONCENTRATE upon your design until you have brought it into fulfillment!

“CONCENTRATION and CONSECRATION are almost one and the same, FOR WHATEVER YOU ARE GOING TO DO THAT WILL AMOUNT TO ANYTHING REQUIRES THE CONSECRATION OF YOUR LIFE. It is the consecration of all your energies to the manifestation of something which will give you mastery over this world of form. Do not feel that the desire for mastery over financial lack or mastery over appearances of physical distress is selfish, because the fully-gathered momentum of your mastery becomes your gift to the consciousness of the race at large.

“As the Elohim of Music, the great musician, it is my obligation and joy to see that the cosmic tone and symphony of the entire planetary system is pleasing to the ears of Almighty God, and is in harmony with the cosmic symphony of every other planetary system belonging to this galaxy. It has

been my obligation to enfold the Earth and her evolutions in a substance through which the dissonance of the Dark Star (the Earth) could not penetrate and adversely affect the music of the spheres.

“Will you who desire to be part of the establishment upon this Earth of the permanent Golden Age, endeavor to contribute some music—some music from your heart? It is not always the audible sound from the vocal chords that contribute to the music of the spheres. IT IS WHAT A MAN IS THINKING, FEELING AND SAYING THAT CREATES AROUND HIM AN AURA WHICH RISES AS HARMONY, PEACE AND HEALING. So on behalf of music, I want your souls to sing as you move about in the most mundane activities of daily living. In the light, there is no high or low position, there is only the eternal NOW, and the song of the soul that fills the aura and atmosphere where a truly devoted chela lives, is the greatest gift that can be given. The song of harmonious feeling pouring forth as the Sun pours forth its rays—that is one of the activities of my humble self.

“My service is also concerned with healing. You will understand how the activities of harmony and music are wound into the activities of permanent healing—healing of every distress, moral, mental, emotional, etheric and physical. That healing can come instantly when the fully-gathered cosmic momentum of myself, beloved Crystal, Raphael, beloved Mary, and Hilarion are invoked, to give you the full pressure and power of the momentum of healing that is ours to give.

“It will be as practical and usable to you as your acceptance and use make it. In cooperation with my endeavors to give assistance in healing, my beloved Crystal offers

the full purifying essence of her CRYSTAL RAY which, surging through the emotional, mental, etheric and physical consciousness, CAN WASH AWAY, ON THE INSTANT, THE KARMA OF MILLIONS OF YEARS, instead of jot by jot and tittle by tittle. Call unto my Beloved and allow that crystalline substance to wash your lifestream, until it is as pure as it was when first you were created of God—divine beings.

“Each of you is destined to be a Christus, an externalized manifestation of your own I AM Presence. As the beautiful essence of beloved Crystal pours through you, ACCEPT IT! As the beautiful essence of the Consecration Flame of Lord Raphael re-consecrates your senses, ACCEPT IT! As the personage of the beloved Mary pours to you her healing grace, ACCEPT IT! As the strength of truth of the great Hilarion charges and charges and charges these words of truth into your feelings worlds, ACCEPT THEM! Let me help you to fulfill your divine plan in music, harmony, and in peace!”

THE SEVEN STEPS TO PRECIPITATION

By The Beloved Elohim Vista

“As I stood in the atmosphere of Earth and looked upon that lovely Silent Watcher, I thought back upon that day when the first call came from the God-Parents of our system (Helios and Vesta) when we WILLED to be part of creation. I thought upon the time when, with mighty Hercules, we said: (1) Yes, we will to serve, (2) when the great WISDOM, as well as PERCEPTION and ILLUMINATION of Cassiopeia showed us clearly what was to be done, when the (3) LOVE of Orion stirred within our hearts an intensified willingness to

leave our activities in the cosmic realm and RHYTHMICALLY give whatever service was required to bring that small but beautiful 'jewel'—your—Earth out of the unformed into the formed, when we looked (4) through the Crystal Ray of PURITY and saw the divine design and Immaculate Concept of Helios and Vesta for the Earth and its evolutions. We found that divine plan to be good and beautiful, and that it would make the Earth a literal 'jewel' in the planetary system—its gift of light, perfume and music would add to the beauty of the galaxy.

“Then came (5) my activity. I am he who is known as the RAY of CONCENTRATION. After my service, comes (6) that of mighty Arcturus of the Seventh Ray—representing RHYTHM OF INVOCATION and TRANSMUTATION BY THE VIOLET FIRE, and (7) the Elohim of PEACE of the Sixth Ray, whose service is to seal the finished creation in the protection and perfection of Cosmic Christ PEACE!”

GROUP DECREERING (CLASS STANDING)

(a) In the name of my Mighty I AM Presence I call on beloved Cosmic Being Crystal to pour her purifying, healing essence into my emotional, mental, etheric and physical body and that of all mankind.

Beloved Crystal, pour your crystalline substance through me and wash my four lower bodies clean from the discord of millions of years. Hold this action sustained until the karma of the ages has been washed away, restoring the four lower bodies into their original purity and perfection. I accept this done right now with full power! (3)

(b) Mighty I AM Presence, I call on beloved Pallas Athena, Goddess of Truth and on beloved Hilarion to blaze (3) the Green Flame of Truth through me and all of mankind and keep this action forever sustained. Reveal all that is not in keeping with the divine plan for the Earth!

EXPAND beloved Hilarion's Flame of Truth!EXPAND its full release!

EXPAND beloved Hilarion's Flame of Truth!

EXPAND its cosmic peace!

EXPAND beloved Hilarion's Flame of Truth!

EXPAND its cosmic power!

EXPAND beloved Hilarion's Flame of Truth!

And he doubles that truth through me each hour!

(c) Mighty I AM Presence I call on beloved Elohim Vista and Archangel Raphael to keep me consecrated and committed to Saint Germain's Cause of Freedom and show me how to be of service.(3)

VISUALIZATION

a) Rest your attention on the Ceremonial Angels that have assisted you in this class, and on beloved Hilarion, Archangel Raphael, Mother Mary, and the Elohim Vista.

b) Send your love and gratitude for their service.

c) Feel yourself surrounded by a pillar of the green Flame of Truth.

d) Expand that flame to cover your city, state, nation, and the entire globe.

BENEDICTION (By Group Leader)

Sealed in a mighty pillar of the Green Flame of Truth, from the hearts of beloved Archangel Raphael, Ascended Lady Master Mary, Elohim Vista and Ascended Master Hilari-on, we thank the Ascended Host of Light for the continuous outpouring of love, wisdom and power.

We thank beloved Archangels Michael and Uriel and the Angels of Protection, Ministration and Ceremonial who have assisted us in this class. Take up our humble efforts and amplify them with your mighty love. Take them North, South, East and West and cover the Earth with the outpouring of the Green Flame of Truth.

Help us to achieve and maintain perfect harmony, health and supply. Let the divine plan be made manifest through every lifestream belonging to this planet. Keep us consecrated to the Flame of Truth.

May the benediction and blessings of the most High Living God and the peace which surpasses all understanding, be with you, each one. May the God of Mercy protect and guide you on your spiritual path toward enlightenment and freedom.

Lesson 13

THE SIXTH RAY

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ACOLYTE SERVICE

Play appropriate music, such as “Bells of the Meadows.”
Group Leader gives the following invocation:

“All hail to thee, thou all-pervading light of the universe, the supreme source of life, “I AM.” We kneel within our hearts in recognition of the light of the Cosmos, as we draw forth these flames representing the three-fold activity of life as exemplified by the Holy Trinity:

the Father, (lighting blue candle)

the Son, (lighting yellow candle) and

the Holy Spirit (lighting pink candle)

“Beloved Cosmic I AM Presence, come now and assert thy rightful authority in the four lower vehicles of all of thy children and show us how to reverently and humbly express the perfectly-balanced activity of love, wisdom and power which thou art.

“Oh Light Supreme, we acknowledge thee in all life, and we give gratitude to the glorious Cosmic and Ascended Beings, as we invoke them and the great angelic host to amplify the energy which we release in this class, and may that light expand, expand and expand as it travels throughout the universe, ever widening the borders of thy kingdom, in fulfillment of thy will ‘I AM!’”

INVOCATION

“Beloved mighty, victorious Presence of God “I AM,” the source that is anchored within each of our hearts, we love and adore you. We acknowledge you to be the owner and giver of all life, our intelligence, our substance, our all!

“We call on beloved Archangels Michael and Uriel and on all Ascended Beings who serve on the Sixth Ray and especially on Elohim Tranquility, Ascended Lady Master Nada and beloved Jesus.

“As we pour out our deepest love and gratitude to the Ascended Host of Light for bringing forth this teaching, blaze (3) your Ruby Flame of Peace through and around us, eternally sustained.

“Seal us in your light and love and power of victorious accomplishment. Guard and protect us, guide and direct us and give us the illumination of truth that shall set us free!”

LESSON OVERVIEW

This is a lesson on the God-virtues of the Sixth Ray, the ray of peace, ministration and devotional worship. Ministers are often on this ray.

The color of the Sixth Ray is ruby. The outer periphery of the flame has a golden radiance.

The primary representatives of this ray are Archangel Uriel, Elohim Tranquility, and the Ascended Lady Master Nada. The Ascended Master Jesus is also on the Sixth Ray. Until 1956 he was the Chohan of this ray.

Before starting this lesson, contemplate the picture of Nada and Jesus.

**THE SIXTH RAY AND ITS CHOHAN,
BELOVED LADY MASTER NADA**

The Sixth Ray represents the activities of DEVOTION, MINISTRATION and PEACE. The Ascended Master Jesus was the Chohan of this ray until his elevation to the office of World Teacher, along with the Ascended Master Kuthumi, in January, 1956. The Ascended Lady Master Nada now holds the office of Chohan of the Sixth Ray.

The Lady Master Nada made her ascension seven hundred years before the Master Jesus, and has built a tremendous momentum in the use of the Pink Flame of Divine Love. She is also a messenger for the God and Goddess Meru and their Temple of Illumination located over Lake Titicaca in Peru, South America.

The Lady Master Nada has given great assistance to the Christian Dispensation over the past two thousand years. She stood by Saint Germain in supporting Saint Germain in his initial petition for the "I AM Dispensation." One of Nada's actions is to give assistance in healing. We also can call on her to give help in correcting bad habits, and problems such as drugs, alcohol, nicotine, meat, and other wrong substances. This call may also be made on behalf of others (We can always call for the perfection of other individuals). Nada will also give assistance in legal matters. Her great momentum of service and love now pours forth through the Sixth Ray. Nada's keynote is contained in the song, "My Hero," from "Chocolate Soldier," by Oscar Straus.

ADDRESS BY NADA

“I come to bring to you the radiance of pure divine love—that love which does envelop the feeling nature, does enter the mind, does melt away the etheric bitterness, and does even give solace to the flesh structure. For many, many ages, I have been trained along the line of developing the potential good within life, and have worked, long before my ascension, under the beloved Charity (twin flame of the Archangel Chamuel) endeavoring to overcome those personal feelings of the outer self that desire to be perfect in themselves but are not always eager to see and encourage that same perfection in others.

“I was one of a group of daughters in the land of Mesopotamia—all of whom were so very talented and could perform so magnificently, receiving much applause and recognition, and I felt within myself very inadequate until beloved Charity helped me to learn that I could increase my power of love by increasing their talents.

“You may think, looking back over those long ages, that it was not so difficult for a small child to spend all of the prayer hour in the silence, pouring out impersonally, love to my talented sisters, increasing far beyond their own potential worth, those gifts of voice, art, and the dance—and they, developing in that grace, never knew that through my own endeavor to be selfless and honest, earnest and sincere in the giving of my light to their virtues and talents, that their gifts increased beyond that which they otherwise would have known. It was then that I really learned that the name ‘Nada’ meant ‘nothing,’ and to some it is used in this connection today (Spanish). I learned to overcome jealousy which

is spawned out of fear and insecurity. Seeing my sisters grow in beauty and grace, I was, of course, growing in that selfless capacity to serve, wherein I would be utilized by the Cosmic Law to help other lifestreams who had to work in communities.

“For many ages I have been assigned to the spiritual communities that exist all over the Earth, and during the Christian Dispensation, since the great manifestation of Jesus’ victory and ascension, I was assigned the joy of working through the superiors of all the orders that were developed around the Christian doctrines, and whenever and wherever possible, would establish that focus of love which would sustain a community against the imprint of personal imperfection and distress. That is why it was easy for me to accept the opportunity, as well as the obligation, of becoming Chohan of the Sixth Ray.”

MUSICAL INTERLUDE

While the attention rests on the picture of beloved Nada, play her keynote, “My Hero,”(Chocolate Soldier) by Oscar Straus.

ADDRESS BY BELOVED JESUS

“Beloved children of God, I come to bring to you my consciousness of victorious accomplishment. That which I have done and which I manifested through a flesh form similar to the one you presently wear, was not miraculous! It was something which is similarly ordained for every

lifestream upon this planet. My endeavor to bring that manifestation of Christ fulfillment before the eyes of men, was merely to PROVIDE AN EXAMPLE by which every man, woman and child might be stirred to make effort toward a like development.

“One of the greatest mistakes, which has ‘bogged down’ the activity of the Christian Dispensation, is the placing of Godhood upon myself ALONE, and denying it to my fellow-man. Christhood IS POSSIBLE FOR OTHERS, besides my humble self. Before I was born into my final embodiment, there were many lifestreams who had achieved the state of Christhood, full mastery and God-control, having sublimated the flesh form—knowing the victory of the ascension. However, for the Christian Dispensation, it was my great opportunity to manifest the resurrection, which is done so easily every Spring by the nature kingdom. I was to come and bring the Divine Presence into the very substance of Earth, developing it into a God-man, made in the image and likeness of the Father who, in the first place, created me, and who also created you, in like manner.

“For every divine creation, whether it be angel, deva, seraphim, or human being, there is a divine pattern of perfection for that creation. In the case of the human being, it is called the ‘Individualized I AM Presence!’ This divine pattern of perfection is fashioned out of living light, and within its heart is placed the Immortal Threefold Flame of Life. Within that flame is intelligence and consciousness.

“The SECOND COMING OF THE CHRIST means the awakening of many men and women, who will externalize the glory of their divine pattern and plan through their outer

selves. This was my message—it was my mission! It was the reason for my coming into being, the reason for every experience of the Earth-life, even to allowing men to mutilate my flesh form. I allowed this, to prove that the immortality and divinity of the Godhead could be manifest through one of the sons of men!

“Are you less than a flowering bulb or a seed that produces after its kind? Are you less than a blade of grass, less than even the embryo chicken, which bursts from the egg, following the pattern of its parents? Ah, no! YOU ARE FAR GREATER! You have one thing which is not the gift of the nature kingdom—FREE WILL! Through the use of that gift of free will, you have chosen to NOT let the God who created you (and who is living within your heart) to expand into its full perfection.”

THE LUMINOUS PRESENCE OF JESUS

The phrase “IN THE NAME OF THE ASCENDED JESUS CHRIST,” when spoken, contains a vibratory action that repels individuals and vibrations that are not of the light. When anything seeks to disturb, and you call first to your own God Presence “I AM,” and in the name of the Ascended Jesus Christ, COMMAND the disturbance to leave—IT WILL BE DONE! That which is not of the light will vanish at the mention of his sacred name. The Master, himself, has said to “ask what you will in my name and it will be done!”

Healing, protection and perfection will manifest when the LUMINOUS PRESENCE OF JESUS, or any Ascended Master,

is called forth and then VISUALIZED. If you will SEE IN YOUR MIND (which is visualizing) the Ascended Jesus Christ in blazing white light stand at the back of you and enfold you in that blazing light, and feel its blazing white essence penetrate every part of your body, your mind, and your feelings, practice of this will prove the power that is within it. You can also enfold every individual you wish to assist, in this Luminous Presence of Jesus the Christ, and see the healing and perfection take place as the light replaces all the shadows.

BELOVED ARCHANGEL URIEL

The Archangel Uriel serves on the Sixth Ray. His service is to minister to all the evolutions belonging to the Earth (some ten billion souls, although only about three-and-a-half billion are embodied at one time). He wears the beautiful ruby robes of the Sixth Ray and is surrounded by myriad bands of angels. His divine complement is the Archai known as Donna Grace. Great legions of his court are always present in and around institutions of incarceration, hospitals, prisons, homes for the aged, and some of his angels are always present where there is a soul in distress.

The very nature of Uriel's service—ministration—brings peace, which precedes all permanent healing of soul, mind, body and affairs. Peace is a conductor of healing rays, for when an individual is in a state of turmoil, his aura repels the healing he desires, but when he is at peace, his aura accepts the healing ray.

ADDRESS OF ARCHANGEL URIEL

“I AM THE SPIRIT OF MINISTRATION! I AM THE SPIRIT OF PEACE! I AM THE SPIRIT OF GRACE! I am the servant of the one God, and I stand before you, each one, as your servant, too! Wherever the name of God is invoked, either silently or audibly, THERE I AM ON THE INSTANT, with the fullness of the love, the blessings, and the benediction, healing, faith and power of the Almighty. According to the CAPACITY TO RECEIVE, is the blessing given.

“I say to your consciousness, your minds, and your bodies, in the name of the one mighty God, PEACE BE UNTO YOU! PEACE BE UNTO YOUR STRIVING CONSCIOUSNESS, YOUR RESTLESS MINDS, YOUR WEARY BODIES—THE PEACE OF GOD THAT DOES SURPASS THE UNDERSTANDING OF THE OUTER MIND! Let it enter NOW into every cell and fiber of your being and relax in the knowledge that you are IMMERSSED IN THE PRESENCE OF THE ALMIGHTY. You live, move, and truly have your being within the living, breathing intelligent body of the universal God, and no matter how far you may stray in thought, you can never leave the safety of his bosom. It but requires of you the awakening to your presence within that safe, secure and loving heart!

“Of all the angels that people the inner atmosphere around the Earth, the greatest legions are of Lord Michael and myself. We are the servants of God, and it is our great opportunity and joy in the universal scheme, to minister unto the sons and daughters of God, who have woven out of thought and feeling certain painful experiences, and who, in their extremity, invoke the Superior Power for assistance to extricate themselves.

“We are those legions who answer the calls and prayers from the least of men. In graded order, the Angels of Ministration stretch from the heart of the Central Sun, itself, down through the astral and psychic realms. Through the Silent Watchers, we are alerted the moment the flame in the heart stirs and the silent ‘God, help us!’ arises from within the consciousness. At that time, according to the requirement, is one or more of our legions sent to bring grace and assistance to the lifestream requiring succor.

“The Angels of Ministration are the messengers of the Most High. They are those who embody the mystic quality of GRACE. The complement of my lifestream is known at inner levels as DONNA GRACE. She is the ‘lady full of grace’ in the angelic kingdom, as the beloved Mary is representative of grace to the human kingdom, at the present time. There is a Cosmic Law which is inexorable and unchanging, which requires that THE CALL MUST COME FROM THE OCTAVE IN WHICH THE NEED IS FELT. If this were not a self-evident truth, long ago those of us who live in love and mercy would have lifted mankind into the Light.

“The great Silent Watchers who take up their abode over large cities, are constantly watching for those beams and flickers of light which pass out of the soul and signify an S.O.S. to the heavenly hosts for assistance. These beings make the call to one of the directors of the angelic host in our sphere. That director gives the mission to an angel who is developed enough, to hold within the feeling world, the quality of radiation which is the answer to the prayer. That quality stimulates the flame in the heart and soul of the supplicant, and as the two meet, the supplicant himself magnetizes the answer—which comes according to his acceptance.

“The beloved angelic host, who work with us, start with the tiny little angels, who embody the qualities of faith, happiness, hope, and all the virtues, and who are able to retain, for no longer than an hour at first, the specific radiation of a quality which may be required on Earth. Their first endeavors to give assistance are brief ones, and they hasten back into the safety of the director from whose arms and aura they have been sent forth to empty their little vial of faith, or confidence, or whatever it may be, into the silver cord and lifestream of some despondent or despairing one. Recording the victory of such a mission, the small angel becomes more confident and eager to learn, and more desirous of maintaining the necessary self-control to sustain more of the virtue on the next mission. It is thus, by actual experience, that the angelic host grow and develop and learn the joy that is within service.

“YOU ARE IN TRAINING TO BECOME MASTERS! FREEDOM COMES WHEN YOU ARE MASTER OF CIRCUMSTANCES CONSCIOUSLY AND CAN REGULATE ANY SET OF CIRCUMSTANCES BY THE FLAME WITHIN YOUR HEART. THERE IS NO OTHER PERMANENT FREEDOM! In the schoolroom of life, it would be easier to have an individual who had passed successfully through your course, work your problems for you, but the wise man learns the principle himself, lest the man on whom he relies to solve his problems, should not be there when his great opportunity comes.

“Let me see what you will do with your aura in the days just ahead. Make it something that we can use, and REMEMBER, REMEMBER, REMEMBER—Uriel is no farther from you than a call! Just the THOUGHT OF GOD will bring me on the instant. I am your friend! I am your servant! I am your companion in the light—URIEL, the messenger of the Most High.”

MUSICAL INTERLUDE

While the attention is focused upon beloved Archangel Uriel and his activities, play “Lullaby,” by Brahms, which contains the keynote of Uriel.

THE ELOHIM OF PEACE

The Elohim of Peace, beloved Tranquility, together with his divine complement, Pacifica, helped to build the planet Earth. They serve on the Sixth Ray and having developed and sustained the quality of peace for aeons of time, are desirous of assisting each individual and the planet, itself, to have peace. These great beings will answer every call and enfold each one in the actual substance, radiation, and power of their God-gift of peace, to bless the family, the community, the nations and the world. PEACE IS AN ESSENTIAL QUALITY THAT EACH ONE MUST SOME DAY DRAW INTO HIS OWN WORLD AND HOLD, SO THAT NOTHING WITHIN OR WITHOUT CAN EVER DISTURB IT. THAT IS MASTERY!

THE SEVEN STEPS TO PRECIPITATION

By The Beloved Elohim Tranquility

Step 1—”Nothing is ever created in this world along any line until you WILL, within yourself, to do it. This is the activity of beloved Hercules and the First Ray. Whether you WILL to walk down the street, attend a class, to give some service to another, to precipitate a small ring or a large building, you must first, within yourself, WILL to take the vital ener-

gies of your life and accomplish some constructive purpose with them.

Step 2—”This comes under the radiation of the beloved Cassiopeia. After you have willed to create a definite form, you should ask for the DIVINE PERCEPTION (ILLUMINATION) as to the best way of producing that form. The PERCEPTION of the Golden-Yellow Ray is necessary to enable you, through the use of discrimination and just plain common sense, to know just what momentums of already-developed God-qualities you have to offer, and how they will best allow you to serve.

Step 3—”Now comes the step which involves releasing the feeling of DIVINE LOVE from your heart, and this step is under the direction of the beloved Orion. That which you do in service for the Master, or in the use of the power of precipitation, requires the loving cooperation of all your vehicles, including the physical form. You have heard it said that what is done in a sense of ‘duty’ must be done over again in a FEELING OF LOVE. You must develop the loving constancy of staying with your endeavor until it is completed, working in gratitude, happiness and devotion, with no thought of time, recompense, or personal recognition of any kind—just serving for the joy of it. That is the activity of the Third Ray, and one of the most important of the seven steps.

Step 4—”The activities of beloved Claire (Elohim of Purity) takes fourth place in precipitating. This means staying right with the PURITY of the original design, which has been given into your mind by your own Holy Christ Self. To hold the PURITY of your design means that you do not personally elaborate upon it, but are willing to sustain the perfect pat-

tern and design which an Intelligence greater than your own has created so that, through you, the entire race may be benefited.

Step 5—”The next activity is that of CONCENTRATION and CONSECRATION from the beloved Vista—the quality and ability to stay with one project until it is completed. Here, again, we come to that which is a great test to the lifestream. The vital fires of joyous enthusiasm and zeal, which are kindled within the earnest student when he first touches the truth of this light, usually turn to ash within about six months. However, CONCENTRATION upon the same plan, pattern, or design, until it is physically manifest, is essential to the producing of INSTANTANEOUS PRECIPITATION.

“If you are designing a car, a home, a garment, or whatever you may choose to precipitate, STAY WITH ONE DESIGN until you have followed through the necessary Seven Steps to Precipitation, which are scientifically required to manifest what you desire, visibly and tangibly into your outer use. It is not so important WHAT you choose to precipitate, but it is important that you clearly understand these steps. When you do, and are able to use that science consciously and at will, the things of this world will seem as rubbish to you. We want you to feel the joy, which is within you to produce a manifestation, and when you have done it once, the use of that power is yours for eternity.

Step 6—”In the science of conscious precipitation, the Seventh Ray of RHYTHM precedes the sealing of your manifestation in the substance and radiation of GOD PEACE, which is normally the activity of the Sixth Ray. After you

have finished with the Fifth Ray of CONCENTRATION, and have stayed with one pattern long enough, you come into the activity of Arcturus—RHYTHM OF INVOCATION. Here, if you are serving the Master, it is of little effect if you serve him in a great rush of energy one day and then do not show up again for a month! All the activities of nature are in perfect RHYTHM. Watch your seasons, the sunrises and the sunsets, the ebb and flow of the tides, and the regular beat of your own heart. You can see the necessity for RHYTHM. No matter what you are creating, the RHYTHM OF FEEDING THAT PATTERN with your life, by your thought, feeling, and spoken decrees AT THE SAME TIME EACH DAY—morning, noon and night, or whatever time you decide to do it—is absolutely essential to your success in such an endeavor.

“If you do not give your pattern of precipitation RHYTHM, you will bring forth a form without symmetry, if you bring forth anything at all. Some of the imperfections of your flesh forms are due to the unpleasant effects of broken rhythm. Conscious students shy away from broken rhythm in music, and yet, in their own worlds, that broken RHYTHM of thought, feeling, spoken word and deed, result so often in ill health, lack of finances, lack of peace, and many other limitations. You could not long remain either angry or resentful, if you were to govern the RHYTHM of the life flowing through your bodies, BY MAINTAINING THE RHYTHMIC BREATH AT ALL TIMES.

“The smaller the thing you choose to bring forth as your first precipitation, the less of your vital energies it will take. Do not start with a large project, such as a building.

Step 7—”Then, oh beloved ones, my heart pleads with

you to prayerfully consider this final step, probably because it is my own activity. After you have drawn forth your magnificent precipitation, SEAL IT IN MY FLAME OF PEACE! Do not allow any disharmony from yourself or others to destroy it. Just as you would place a cellophane cover over something precious which you wished to preserve, seal your precipitated form in the Golden Flame of the Elohim of Peace, to hold it inviolate against the disintegrating forces of human thought and feeling. Perhaps the greatest disintegrating force of such human thought and feeling is the jealousy and doubt of others.

“IT IS MOST IMPORTANT FOR YOU TO REMAIN ABSOLUTELY SILENT CONCERNING WHAT YOU ARE DOING! SEAL YOUR LIPS AGAINST GIVING ANY INTIMATION through the spoken word as to what you are doing, for you have no idea of the violence of feeling which will be driven at you, from those who are covetous of your light’s greater development.

“When the original creation of this planet was finally manifest, and the activities of the RHYTHM of Arcturus had drawn the final invocation of energy necessary for its completion, when the seven-fold flame of the Elohim had done its perfect work, when the planet Earth began to revolve upon its axis and to release its melodious keynote, it was a beautiful sight! At that time, the PEACE which surpasses the understanding of the human mind, abode in the atmosphere of the Earth. It was only when the ‘laggard’ souls came from other systems and brought disintegration through the feelings of rebellion, pride, hate, doubt and fear, that, like the Trojan horse—from within out—the great perfection which had been established, began to recede.”

THE EVOLUTION OF AN ELOHIM
By The Beloved Elohim Of Peace – Tranquility

“The evolution of the Elohim is through the elemental kingdom (el-e-mental meaning ‘mind of God’). Each of us started out as small elemental beings belonging to different systems, different galaxies, at different times. I was one among those elementals who followed the exact order of creation. You have seen universal elemental light filling the atmosphere—those tiny electrons seem to be going nowhere, just flitting hither and yon in the sunshine. When one is first God-created, there is complete freedom to just enjoy one’s self, and that is where some folks get the idea of heaven as being a place of eternal enjoyment, rest, and a general do-as-you-please attitude. They remember BACKWARD, for this is not looking FORWARD, and I warn you ahead of time, the FUTURE is not going to be like that! Those were your ‘pre-Eden days’!

“Long, long ago, I was one of these tiny elementals flitting hither and yon in my universe. Whenever I felt like it, I attached myself to some light ray projected by some being of whom I was scarcely cognizant. At times I rode upon a great beam of that light, which was destined to become part of some star or some lovely God-creation. I had no responsibilities, and no obligations.

“This same freedom is given to all of God’s creations. Your I AM Presence, when first created, was permitted to go through each of the Seven Spheres of activity around its Godhead, find that sphere in which it was most interested, stay in any temple as long as it desired, and at the feet of any Master, for any length of time it desired. The angels have like freedom. When first created, they disport them-

selves in the glory and light of the body of God, and eventually become a part of the virtues of faith, hope, charity, or any God-virtue they please. These angels live in the temples of their choice. They absorb—and JUST ARE!

“Then suddenly one day, there came a feeling within me that I wanted to be a CONSCIOUS part of creation. When this takes place within anyone, it means that the activity of the FIRST RAY is born within them—the WILL TO DO, and so it was with me.

“Then I sought out someone whom I knew could tell me just what to do, and when I had found such a one, I was told that if I cared to go to a certain nature temple, I could learn how to build form—perhaps a flower. To do this, together with others of like intent, I had to learn to hold the thoughtform shown to us on the altar by the presiding deva, our instructor.

“After enrolling myself as a student in this nature temple, my first assignment was to build a five-petaled yellow flower—AND I SHALL NEVER FORGET IT! Oh, there must have been a couple of hundred of us in the class, all quite as irresponsible as myself. We could hear beautiful music outside the temple, the air was so lovely and fresh, beautiful beings of light were passing through the atmosphere outside the windows—and the holding of the pattern of that flower got so monotonous. The deva just stood there on the altar, and, from himself, he externalized the pattern of this flower, which we were to learn to create. He tried to catch our thoughts and focus them upon that flower, but I soon found out that just the WILL TO DO was not enough—there must follow the other six steps of creation to perfect the activity!

“Then suddenly, PERCEPTION came into my mind, and I

thought, 'Yes, THIS is a part of creation,' and I PERCEIVED, at least, what the deva wanted me to try to do. Up until that time I just enjoyed the fragrance, the color, and the symmetry of form of that flower. I did not feel that I wanted to do anything more than that about it. As that feeling of PERCEPTION took possession within me, I consciously tried. Oh, but that first form which I attempted to create was certainly a distorted one—it was sort of square. It did not have enough petals, nor did it have the right fragrance. Besides, just as soon as I took my attention away from it, the form was gone. Others in the class were still not very concentrated in their attention and were still flitting around. However, those of us who really meant business, finally moved up to the front of the room, nearer the altar.

“We continued to absorb the instruction and tried again and again, and finally, one day, a little yellow flower appeared in my hands and I was happy! This time I had the right number of petals, the right color, and the right fragrance for my flower, but my goodness, just as I was about to present it to the deva, one of the Archangels went by the window and my attention, being drawn by his magnificent light, left the flower for an instant. When I looked back at my hand, the flower was gone—a lack of CONCENTRATION, you see!

“Those devas do not speak at all. They give all their instruction through radiation, and our deva teacher suggested to us that if we wanted to create those flowers consciously, we could add beauty and perfection to a springtime on some lovely planet, which the Elohim in charge of that planet were to beautify for the blessing of an evolution of living souls. As I thought of this, LOVE for my endeavor was born within

me. I felt that I wanted to make that little flower perfect enough, fragrant enough, beautiful enough, and make it last long enough, to really bless some part of life. That was the third aspect of divinity—LOVE! Then I forgot myself and the distraction of those who were going by outside, for I really wanted to create that flower, and so I stayed with it!

“What happened then? I received an assignment! The devas do not assign one to the task of even becoming an apple-blossom, until they know that you will stay with that task long enough to complete it. In my new assignment, I was directed, along with, I think, about seven hundred others, to adorn one big tree. Incidentally, the yellow flower I was to create does not grow upon your Earth, nor does such a tree. Perhaps one day they shall!

“Here came another lesson, which I did not learn at once. Our teacher reminded us that, when we went to that planet with the great deva of the tree to be formed, we would see all different kinds of trees. He warned us to watch and see that our individual flower to be created did not become just like that which we saw on some other shrub or tree. I forgot his admonition and mine did just that! I saw pink flowers, blue ones and white ones, and by the time I was through looking at them all, I had nothing definite in my own mind—and therefore no manifestation!

“Then I learned the fourth lesson—the PURITY of holding to the divine pattern which had been given to me in the beginning. When we finally went back to our nature temple ‘schoolroom,’ none of us who had ‘lost out’ were at all proud of our accomplishments. Those in charge always prepare more elementals than they know will be needed for a certain creation, and therefore, the creation was completed by

those who could do the work. I did not volunteer so quickly for the next experiment, I can tell you! However, within myself, I determined that I would hold the pattern of that yellow flower until I had brought it forth in perfection.

“Finally, I did not even have to volunteer. My deva teacher, in mercy, said to me one day, ‘All right, you may go and try again.’ This time, I closed my eyes, my mind and my attention to everything but to the becoming of that yellow flower. Yet, there remained even more for me to remember—CONSTANCY—for I allowed my petals to fall before the Springtime was over. I had to learn the fifth activity of CONSTANCY and CONCENTRATION, until the deva called me home. Because of my lack of CONSTANCY, after the premature falling of my petals, I was home a whole month before the others.

I must tell you that I did not go into the temple for quite awhile. I walked up and down outside, but I did not go inside! At last, I HAD TO GO IN—you know that! Wherever you are, and whatever you volunteer to do, YOU MUST FINISH IT ONE DAY! It is the same thing with humanity—they may ‘play around’ as long as they wish and waste their time and energy, but one day they must finish their course (fulfill their divine plan). SOONER OR LATER, PERHAPS WITH YOUR FEATHERS TRAILING, YOU WILL GO BACK TO THE FULFILLING OF YOUR ORIGINAL DIVINE PLAN.

“When we gathered again before the deva in the nature temple, I was seated far back in the last row. I was small of stature and I thought that I would not be too easily seen there. Thinking to myself, I said, ‘I shall never go out again. I’ll just stay right here!’ However, next we were taught the lesson of RHYTHM.

“Here I learned that I had to hold the PURITY of form, and that I had to stay at my post until I was released by the being who had sent me forth—that was CONSTANCY. Then, amazingly, I learned that I had to go EVERY Spring! My goodness, I thought, going once was a major achievement, but I learned the lesson of RHYTHM: yellow flower—yellow flower—yellow flower—over and over again, each and every Spring. I shall not attempt to tell you how many springtimes I became a yellow flower. Doing it once was a novelty, even a dozen times was fun, but EVERY Spring seemed to me like a long, steady, relentless ‘grind.’ OBEDIENCE! OBEDIENCE! OBEDIENCE to the end!

“The last step I had to learn in this process of creation was to HOLD THE PEACE! The last time that deva told me that I was going to be a yellow flower again, I NEARLY LOST THE WHOLE COURSE! You see, in the meantime, others of my friends had become beautiful trees, shrubs, and other lovely creations, but I WAS STILL A LITTLE YELLOW FLOWER! So you see, I had to learn to HOLD THE PEACE—PEACE which I became myself, mind you, on a far-distant future scheme. So, if you are one of those ‘little yellow flowers,’ learn to HOLD THE PEACE! Perhaps, one day, you will be a sun to a system. Who knows what anyone’s use of free will may do?

“At last, on this final trip, I just LET GO! I really did! I thought, ‘If God wills it, I shall be this blossom for eternity!’ That was my last trip. That absolute surrender gave me my release, and that time, when I returned to my deva in the nature temple, he crowned my service of the ages—AGES, I said—with victory. Then I was graduated into the devic kingdom.

“For a long, long time, I served and worked with in-

creasing efficiency, until I finally took the initiation of the Elohim. Later, when given opportunity, by the call from beloved Helios and Vesta for those who would volunteer to build for them this dear planet, Earth, I voluntarily joined the other six Elohim to render that service. We served together in association, both for the joy of comradeship and the joy of creation.

“Proceeding through these ‘seven steps’ of activity is the way by which the Elohim expand their consciousness from an elemental being to a great builder of form. It is the way by which the tiny cherubim become great devas of light, and passing through those ‘steps’ also, the spiritually-unawakened soul eventually awakens and becomes the great Ascended Being of love, light and perfection. There is no escape from following these ‘seven steps’ anywhere. Some natures are such that they accept and follow those steps quickly, and some take a longer time to accomplish. Believe me—I KNOW! I think that I was the slowest pupil of all the grouping of elementals with whom I started out, but one thing I learned, if nothing else, was to HOLD MY PEACE and ABIDE IN THE WISDOM OF THE LAW!

“For the kindness and courtesy of your attention, and your love, I thank you! Will you remember always, please, that PEACE IS A POSITIVE POWER! I, who have passed the way of evolution before you, am yours to command! I leave with you my blessings. May all your precipitations be perfect, your ‘flowers’ beautiful, and all your God-endeavors successful in his name!”

GROUP DECREERING

Here the class should stand and issue the following decree:

Mighty I AM Presence, beloved Archangel Uriel, beloved Elohim of Peace, beloved Jesus, let me be a comforting presence, bringing the qualities of peace and ministrations to all life I contact!

I AM manifesting the PEACE of Elohim Tranquility!

I AM its full release!

I AM manifesting the PEACE of Elohim Tranquility!

I AM his cosmic peace!

I AM manifesting the PEACE of Elohim Tranquility!

I AM his cosmic power!

I AM manifesting the PEACE of Elohim Tranquility!

And he doubles that peace through me each hour!

This decree may also be given for:

- a) I AM the PEACE of Archangel Uriel!
- b) I AM the VICTORY of the Ascended Jesus Christ!

VISUALIZATION

a) While softly playing music appropriate to the occasion, rest your attention on the Ceremonial Angels and Angels of Protection, that have assisted you in this class and on Archangel Uriel, the Elohim Tranquility, Ascended Lady Master Nada and Beloved Jesus.

b) Send your love and gratitude for their service.

c) Feel yourself surrounded by a pillar of the Ruby Flame of Peace.

d) Expand that flame to cover your city, state, nation and the entire globe.

BENEDICTION (By Group Leader)

Sealed in a mighty pillar of the Ruby Flame of Peace, from the hearts of beloved Archangel Uriel, Elohim Tranquility and Ascended Lady Master Nada, we thank the Ascended Host of Light for the continuous outpouring of love, wisdom and power.

We thank beloved Archangels Michael and Uriel and the Angels of Protection, Ministration and Ceremonial, who have assisted us in this class. Take up our humble efforts and amplify them with your mighty love. Take them North, South, East and West and cover the Earth with the outpouring of the Ruby Flame of Peace.

Help us to achieve and maintain perfect harmony, health and supply. Let the divine plan be made manifest through every lifestream belonging to this planet.

May the benediction and blessings of the most High Living God and the peace which surpasses all understanding, be with you, each one. May the God of Mercy protect and guide you on your spiritual path toward enlightenment and freedom.

Lesson 14

THE SEVENTH RAY

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ACOLYTE SERVICE

Play appropriate music, such as “Bells of the Meadows.”
Group leader gives the following invocation:

“All hail to thee, thou all-pervading light of the universe, the supreme source of life, “I AM.” We kneel within our hearts in recognition of the light of the Cosmos, as we draw forth these flames representing the three-fold activity of life as exemplified by the Holy Trinity:

the Father, (lighting blue candle)
the Son, (lighting yellow candle) and
the Holy Spirit (lighting pink candle)

“Beloved Cosmic I AM Presence, come now and assert thy rightful authority in the four lower vehicles of all of thy children and show us how to reverently and humbly express the perfectly balanced activity of love, wisdom and power which thou art.

“Oh Light Supreme, we acknowledge thee in all life, and we give gratitude to the glorious Cosmic and Ascended Beings, as we invoke them and the great angelic host to amplify the energy which we release in this class, and may that light expand, expand and expand as it travels throughout the universe, ever widening the borders of thy kingdom, in fulfillment of thy will, ‘I AM!’”

INVOCATION

“Beloved mighty, victorious Presence of God “I AM,” the source that is anchored within each of our hearts, we love and adore you. We acknowledge you to be the owner and giver of all life, our intelligence, our substance, our all!

“We call on beloved Archangels Michael and Uriel and on all Ascended Beings who serve on the Seventh Ray and especially Beloved Archangel Zadkiel, Elohim Arcturus and Ascended Master Saint Germain.

“As we pour out our deepest love and gratitude to the Ascended Host of Light for bringing forth this teaching, blaze (3) the Transmuting Violet Flame of Freedom’s Love through and around us, eternally sustained.

“Seal us in your light and love and power of victorious accomplishment. Guard and protect us, guide and direct us and give us the illumination of truth that shall set us free!”

LESSON OVERVIEW

The lesson introduces the God-virtues of the Seventh Ray. This ray incorporates the qualities of the Transmuting Violet Flame, so necessary to make our ascension.

Primary representatives of this ray are Archangel Zadkiel, Elohim Arcturus and the Ascended Master Saint Germain (Chohan). The color of the ray is violet.

Before starting the lesson, contemplate the picture of Saint Germain and ask for his radiation, feelings, nature and consciousness.

THE SEVENTH RAY

The Seventh Ray serves to educate mankind in the rhythmic activity of INVOKING and SUSTAINING the power of the Transmuting Violet Flame. Through this application, students learn to redeem the mistakes of the past and they become inspired to manifest the purity, cleansing ability and buoyancy of this Violet Fire.

The Seventh Ray is the Ray of Transmutation and of magnetization, for within the beating flame in your heart is the power to magnetize life-energy, also called primal life. The energy which you magnetize, becomes yours to qualify and direct into the universe for good or ill. You qualify it by your thoughts, feelings, spoken words and acts, and that energy, moving in the irrevocable circle, sweeps out and then back to its creative center—YOU—for redemption. Each one of you took primal life and stamped upon it something of yourself, and that life, returning to you, is the karma of your various limitations and distresses. All such imperfections can be transmuted by the use of the VIOLET FIRE OF FREEDOM'S LOVE.

What is the CAUSE of FREEDOM? God is that CAUSE! The God-part of every man has within it the realization that FREEDOM and GODLINESS are one. The divine fiat of life is expansion, unfoldment, perfection—all of which qualities require FREEDOM in order to manifest. There is no such thing as progress or evolution without FREEDOM. FREEDOM IS GOD IN ACTION. It is the divine plan that there shall be FREEDOM to all life—mankind, elementals, and angels. The VIOLET FIRE OF MERCY AND COMPASSION is the “divine tool” to bring this about, and Saint Germain urges each one to

USE THIS VIOLET FIRE DYNAMICALLY and set himself FREE, and then persevere with the use of this Sacred Fire for the sake of all that lives.

The instruction originally published by THE BRIDGE TO FREEDOM (and now re-published by the Ascended Master Teaching Foundation) gives forth the Ascended Masters' teachings and understanding of how to use the Sacred Fire to bring freedom to the mind, freedom to the feelings, freedom to the memories, and freedom to the physical body. WHEN THE FOUR LOWER VEHICLES ARE PURIFIED AND HARMONIZED SO THAT THEY ARE TRULY 'FREE,' AND IF THE CHELA PERFORMS SUFFICIENT IMPERSONAL SERVICE, HE IS THEN IN A POSITION TO BECOME AN ASCENDED MASTER AT THE CLOSE OF THE EMBODIMENT.

SAINT GERMAIN, CHOHAN OF THE SEVENTH RAY

The great being whom we know and honor as Saint Germain, made his ascension in 1684. For many centuries he had worked to bring freedom to mankind, taking embodiment again and again, endeavoring to stimulate the desire for freedom in the people of the various countries of the world.

A long time ago, Saint Germain served as a priest in the Temple of Purification by Violet Fire (now in the etheric realm, near Cuba). Later, he was embodied as king of a great civilization, located where the Sahara Desert now is. Saint Germain was also embodied as the prophet Samuel, Joseph (father of Jesus), Saint Alban, the Greek philosopher Proclus, Merlin the Magician, Roger Bacon, Christian Rosen-

kreutz (founder of the Order of the “Rosy Cross”), Christopher Columbus, Paracelsus, and, finally, as Francis Bacon.

The Master Saint Germain appeared again in Europe, primarily during the time from 1710 to 1822. He appeared in his visible, tangible body, in the various countries, under various names. He kept close connection with influential people in these countries. He was known as the Comte de Saint Germain in France, as the Wonderman in Germany, as Comte Bellamarre in Venice, as Prince Rakoczy at Dresden and by other names at different places. He was considered very wealthy and no one could determine from whence his wealth came.

It was not generally known that Saint Germain was an Ascended Being at that time, which explains how he could so easily perform those super-human feats, and why he did not partake of food. Being ascended, he was complete master over physical matter. He could appear in more than one place at the same time, he did not have to rely on outer world transportation. He had the ability to precipitate whatever jewels, ornamentation and such as he wished. Saint Germain did this to gain influence with people of importance. By exhibiting material wealth, he could impress people as nothing else would.

Beginning in 1930, Saint Germain used a new approach. His instruction is now based on simplicity of language, logic and common sense. In addition, the Masters use their radiation to convince the students of the truth of the message.

ADDRESS BY SAINT GERMAIN

“Think of those of us who gained the freedom and victory alone—century after century—finding secret caves, places where we might hide, endeavoring with a few brave souls, like ourselves, to contact the Ascended Host of Light. We desired to receive their instruction and then to experiment with magnetization, invocation, and the direction of the light rays. There was nobody to tell us whether we were on the right path. There was nothing but our heart flame to direct us. Yet, if we had allowed negative qualities to make us fearful, we would still remain within the orthodox masses.

“I tell you frankly, if you are going to succeed, YOU MUST BE POSITIVE, DETERMINED AND CONFIDENT within yourself. In the privacy of your own room, you must take yourselves in hand and DECIDE FIRST AND FOREMOST WHETHER YOU WISH TO WORK WITH THE ASCENDED HOST OR NOT! If you feel that you do not, then you must wait for another opportunity, at a later day. You must measure everything that we have given according to the code of truth, according to the code of balance, of purity, of wisdom, and of love. Then, when you have made up your mind, STAY CONSTANT TO THAT DECISION AND MOVE FORWARD INTO THE LIGHT OF FREEDOM!

“The greatest opportunity in the world is to USE THIS FLAME OF FREEDOM, and to stand UNMOVED, CENTERED AND POISED WITHIN YOUR OWN GOD FLAME!

“The divine alchemy of the VIOLET FIRE is a real science, just as much as is any science of electronics in the outer world today. It is not something which works in a haphazard manner. You are in an age of experimentation, and now

stand much as I did in those embodiments, previous to my ascension, when I, too, was experimenting with various combinations of thought, feeling and spoken word in decrees. You are in a period of transition—transition in your personal lives, world transition, and in a very few short years, you will be in a period of planetary transition as well. These periods of 'world change' cause feelings of unrest in the emotional and mental bodies of the masses of the people, and stir up a great sense of fear in their flesh bodies, as well.

“IN THE COMING WORLD CHANGES, WE COME INTO STRANGE DAYS, WHEN GREAT NUMBERS OF PEOPLE MAY BE IN DISTRESS. THEY WILL NEED YOUR CALLS TO SET INTO ACTION THE TRANSMUTING POWERS OF THE VIOLET FIRE!

“Do not limit the powers of your I AM Presence, beloved ones. Become acquainted with that glorious Presence, because of its omnipotent power and its willingness to act to and through you, at all times. Personally, you could not possibly attempt to rehabilitate the entire human race—the three-and-one-half billion who are in embodiment, besides those billions awaiting physical embodiment, BUT YOUR ‘I AM’ PRESENCE CAN!

“Your Presence and mine are not limited in any way! Your Presence is ALL-KNOWING and IS CAPABLE OF DIRECTING INSTANTLY, FROM ITSELF, A BILLION RAYS OF TRANSCENDENT, BLAZING LIGHT INTO WHATEVER CONDITION, PLACE OR PERSON REQUIRES ASSISTANCE.

“We are at the beginning of a New Age in which, through the courtesy and kindness of life, I am the Chohan and I will assist you in the religious service which will be

manifested in the worship of the next two-thousand-year period. This is the activity of the VIOLET RAY, the activity of Ordered Service and Ritual, the activity where mankind, angels and elementals will again be drawn together in conscious cooperation, and will, hand in hand, walk together along the path of evolution, where they will serve together and build together, the Kingdom of Heaven on Earth. They will worship together in ceremonials such as you cannot yet conceive.

“One day, before my ascension, while in deep contemplation of the Presence and its Violet Fire of Mercy, Forgiveness and Transmutation, my inner sight was opened, and I had a glimpse of a farmer walking through a field, sowing seed. This man was heavy of heart and his head was bowed. Suddenly, I saw a light ray from my Presence go forth—within which was the Violet Fire. It blazed around that individual, instantly transmuting the CAUSE of his distress, for which cause I had been responsible at one time or another. Thus was paid the particular debt which I owed that lifestream. Then that lifestream raised his head, free of that burden, and actually ran laughing toward the farmhouse. That person never knew from whence his release came. I did not even know the name of that man, but I knew that his burden was lightened, and that at least some of my karmic debt had been paid. It will be interesting, if you care to develop it!

“I would like to thank you for giving yourselves so freely and so completely in the cause of freedom, for investing your energies in that freedom through the centuries—not only in this embodiment, but you have rallied around that banner of freedom in almost every era and every age that

you have lived. Now, as we enter the door of a New Day, I shall remember those of you who have stood by me, and you shall be a part of that spiritual court that lives forever.”

Saint Germain has retreats in Transylvania and in America (The Cave of Symbols). He also maintains foci in the etheric city over the Sahara Desert and at Mount Shasta. His twin ray is Portia, the Goddess of Justice. The electronic pattern of his lifestream is the Maltese Cross. Saint Germain’s keynote is contained in the Strauss waltzes.

MUSICAL INTERLUDE

While the attention rests on beloved Saint Germain, play the “Emperors Waltz.” (Strauss waltzes contain the keynote of beloved Saint Germain).

THE BELOVED ARCHANGEL ZADKIEL

Beloved Zadkiel is the Archangel in charge of the Violet Fire of INVOCATION and TRANSMUTATION. This knowledge enables YOU, and all who care to do so, to invoke this Sacred Fire into your being and world, so that the imperfect energy which is the CAUSE of distress both now and at some future time, may be TRANSMUTED in a painless way, through the love that is contained within the Violet Flame, instead of having to experience unnecessary pain and suffering.

DO NOT FEAR this Violet fire, for it only dissolves and

transmutes energy which has been wrongly qualified by thought, feeling, word, or action. When earnestly used, it produces a buoyancy and lightness, for your human accumulation is an actual WEIGHT and PRESSURE around you. At some time, this human creation must be dissolved and transmuted back into perfection.

THE DIVINE COMPLEMENT OF THE ARCHANGEL ZADKIEL IS KNOWN AS HOLY AMETHYST, AND WHEN YOU CALL TO THEM FOR THE VIOLET FIRE TO SURGE THROUGH EVERY PART OF YOUR BEING AND WORLD, THEIR ANGELS OF THE VIOLET FIRE GO FORTH INSTANTLY TO ANSWER THAT CALL.

Neither you nor any of mankind can experience the fullness of God-perfection in your worlds, either while here on Earth or after so-called death, until all your human creation (which means all the misuse of life in your thoughts, in your feelings, by your acts, and by your memory) has been completely removed. Fortunate, indeed, are YOU to know of this Violet Fire, which is the divine tool that can most quickly render this service. It will not act of itself, so your earnest and sincere call to the Ascended Master Saint Germain, the Archangel Zadkiel, beloved Amethyst, and the Angels of the Violet Fire is required. THE MORE YOU CAN BE CONSCIOUS OF THIS VIOLET FIRE SURGING THROUGH YOU, THE QUICKER WILL YOU BE FREE.

The beautiful etheric temple of Lord Zadkiel and holy Amethyst abides over the Island of Cuba. It was once a mighty focus on the landed surface, itself, and one day it shall again abide there, where mankind may go, and by bathing in the radiation of the Violet Fire, instantly be free.

ADDRESS BY ARCHANGEL ZADKIEL

“My service to life is in guarding the powers of invocation. I work on the Seventh Ray.

“Each 2000 years, a mighty Archangel and a Chohan worked to render the assistance to those souls who were ready to develop into this perfect state. You can see then, how far behind mankind of Earth are, as this cosmic wheel has turned so many times that there is no human count for its revolutions. My service was at the end of each cycle, when the Seventh Ray played upon the Earth, to teach the developed souls how to draw and qualify the Sacred Fire and become priests and priestesses of the Order of Zadkiel.

“Cycle after cycle passed, revolution after revolution of the wheel has taken place, and yet the ‘bloom’ which mankind should have shown, has not been accomplished. Again we come to the close of one of these cycles—the minor and the major—and the Seventh Ray again plays upon the Earth for approximately 2000 years. THE LAW HAS SAID THAT THIS IS THE FINAL CYCLE THAT MUST BRING LIFE FROM THE DORMANT SEED IN THE HEARTS OF MANKIND. It is to this end that we are all pouring forth the pressure of our light and flames, desiring to get from those of you who are stirring in your soul sleep, the assistance of your lifestreams, also.

“It is better to call forth the Violet Flame for shorter periods at a time in a RHYTHMIC ACTIVITY each day. Set aside some uninterrupted time each day—morning, noon and night—to invoke this flame, calling for it to blaze up, through and around you and expand out into your world.

“Let that Violet Fire blaze up, through and around your physical body, your etheric, mental and emotional bodies, especially through your brain structure and feeling world,

commanding it to transmute the hard and unforgiving feelings. These 'hard' feelings are the causes and cores of most of your distresses. Let them be replaced by grateful, joyous, receptive feelings, which open your world to the goodness of God and make you a mighty magnet to draw to you all the good that God wants you to have.”

MUSICAL INTERLUDE

While the attention of the group rests upon beloved Archangel Zadkiel, play the melody, “The Blue Danube,” which contains the keynote of the retreat of beloved Zadkiel.

ADDRESS BY HOLY AMETHYST

“Beloved Ones, LOVING LIFE FREE is the greatest service that there is in this universe, and that is my reason for being—to embody the MERCY of your Father-Mother God, that has not allowed anything evil to be permanent. Think of the mercy of that—no word, no thought, no feeling, and no action that you have ever sent forth that was less than God’s beauty and perfection, shall ever remain as a permanent record in your own worlds or that of this planet! Think of the mercy of life that allows me—and that allows you—to use the merciful flame of Violet Fire to change the quality of imprisoned life into a vibratory action that is harmonious and happy. Wherever you see an appearance of imperfection, instead of registering a distaste for it, oh, FEEL WITH ME THE JOY THAT IT IS to impersonally call already God-qualified energy into the person, place, condition or thing, and ask that intelligent Violet Fire to change the quality of energy into a harmonious, beautiful, and happy quality.

“I ask that the Ascended Master FEELING of BUOYANCY that is within this Violet Fire will remain with you, and that your Holy Christ Self may CHARGE it THROUGH YOU to dissolve all depression or anything less than the Ascended Master HARMONY and HAPPINESS.”

THE MIGHTY ELOHIM ARCTURUS

The mighty Arcturus is the ELOHIM of the Violet Fire of Mercy and Compassion, of invocation, rhythm and freedom, and he works on the Seventh Ray. This is the flame that actually does raise the vibratory action of the electrons which make up the substance and form of every created thing. He is one of the Elohim who helped to build the planet Earth. His divine complement is known as the beloved Diana.

ADDRESS BY ELOHIM ARCTURUS

“I am the Elohim of INVOCATION and RHYTHM, who brings to you and all life, through the use of the Violet Fire, infinite FREEDOM, when you desire it enough! I look constantly from interstellar space, through all the planets belonging to this system, for those hearts who desire FREEDOM—freedom from illness, limitation and distress. And where shall you find that freedom? FROM WITHIN YOUR OWN LIFE!

“In the beginning of your individualization, God created your divine, self-conscious intelligence, your own individualized “I AM,” a White Fire Being, from the Universal First Cause, with the capacity to draw forth from life every God-gift you might ever require, to be able to manifest perfection. Within the flame in your heart is anything and every-

thing that you require! I urge you to DEVELOP YOUR LIFE and the qualities which are within it. From that same primal life and light, we created the planet upon which you presently abide, as well as all the planets of this system.

“Call forth what you wish from the heart of that life which flows from the Universal, and call to me—Arcturus—if you wish to release into outer manifestation from within your own life whatever powers, qualities, gifts and activities are required to perfect your own world and that of your fellowman. Wherever there is a lifestream who sincerely desires FREEDOM, and in constant RHYTHM, invokes and commands it, there shall I be to give that one assistance, until that FREEDOM is physically manifest.

“In your individual application, if you will observe a RHYTHM, and give your individual calls AT THE SAME HOUR EACH DAY, you will draw a much more concentrated power.”

THE SEVEN STEPS TO PRECIPITATION

By The Beloved Elohim Arcturus

”First—The mighty Hercules’ WILL TO DO (DECISION) is the first step. Nothing can ever be accomplished here or anywhere else until the lifestream wills, within itself, to do, to act, to cooperate with some portion of the God-intelligence.

”Second—Then comes the quality of Cassiopea, with his power of PERCEPTION (ILLUMINATION), showing one the perfect thing to do, getting the clear picture of the pattern and design to be precipitated.

”Third—Now comes the LOVE of the mighty Orion, holding constantly to the original pattern and vision of perfection and feeding the feelings of divine love and light into it, until

the complete manifestation appears.

”Fourth—Then comes the PURITY of beloved Claire (Elohim of Purity), holding the perfect pattern steady and unchanged, holding to the purity of the original design, not allowing the mind to flit from one design to another.

”Fifth—Next comes the quality of Vista (CONCENTRATION and CONSECRATION), the power (endurance) to STAY with that one pattern and one idea , until it is lowered into form.

”Sixth—As our beloved brother, the Elohim of Peace, serves upon the Sixth Ray, ordinarily his activities would come next. However, in the activities of precipitation, although I, Arcturus, work upon the Seventh Ray, my quality of INVOCATION IN RHYTHM comes next and takes sixth place.

”Seventh—Here is the sealing of the entire manifestation, the feeling of GOD-PEACE, from the Elohim of Peace, himself. Insofar as the power of precipitation is concerned, the activities of our two rays are inverted.

“My specific contribution to the building of form is the activity of INVOCATION IN RHYTHM, of the constant feeding of the desired form to be outpictured with life energy, until it is not only a manifest thing, but symmetrically perfect, as well. The constancy of RHYTHM gives symmetry to the form to be manifest. RHYTHM AND CONSTANCY OF APPLICATION ARE ABSOLUTELY ESSENTIAL TO BRING ABOUT THE MANIFESTATION OF YOUR DESIRED DESIGN.

“If you will observe nature, you will easily recognize the absolute RHYTHM by which all creation takes place—the rising and setting of the sun, the incoming and outgoing of the tides, the recurrent seasons, all in an absolute and perfect

RHYTHM.

“Mankind pays fairly regular attention to the RHYTHM of doing that which affects the physical comfort, but in the most important of all—his spiritual activities—RHYTHM is thoroughly forgotten. The science of constancy of prayer and application is seldom seen, but before a visible flame can be drawn forth from the inner realms, it requires a sanctified, consciously dedicated and consecrated group of lifestreams who, rhythmically, will draw forth by decree and invocation, that mighty concentrate from whence the flame will burst forth into visibility.

“If you were to observe a certain RHYTHM in your individual application at the same hour every day, you would draw a much greater concentrate of power and quicker accomplishment than when you make your application fit into the free hours which each day may choose to give. When you observe that same RHYTHM in your working hours, your time for sleep, your time for relaxation—holding to that symmetry which nature has given you: eight hours for service, eight hours for sleep, eight hours for relaxation—you will have greater harmony in your feelings, better health in your bodies, and you will be able to draw forth greater perfection.

“Nothing but your own ‘giving up,’ abandoning your project before it is completed, can prevent your eventual precipitation. Once the RHYTHM has been established, STAY WITH YOUR PATTERN until the energy required flows into it—in RHYTHMIC RELEASE!

“If we had ceased our activities even ONE HOUR before the Earth was completed, all of our work of such a long time would have been in vain. If we had discontinued our

RHYTHM, the planet would have begun to disintegrate and return to the unformed. We continued RHYTHM after RHYTHM, until it was COMPLETED and the Earth began to revolve on her axis and we heard the words, 'It is finished!'"

"Let us again consider those 'SEVEN STEPS':

- FIRST: There must be your WILL (DECISION) to accomplish a certain item
- SECOND: There must come your detailed PERCEPTION of what you wish to precipitate.
- THIRD: You must pour LOVE into your ideas.
- FOURTH: You must have PURITY of consciousness to hold your pattern untouched by any imperfection or the changing its design.
- FIFTH: There must be CONCENTRATION upon your original design.
- SIXTH: (Seventh Ray). There must be RHYTHM of application in decree and silent mental thought-force.
- SEVENTH: Your feeling of GOD-PEACE must surround your completed form to hold its perfection protected and sustained. Call to the Elohim of Peace to so seal your manifestation in his Flame of Cosmic Christ PEACE, that disintegration never touches it until such time as it has completed the service for which it was created."

It is in following through with the mathematical science of precipitation, that you gain mastery and results.

GROUP DECREEING

Beloved Presence of God I AM in me, beloved Ascended Master Saint Germain and all who serve in the activities of the Seventh Ray to our Earth—

BLAZE! (3) up, through and around me your mighty VIOLET TRANSMUTING FLAME, the purifying power of divine love, in its most powerful, dynamic activity. TRANSMUTE cause, effect, record and memory of all human concepts, desires and feelings in my being and world, and every mistake for which I am responsible. Replace it with the Ascended Masters' substance of divine love, purity and perfection, and hold your dominion within me and my world, forever sustained!

BLAZE! (3) the Violet Flame through my brain structure and mental body, through my emotional body and through every organ, cell and function of my physical body. Hold it there until every appearance of imperfection is dissolved and the victory of my divine plan is assured.

VISUALIZATION

- a) While playing the music of a Strauss Waltz, rest your attention on the Ceremonial Angels and Angels of Protection that have assisted you in this class and on Archangel Zadkiel, Elohim Arcturus and Ascended Master Saint Germain.
- b) Send your love and gratitude for their service.
- c) Feel yourself surrounded by a pillar of the Transmuting Violet Flame.
- d) Expand that flame to cover your city, state, nation and the entire globe.

BENEDICTION (By Group Leader)

Sealed in a mighty pillar of the Violet Flame of Freedom's Love from the hearts of beloved Archangel Zadkiel, Elohim Arcturus and Ascended Master Saint Germain, we thank the Ascended Host of Light for the continuous outpouring of love, wisdom and power.

We thank beloved Archangels Michael and Uriel and the Angels of Protection, Ministration and Ceremonial who have assisted us in this class. Take up our humble efforts and amplify them with your mighty love. Take them North, South, East and West and cover the Earth with the outpouring of the Transmuting Violet Flame.

Help us to achieve and maintain perfect harmony, health and supply. Let the divine plan be made manifest through every lifestream belonging to this planet.

May the benediction and blessings of the most High Living God and the peace which surpasses all understanding, be with you each one. May the God of Mercy protect and guide you on your spiritual path toward enlightenment and freedom.

21 ESSENTIAL LESSONS

Volume 1

Lesson 1	Introduction To The Teaching
Lesson 2	Messengers Of The Great White Brotherhood
Lesson 3	Creation
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Volume 2

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AMTF PUBLICATIONS

Archangel Uriel, referring to the teachings of the Bridge to Freedom, said on May 16, 1954, "Genesis and all of the succeeding Biblical Law is being written again. It is a Bible made up of the energies of the Archangels and the Ascended Masters, that will stand for the rest of the civilizations being brought forth on this planet Earth."

ASCENDED MASTERS AND THEIR RETREATS, 448 pp. Compiled from the teachings of the "Bridge to Freedom" by W. Schroeder. Presented in the first part are biographies of 107 Ascended Masters. Details include the tests, trials and initiations they had to undergo during their last embodiment to gain the ascension. The knowledge gained from the personal experiences of these Masters will help the students in successfully passing similar tests and initiations and in gaining their freedom as well. The second part of the books contains many details of 31 Ascended Master Retreats, including those that were active during the historic Transmission Flame Services which greatly helped our planet during critical times.

THE LAW OF PRECIPITATION, 256 pp. Compiled by W. Schroeder. How to successfully meet your daily needs. Using a step-by-step method, this book describes, in detail, the necessary building blocks in manifesting your wishes. In addition to describing the theory of precipitation, dozens of examples are given, showing how individuals have used this information to their own advantage. Included are 30 episodes, illustrating how William J. Cassiere, a messenger appointed by Saint Germain, used the laws of precipitation in healing others.

MAN, HIS ORIGIN, HISTORY AND DESTINY by W. Schroeder, 368 pp. Using a variety of sources, this title presents mankind's unrecorded history. Much of this material

has not been researched before, and it has not been available to the general public. Written in chronological order, the reader learns of the conditions prevailing during the advent of man on Earth, including his origin, his age, the place where mankind first embodied and the coming of the laggards from other planets, causing the “Fall of Man” on Earth. Fascinating highlights of the Lemurian and Atlantean civilizations are given. Also depicted are accounts of the unchronicled history of Jesus and the oracles of Delphi. Archangel Michael’s report of July 17, 1959 on the division of all of mankind. The new criteria is given that will be used in dividing mankind into two separate groups, one of which will find embodiment on a newly-created planet. The significance of this new process for the students of this teaching.

UNVEILED MYSTERIES, by Godfre Ray King, 288 pp.

This book contains Mr. Ballard's first experiences, following his meeting with the Ascended Master Saint Germain on Mount Shasta. We are happy to present to the students a full, unabridged copy of this priceless book, which heralded in the New Age. The new edition contains biographies of the Ascended Masters Saint Germain, Guy Ballard, and David Lloyd. A Chinese translation is also available.

THE SEVEN MIGHTY ELOHIM SPEAK ON THE SEVEN STEPS TO PRECIPITATION by Thomas Printz, 304 pp.

This book contains the unique and historic account of the principles employed in the creation of our planet, by the Builders of the Universe, known as the Seven Elohim. The Elohim explain how these principles may be applied by today’s students in their daily affairs. Explanation of chakric centers and how to purify them. Why group activities form a magnetic field of energy that can be used by the Ascended Host.

THE INITIATIONS OF THE FIRST RAY, 304 pp.

Description of the initiations necessary to gain the ascension, with emphasis on mastering the initiation of the God-virtues of the First Ray. The history of the “Bridge to Freedom” Organization from the very beginning all the way to its dissolution, including how the dispensation for the “Bridge to Freedom” was obtained, and the purpose of this endeavor.

The history of the AMTF, including how the teaching of the “Bridge to Freedom” was saved from falling into oblivion. We added the article “The Teaching of the ‘Bridge to Freedom’ and Other Groups.” Here we are emphasizing that none of the persons, considered today as channels, supported the effort of saving the teaching, or republishing and distributing it.

El Morya’s trip to the birthplace of Jesus, as one of the Three Wisemen. In the chapter, “The Spiritual Caravan,” El Morya extends an invitation to students to join him in a global effort, bringing in the New Golden Age. Why the “Bridge to Freedom” was established and the tasks of the Bridge Builders of today.

THE INITIATIONS OF THE SEVENTH RAY, 304 pp. Description of the initiations necessary to gain the ascension, with emphasis on mastering the initiation of the God-virtues of the Seventh Ray. The Law of Karma including the Karma of Omission. The Law of Forgiveness.

How to establish and conduct Ascended Master Teaching Groups. Featured are primal requirements for an efficacious service, and the responsibilities of each group member, including its leader. The book is an indispensable aid for those involved in group activities.

Beneficial Radiations (weekly cycle, 2000 year cycle, radiation of the Elohim and other Ascended Beings, the retreats of the Ascended Masters, and the 12 temples around the

Sun, also called “the Zodiac”). How to take advantage of these radiations.

MEMORIES OF BELOVED JESUS AND MOTHER MARY, 416 pp. These dictations by Jesus and Mother Mary, presented in chronological order, give the reader a complete account of their last embodiment. Many of the events are not given in the Bible, such as early life experiences of Jesus and Mary, Jesus trip to India and details of his ascension. Jesus explains the true purpose of his mission. The reader learns of Mary's journey to Europe, including her travels to Fatima, Lourdes and Glastonbury. Mother Mary explains the Law of Healing and the establishment of healing centers.

THE ANGELIC KINGDOM, 448 pp. This new title contains ALL of the dictations by Ascended Beings on the subject of angels, including text from the booklet “Archangel Michael and his Helpers.” These dictations allow the reader to get a comprehensive view of the activities of our unselfish, loving, helpers from the Angelic Kingdom. Each of the Archangels radiates one of the virtues of the Godhead, such as protection, illumination, and peace. This book contains personal addresses to the students from members of the Angelic Kingdom, showing them how to use these virtues for achieving their own freedom.

MANIFESTING VICTORIOUS ACCOMPLISHMENT, 304 pp. (formerly “I AM Discourses,” by the Cosmic Being Mighty Victory).

It was Mighty Victory who was able to set the Occult Law aside. This tall Master from Venus embodies the God-Virtue of Victorious Accomplishment. He has offered to assist students to manifest this God-Quality in their daily affairs.

We added dictations by the Cosmic Being Mighty Victory, given through Geraldine Innocente. These dictations com-

plement the discourses previously given through Mr. Ballard, demonstrating that all of these published dictations came from the Great White Brotherhood, as presented through their accredited messengers.

21 ESSENTIAL LESSONS by W. Schroeder, in 2 Volumes. These graded instructions contain a summary of the teaching and all information necessary, if applied, to make the ascension in this embodiment. They are written in an easy-to-understand manner. A must for both group leaders and dedicated students, who study alone.

Volume 1, 336 pp. It contains the basic concepts of the teaching, such as the I AM Presence, the Violet Flame, the Protective Pillar of Light, the Law of Karma and why and how we should decree. It also describes the functions of the elemental and angelic kingdoms.

Descriptions of the God-virtues of the Seven Rays and how to attune to Ascended Masters, Elohim and Archangels.

Volume 2 (320 pp.) is intended for those students who wish to become chelas of the Ascended Masters. It describes the functions of the Hierarchy (Governing Board) of the Earth, how their messengers to mankind are selected and group activity. It is also explained how a chela may achieve the ascension, by successfully completing the various initiations and by performing the required service to God and to mankind.

ELECTRONS, THE BUILDING BLOCKS OF THE UNIVERSE, AND THE ELEMENTAL KINGDOM, 320 pp. 101 dictations explaining the origin and function of electrons as well as their relationship to individual life. Explains energy and vibration. Dictations by the Directors of the Kingdom of Nature (earth, air, water, fire). The chapter on elementals explains the different types of elementals and their function

in the kingdom of nature. These details lead to a better understanding of elementals such as sylphs, undines, gnomes and salamanders. Causes of catastrophes and how to mitigate them.

SONGS AND DECREES, 80 pp. For personal application and group work.

DAILY MEDITATIONS, 48 pp. These meditations make use of the prevailing radiation of each day of the week. This knowledge and application accelerates the spiritual progress of the student and blesses the location as well.

TEACHINGS FOR THE NEW GOLDEN AGE, 256 pp. Compiled by W. Schroeder. Presented in this publication is a series of addresses by the Ascended Master Kuthumi, present World Teacher. Students will welcome the opportunity of becoming acquainted with messages that are vital in bringing in a new Golden Age. The study and application of this material will enable students to become teachers, themselves, thus assisting the Ascended Host in implementing their plans.

MOTHER MARY'S ASSISTANCE TODAY, W. Schroeder, 256 pp. Mother Mary describes, in great detail, the cycle of life, death and re-embodiment, including the experiences after so-called death. This information has never been published, by anyone. Experiences after death include: meeting family members, judgment before the Karmic Board, assignment by the Karmic Board to Temples of Learning (in preparation for re-embodiment), Mother Mary's assistance and her service at the Temple of the Sacred Heart, the selection process for embodiment, creation of the pattern for a future physical body, preparation and schooling for new embodiment and how parents are selected. Learn about the "Fountain of Youth," how individuals can have a longer life-

span and steps everyone can take to have perfectly-born and healthy children. Explains how to maintain perfect health.

BRIDGE TO FREEDOM JOURNAL. These original dictations of the Ascended Masters were published in the monthly magazine of the “Bridge to Freedom” Activity. **These messages are the very core of the teaching** and cannot be found in any other book. They are a practical guide, leading to spiritual development and a better understanding of the activities of the Ascended Ones.

Book 1: 4/1952–3/54; Book 2: 4/1954–3/1956; Book 3: 4/1956–11/1957; Book 4: 12/57–7/59; Book 5: 8/59–6/1961. All in soft cover. Books vary from 368 to 500 pp.

DICTATIONS, 99 Dictations by the Ascended Host. 448 pp. The dictations give actual reports of the meetings of the Karmic Board, how to develop discrimination, Kuthumi’s Mystic Mantle and the Masters’ efforts in the 19th century through Helen Blavatsky.

BRIDGE TO FREEDOM BULLETINS, Original dictations of the Masters of Wisdom, published on a weekly basis, approx. 560 pp. each.

Book 1: 4/1952 - 3/1957; Book 2: 4/1957 - 6/1961.

For a free booklist of all AMTF-Publications, incl. lectures on CD’s and prices, please write to AMTF, P.O. Box 466, Mount Shasta, CA 96067, or search the Internet at:

www.ascendedmaster.org

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